

If you, your family or your carer would like more information about Bassetlaw Stroke Information Service or you would like a visit from the case worker; please contact us.

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Bassetlaw Action Centre



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Bassetlaw



Centre



Bassetlaw Stroke Information Service



Bassetlaw Action Centre is supported by or affiliated to:



Bassetlaw
DISTRICT COUNCIL
— North Nottinghamshire —



Nottinghamshire
County Council



Bassetlaw
Clinical Commissioning Group

The Bassetlaw Stroke Information Service is a service for Bassetlaw, funded by NHS Bassetlaw and delivered to you by Bassetlaw Action Centre.

Who can use the service?

The service provides advice, information and support to stroke survivors, their families and carers for as long as it is needed.

Stroke service information

A case worker is available to assist you to access services that you may require to support your return to day-to-day life.

Advice and support is available for practical things like:

- Filling in forms
- Applying for benefits
- Assistance with looking at housing needs
- Assistance with adaptations that are required
- Arrange other practical assistance
- Support to return back into employment
- Signposting to other relevant services/agencies
- Put people in contact with other Stroke survivors or just be a listening ear!

Support and advice

We can help you to link with existing Support Groups or help you to set up a new Self Help Group through Bassetlaw Self Help which is also based at Bassetlaw Action Centre.

Participating in a self-help group can provide a platform during the rehabilitation journey, and gives you access to someone to talk to about your experiences.

Staying Well Programme

The Staying Well Programme can also be accessed through Bassetlaw Stroke Information Service.

Staying Well is a free six week self management course for people living with a long term health condition, including stroke survivors.

Central point of contact

Bassetlaw Stroke Information Service is designed to be a central point of contact for Stroke survivors their families and carers .

