

Volunteering

If you enjoy driving and meeting people you are the ideal person to be a volunteer driver for the Bassetlaw community car scheme. Any amount of time that you are able to give to the scheme is welcome. We pay 45p per mile for every mile that you drive on behalf of the scheme. If you are interested in driving for us please contact the Bassetlaw Action Centre for more information. Other volunteering opportunities exist including; volunteer minibus drivers, befriending and staying well tutors. We are also looking for people who can give one hour per week for twelve weeks at a time to become befrienders for people identified by their GP as suffering from extreme loneliness.

Room Hire

Whether you're a business, charity, training organisation or voluntary group our meeting room or training room can fulfil all your requirements. Contact us for price and availability.

Training

The WEA offer a range of I.T. (Computers) and Basic Skills (Improve your English and Maths) training courses at the Bassetlaw Action Centre.

If you or your family would like more information about the projects please contact us. Opening times : 9am to 3pm Monday to Friday.



*'Making a difference
throughout Bassetlaw'*

Bassetlaw Action Centre
Canal Street
Retford
DN22 6EZ
Tel: 01777 709650
Fax: 01777 819040



The Bassetlaw Action Centre offers a range of services to help people remain healthy and independent.

Bassetlaw Community Car Scheme

If you are unable to make your journey by public transport or none is available within the Bassetlaw area, perhaps the Bassetlaw Community Car Scheme Volunteer Drivers could help. Membership fees and a mileage charge apply for this service.

Community Minibus

The Community Minibus is a new wheelchair friendly minibus which is available to local community groups and individuals within the district who need flexible, affordable and accessible solutions to their transport needs. Individuals can book onto our day trips; contact us for further details.

Housing Choice

The service is aimed at older people who recognise that they are starting to find things difficult in their own home and want to consider their options to meet their changing needs. These might include moving to more suitable accommodation or making changes or adaptations to their existing property.

Share a Ride

The scheme enables individuals to car-share to and from work. This reduces traffic emissions and congestion, boosts the local economy, cuts the cost of driving by sharing expenses, reduces the stress of driving alone and breaks down barriers into employment.

Energy Advice

Our energy advisor is able to give advice on keeping warm and well. This can include energy tariff switches; identifying funding for energy saving measures; referring for winter warm checks to make sure your home can stay warm and help and advice with fuel debt including a benefit check.

Self Help Link

The Bassetlaw Self Help Link's aim is to offer support to existing Self-Help groups and contacts, people who are hoping to start a new Self Help group, individuals acting as a Self Help contact, people wishing to share their experiences and people who would like some help and support. A full list of Self Help groups and Self Help Wall Chart is available on our website www.bassetlawactioncentre.org.uk

Staying Well

The Staying Well Expert Patients Programme (EPP) is a 'chronic disease self-management course' to help people living with long term conditions maintain their health and improve their quality of life. The courses are led by 2 people who also have long term health conditions. The six week courses are available throughout Bassetlaw.

Stroke Information Service

The service provides advice, information and support to stroke survivors, their families and carers. Support is available including filling in forms applying for benefits, assistance with looking at housing needs, assistance with adaptations that are required, support to return back into employment, signposting to other relevant services/agencies, link with other stroke survivors or we can just be a listening ear!

Home Support

Offers a range of services including shopping, prescription collection, laundry, cleaning, a sitting service, light meal preparation and escorted shopping and visits. This is a chargeable service please ring for further details.

Community Car Scheme Plus

If you have limited mobility or are a wheelchair user and have difficulty using public transport, then Car Scheme Plus could be the answer. Charges do apply.