Seniors Directory





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The information in this directory was correct at the time of production – April 2014.

This document is printed annually and the updated version is available on the following websites:

www.bassetlawactioncentre.org.uk

www.bassetlawactioncentre.org.uk

www.bcvs.org.uk

Seniors

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www.bassetlaw.gov.uk
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INTRODUCTION

WHY WE HAVE PRODUCED A DIRECTORY OF OLDER PEOPLES SERVICES

In September 2009, Bassetlaw District Council completed a Scrutiny Review of Services provided for Older People by the Council, other public organisations and the voluntary sector in Bassetlaw. The review identified that access to information about how and where services were provided was very important. Bassetlaw is fortunate that it has many active groups to support and improve lifestyle.

As a result the Scrutiny Panel recommended producing a Directory to inform Older People about the services available.

UPDATING THE DIRECTORY

We want to keep the information in the Directory as up to date as possible. It will be amended every six months. An on-line version is available at www.bassetlaw.gov.uk

We have tried to include as much information as possible but there may be gaps. You may know about a service/group that should be included in the Directory or a service/group that no longer exists. If you want to make amendments to the information please contact:

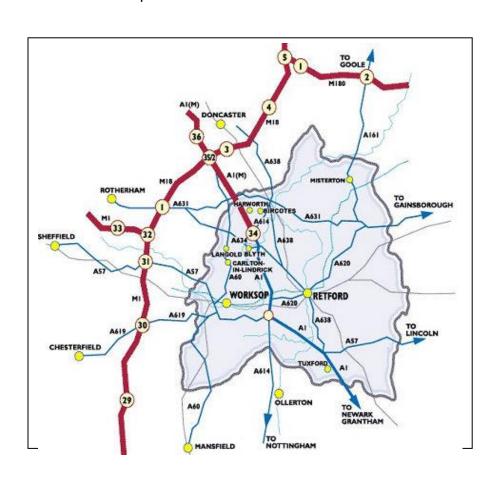
Bassetlaw Action Centre Telephone 01777 709650 Full contact details on page 59

Member Champion

The Council recognises its responsibilities to Older People in the community and has an elected Councillor who is an Older Persons Champion.

The current Champion is Councillor Sylvia May.





DISTRICT-WIDE

AGE UK - NOTTINGHAMSHIRE

Bradbury House, 12 Shakespeare Street,

Nottingham, NG1 4FQ Telephone: 0115 8440011

Website: www.ageuk.org.uk/notts

Advice and information, Welfare rights support for local groups. Day Centres, Elderly, Severe

Mentally ill Day Centres, Luncheon Clubs and Age Well Groups

Support and training volunteers working within the groups, Main contact for local Age Concern

Groups.

AGE CONCERN - HARWORTH AND BIRCOTES

Contact: Hilary Jones (Organiser)

Telephone: 07790 230673

Luncheon club, coffee shop, information and signposting.

ALZHEIMER'S SOCIETY - BASSETLAW

Costhorpe Centre Northumberland Avenue, Costhorpe, Worksop, Nottinghamshire, S81 9JP Telephone: 01909 730886 www.alzheimers.org.uk Email: dsw.bassetlaw@alzheimers.org.uk The society aims to increase awareness of dementia in all communities. We also provide help, support and information to people living with dementia and their carers, relatives and friends.

BASSETLAW - ASTRONOMICAL SOCIETY

Gateford Park Primary School, Amherst Rise, Worksop, S81 7RG

Telephone: 01909 480939

Website: bassetlawastro.btck.co.uk/
Email: info@bassetlawastro.org.uk
Fortnightly Wednesday 8.00pm – 10 pm,

Membership: £12.00 pa, £6.00 pa for the usual concessions.

INDEPENDENT AGE UK

We provide an information and advice service for older people, their families and carers, focusing on social care, welfare benefits and befriending services. This is integrated with local support, including one-to-one and group befriending schemes.

Telephone: 0800 319 6789

Website: www.independentage.org/

Bassetlaw - Dukeries Decorative and Fine Arts Society

Contact: The Secretary Telephone: 01909 591649

The promotion of the appreciation, enjoyment and care of the arts both for its own members and members of the public. Periodic visits to locations associated with historic artefacts and buildings.

BASSETLAW LEARNING DISABILITY ASSOCIATION

Stephen House, 40 Chapelgate,

Retford, DN22 6PJ

Telephone: 01909 473923

Email: janharding@bmrfe.fsnet.co.uk

To provide a meeting place and transport for Stephen House Club and to offer assistance if possible to members, family and carers of people with learning disabilities.

BASSETLAW - MIND - ASSOCIATION FOR MENTAL HEALTH LIMITED

The MIND Building, 6 Hardy Street, Worksop

S80 1EH

Telephone: 01909 476075

Email: hello@bassetlawmind.org.uk

Support and friendship to people experiencing mental health problems, free confidential services include befriending: support group, one to one counselling, and information/advice on mental health

issues.

CARER SUPPORT GROUP

Mental Health Department, Bassetlaw Hospital, Worksop

Contact: Lauren Medlam Telephone: 01909 502025

Aims to bring together carers and families for discussion and to support each other over matters

concerning mainly short-term care.

EASTERN BASSETLAW RETIREMENT GROUP

Grove Street Methodist Church, Retford, DN22 6LB

Monday 10am – 3pm Telephone: 01777 703743

Email: retfordmc@btinternet.com

Activities include: Keep fit, indoor bowls and art

LOST CHORD

Lost Chord was founded by our Chief Executive Helena Muller in 1999. From its earliest beginnings with 11 residential homes in Rotherham, Lost Chord has expanded into many parts of South Yorkshire, North Nottinghamshire and Derbyshire, with satellite schemes in London Cardiff, Coventry Bury St Edmunds and Ipswich.

Lost Chord produces more than 1300 interactive musical sessions a year in more than 120 settings, designed to stimulate responses from dementia sufferers through the media of music, song and dance.

Contact: Helena Muller is the Founder and Chief Executive of Lost Chord

Telephone: 0779 0649 305

Email her on: helena@lost-chord.org.uk Lost Chord office on 01709 811160.

NOTTINGHAMSHIRE COMMUNITY CINEMA

Contact North Notts Community Arena.

Telephone: 01909 480164 Email: reception@nnca.org.uk

Nottinghamshire Community Cinema uses portable cinema equipment to show films in areas where a cinema might not otherwise be available.

The scheme offers the opportunity for local venues to turn themselves into temporary cinemas so that communities across the county can enjoy films old and new at a friendly nearby venue.

NOTTINGHAMSHIRE LIBRARIES

Contact your local library or the Nottinghamshire Library Service

Telephone: 0115 977 4401

Contact: Local Library Studies Section Telephone: 01777 708724 / 01909 535353 Email: contactlibraries@nottscc.gov.uk

Website: www.nottinghamshire.gov.uk/libraries

Retirement can mean more time to do the things that you've always wanted to do, like tracing your family history. The Library Service offers you the opportunity to find out how to get started and can point you in the direction of useful resources available through libraries.

Some libraries offer free training sessions, including how to use the internet to track down your ancestors and useful websites. Some family history training sessions are run by knowledgeable volunteers from the local community so, if you have an interest in genealogy and would like to share your knowledge with other people, please contact your local library.

PENSIONERS ASSOCIATION WORKSOP & DISTRICT

Second Wednesday in the month 2 - 4pm at The Crossing, Worksop

Contact: The Chairman

21 Carlton Avenue, Worksop, Notts, S81 7JY

Telephone: 01909 481687

ROYAL AIR FORCE ASSOCIATION CLUB

London Road Car Park, off London Road,

Newark, NG24 1TN

Telephone: 01623 707505

The Club provides facilities and support to serving and former RAF personnel and their families.

STROKE CLUB - WORKSOP & DISTRICT

Contact: The Secretary Telephone: 01909 476620

Counselling information and support to sufferers and carers. Help promote self-esteem and a sense of purpose and pleasure in life and encouraging motivation and independence. Have fellowship and fun together.

STROKE CLUB - RETFORD & DISTRICT

Contact: Pat Newell

Telephone: 01777 703256

To help restore the confidence of stroke victims by means of social intercourse, entertainment, outgoings to places of interest. Also quiz games, side shows, talks and musical entertainment. We

meet 2nd Thursday of each month 7.00pm – 9.00pm at Goodwin Hall, Retford.

UNIVERSITY OF THE THIRD AGE- WORKSOP & DISTRICT U3A

The General Meeting will be held in St. Anne's Church Hall, Water Meadows, (off Newcastle Avenue), Worksop, from 2pm - 4pm. (Car parking is available on site and there is a convenient bus service from and to the bus station, stopping on Newcastle Avenue, adjacent to the hall.)

Mary Mitchell (Membership Secretary)

Telephone: 01777 816258 Email: tomkinsmitchell@aol.com

Web Site: www.u3asites.org.uk/worksop

RETFORD - UNIVERSITY OF THE THIRD AGE (U3A)

General meetings are held on the 4th Thursday of every month at The Well, Hospital Road, Retford, from 1.30 pm - 3.30 pm. U3A is a learning co-operative which enables members to learn from each other by sharing their knowledge, skills and experience. There is no specific age limitation, but membership is restricted to those who are no longer in full-time employment. Annual membership is £20 which covers monthly general meetings and a wide variety of interest groups, such as Architecture, Gardening, Walking, Bridge, Luncheon Club and French. Social events and theatre are also arranged.

Membership Secretary - Janet Shipley 01777 702580 Email: retfordu3amembership@yahoo.co.uk

AREA SPECIFIC

ASKHAM

ASKHAM PARISH ROOM

Top St, Askham, Newark, Nottinghamshire,

NG22 ORP

Contact: Mr John Kelly Telephone: 01777 838637

BARNBY MOOR

BARNBY MOOR - VILLAGE HALL

Kennel Drive, Barnby Moor, Retford,

DN22 8QU

Contact: Mrs Ann Fraser Telephone: 01777 705906 Barnby Moor – Line Dancers

Wednesdays at 1.30pm. £3.00 per session

including refreshments.

Qualified trainer who will cater for beginners. Very friendly, happy group of 10-14 most times who are keen to welcome new participants.

BECKINGHAM - CUM - SAUNDBY

Venue: RECREATION ROOM The Green, Beckingham		
Activity	Day/Time	Contact
Venue		Mrs Gibson 01427 848707
Coffee Morning	Monday 10 – 11:30am	Mrs Clifton 01427 848294
Beckingham &Saundby Gardeners Association	3 rd Monday of month 7pm	

Venue: RECREATION ROOM The Green, Beckingham		
Activity Day/Time Contact		
Whist Drive	1 st & 2 nd Sat of month 7.15 pm	
Friendship Group	Alternate Fridays 2 - 4pm	Chair: Mrs Long 01427 848062

BECKINGHAM & SAUNDBY VILLAGE HALL

Southfield Lane, Beckingham

Contact: Joan Clifton Telephone: 01427 848294

Prize Bingo

Alternate Thursdays 2 - 4 pm

BECKINGHAM BOWLS CLUB - PENSIONERS LEAGUE

Bowling Green, Beckingham

The season runs from April - September

Contact: Roger Platts

Telephone: 01427 848559

THE INSTITUTE

High Street, Beckingham

Contact: Rex Madin

Telephone: 01427 848483

Billiards, darts, dominoes, snooker and pool. Open Monday – Saturday 10am -10pm

BLYTH

Venue: BARNBY MEMORIAL HALL High Street, Blyth, S81 8EW		
Activity	Day/Time Contact	
For the Venue		07733 046266

Venue: BARNBY MEMORIAL HALL High Street, Blyth, S81 8EW		
Activity	Day/Time	Contact
Mothers Union	Second Tuesday of each month 2:30pm	Anne Henry 01909 591324
Women's Institute	First Thursday in each month	01909 591322

BLYTH - HODSOCK SNOWDROPS

Hodsock Priory, Blyth, S80 0TY Telephone: 01909 591204

Fax: 01909 591578

Email: <u>info@snowdrops.co.uk</u> or ukgb@hodsockpriory.com

Website: www.hodsockpriory.com

Or www.snowdrops.co.uk

Five-acre winter garden and woodland walks are now closed until next February 2015

BOTHAMSALL

BOTHAMSALL VILLAGE HALL

6 Main Street, Bothamsall, DN22 8DT

CARLTON - IN - LINDRICK

Venue: CARLTON-IN-LINDRICK CIVIC

CENTRE

Carlton-In-Lindrick Civic Centre, off Long Lane, Worksop, S81 9AR

Phone: 01909 541127

Email: enquiries@civiccentre.org.uk
Website: http://www.civiccentre.org.uk

Venue: CARLTON-IN-LINDRICK CIVIC

CENTRE

Carlton-In-Lindrick Civic Centre, off Long

Lane, Worksop, S81 9AR

Phone: 01909 541127

Email: enquiries@civiccentre.org.uk
Website: http://www.civiccentre.org.uk

Venue: CLEVELAND CLOSE COMMUNITY

CENTRE

Cleveland Close, Rotherham Baulk, Carlton In Lindrick, Worksop, Notts, S81 9BG

Activity	Day/Time	Contact
Keep Fit	2 nd & 4 th Mon 9.45 – 11.45am	Mrs Fern 01909 569639
Seated Exercise for the Carlton Living Healthy Group	Wed 9.45 – 11.45am	Dave Bacon 01777 709650
Movement to Music (over 60's)	Wed 2.30 – 4pm	Mrs Boughton 01909 731564

GATEWAY COMMUNITY CENTRE

24-28 Sycamore Road, Carlton-in-Lindrick,

Worksop, S81 9JQ

Telephone: 01909 730766

LIVE AT HOME SCHEME

Ann Daniels Centre, 64 Dadley Road, Carlton-

in-Lindrick, Worksop S81 9LU

Please contact the Manager for information

about membership.

Telephone: 01909 732488

Email: worksop.liveathome@btinternet.com

Activity	Day/Time	
Luncheon Club & Games	Monday 12 - 3pm	

Luncheon Club	Tuesday 12.00 - 1.30pm
Coffee Morning/Bingo	Thursday 10.30 - 12.30pm

CLARBOROUGH

Venue: CLARBOROUGH VILLAGE HALL Main Street, Clarborough, DN22 9LN Bookings 07530 532 185

Activity	Day/Time	Contact
Bingo	Friday 7.15 – 9pm	
Carpet Bowls	Monday 2 – 4pm	Mrs C Herdman 01777 700918
Gardening Club	1 st Saturday in month 2 – 4pm	Mrs D King 01777 707811
IT Group Meets in 5 week blocks during school term-time in the Halford Room	Tuesday 1.30 – 3.00pm, 3:15 – 4:45pm Wednesday 10.00 – 11.30am	Greg Herdman 01777 700918

Email: gherdman@toucansurf.com
Website: www.cwitgroup.btck.co.uk

Keep Fit All Ages	Wednesday 7– 9pm	Sally 01777 869212
Ladies Keep Fit for The Over 50's	Tuesday 10.30- 11.30am Term time only	Rosetta Gleadon 01777

Venue: CLARBOROUGH VILLAGE HALL Main Street, Clarborough, DN22 9LN Bookings 07530 532 185		
Activity	Contact	
		701648
Table Tennis	Tuesday 7- 9pm	
Women's Institute	2 nd Monday in the Month 7 – 9pm	

CLAYWORTH

CLAYWORTH AND WISETON MEMORIAL HALL

Town Street, Clayworth, Retford, DN229AD

COSTHORPE

COSTHORPE CENTRE, Northumberland Avenue, Costhorpe, Worksop, S81 9JP		
Activity	Day/Time	Contact
Memories	3 rd Thursday of	Bassetlaw
Social	the month 12.30	Alzheimer's
Club	- 3.30pm	Society
		01909 730886
Advocacy	Alternate	Bassetlaw
	Wednesdays 2 -	Alzheimer's
	4pm	Society
		01909 730886
Step	Information	Bassetlaw
Inside	Sessions for	Alzheimer's
Training	Family Carers	Society
	Thursday 10 -	01909 730886
	11.30am For 6	
	Weeks	

DUNHAM - ON - TRENT

Venue: DUNHAM MILLENNIUM VILLAGE

HALL

Low Street, Dunham on Trent, Newark,

NG22 0QQ

Activity	Day/Time	Contact
For the Venue		Mr Matthews 01777 228408
Indoor Bowls	Monday 2 – 4pm	
Friendship Group	Wed 2 – 4pm	Mrs Matthews. 5 St Oswald's Park, Dunham- on-Trent, Newark 01777 228408
Art Class	Thursday 10-12 pm	
Bingo	Thursday 7 -9.30pm	

EAST DRAYTON

EAST DRAYTON VILLAGE HALL

Top Street, East Drayton, DN22 0LG Contact: Mrs Chris Macintosh

Telephone: 01777 249127

Keep Fit

Thursday 6pm

Contact: Mrs Goddard Telephone: 01777 248613

EAST MARKHAM

EAST MARKHAM VILLAGE HALL

Lincoln Road, East Markham, Newark,

NG22 0SS

Contact: Sue Evans

Telephone: 01777 871593

ELKESLEY

ELKESLEY MEMORIAL HALL

High Street, Elkesley, Retford,

DN22 8AJ

Telephone: 07971 413244

EVERTON

EVERTON VILLAGE HALL

Church Street, Everton, Doncaster,

DN10 5AN

Contact: Mr Boulby

Telephone: 01777 817761

GRINGLEY -ON - THE HILL

GRINGLEY ON THE HILL VILLAGE HALL

High Street, Gringley on the Hill,

Doncaster, DN10 4RH Contact: Simon Parker Telephone: 01777 818161

Antiques Class

Wednesday 1:30 – 3:30pm Contact Peter Young

Telephone: 01777 816609

HARWORTH

AGE UK

Harworth & Bircotes Methodist Church Parish Hall, Waterslack Road, Bircotes, Doncaster

Luncheon Club - Tuesday 11:30am – 2pm

Contact: Hilary Jones Telephone: 07790 230673

BEVERLEY ROAD COMMUNITY CENTRE

2 Beverley Road, Harworth, Doncaster, DN11 8HD Contact: A1 Housing Telephone: 0800 590 542

DEVONSHIRE ROAD COMMUNITY CENTRE

2 Devonshire Road, Harworth, Doncaster,

DN11 8JF

2.1.1.001		
Activity	Day/Time	Contact
Age	Monday,	Mr Jones
Concern-	Thursday and	07527013613
Coffee	Friday	
Mornings	8.45-12.30 pm	
Tenants &	1 st Tuesday in	Mrs Ridgeway
Residents	month	01302
Association	10 – 12.30 pm	746279
Bingo	Wednesday	Mrs Turner
	1- 4 pm	0130 745368
Women's	Thursday	Mrs Whittaker
Welfare	6.30 – 9.30 pm	01302
		745368

HAYTON

HAYTON VILLAGE HALL

Church Lane, Hayton, Retford,

DN22 9LD

Contact: Mrs Page

Telephone: 01777 704575

HEADON - CUM - UPTON

HEADON CUM UPTON VILLAGE HALL

Church Street, Headon, Retford,

DN22 ORD

Contact: Janet Landon Telephone: 01777 248282

LANEHAM MEMORIAL HALL

Main Street, Laneham, DN22 0NF

ADULT CRAFT GROUP

Linda's Workroom, Main Street, Laneham

Alternate Fridays 7.30-9.30pm £3

Contact: Linda Robinson Telephone: 01777 228775

LANGOLD

LANGOLD VILLAGE HALL

Markham Road, Langold, Worksop, S81 9SW Contact: Rose Walker Telephone: 01909 731205

AGEWELL - Monday 10am - 2pm

Telephone: 01909 732007

Bowls, bingo, dancing, keep fit, card making and outings. Over 50s club. Self-supporting.

LOUND

LOUND VILLAGE HALL

Town Street, Lound, DN22 8SA Telephone: 07092 985 831

Website: www.suttonvillagehall.net

MATTERSEY

MATTERSEY VILLAGES TOGETHER GROUP

The Meeting Room, Mattersey Church Alternate Tuesdays 1.45 – 3.45pm

This is a large and lively group of ladies that has a wide variety of activities, talks and visits.

Contact: Sue

Telephone: 01777 818880 Mobile: 07921 132889

MATTERSEY THORPE

Venue: COMMUNITY HOUSE

3 Cunningham Close, Mattersey Thorpe,

Doncaster, DN10 5EN

Activity	Day/Time	Contact
Venue		01777 816397
Computer Classes	Monday 7.00 – 9.00 pm	
Art and Drawing Class	Tuesday 9.00 – 11.00 am	
Information Day, Neighbour- hood watch etc.	Friday Throughout the Day	

MISSON

MISSON COMMUNITY CENTRE

Vicar Lane, Misson, Doncaster,

DN10 6EG

Contact: Mrs E Clifton Telephone: 01302 710508

MISTERTON

MISTERTON METHODIST HALL & SCHOOL ROOM

High Street, Misterton, Doncaster

Contact: Jackie Bell

Telephone: 01427 890050

SWALLOW COURT LUNCHEON CLUB

Swallow Court, Hillside Road, Misterton

Telephone: 01427 890484 Wednesday 12 noon – 1.30pm

NETHER LANGWITH

NETHER LANGWITH - VILLAGE HALL

Queens Walk, Nether Langwith, Nr Mansfield, NG20 9EW

Contact: Mr Woodcock (Parish Clerk) on 01623

799072

Nether Langwith Friendship Club

Meets every Monday 2 – 4pm Contact: Secretary: Mrs Naylor 4 Queens Walk, Nether Langwith,

Nr Mansfield NG20 9EW Telephone: 01623 742615

NORMANTON ON TRENT

NORMANTON ON TRENT VILLAGE HALL

South Street, Normanton on Trent, Newark, NG23 6RQ

NORTH LEVERTON

NORTH LEVERTON WITH HABBLESTHORPE SENIOR CITIZENS WEDNESDAY CLUB

North Leverton School

Alternate Wednesdays 1.30 – 3.30pm

Contact: Margaret Smith

Seniors

Telephone: 01427 880563

NORTON & CUCKNEY

VENUE: NORTON & CUCKNEY VILLAGE HALL Norton Lane, Cuckney, Mansfield, NG20 9NR		
Activity	Day/Time Contact	
Venue		Judith Reynolds 01623 842217
	judith.reynolds1@talktalkbusiness. net	
History Club	2 nd Tuesday in Month	
Garden Club	4 th Thursday in the Month	

OLDCOTES

OLDCOTES VILLAGE HALL

Maltby Road, Oldcotes, Worksop,

Contact: Mr S Andrew Telephone: 01909 733492

ORDSALL

Venue: WESTHILL COMMUNITY CENTRE Cheyne Walk, Ordsall, Retford, Notts		
Activity	Day/Time	Contact
Tenants & Residents	3 rd Monday in the month 10 -12.noon	
Whist	Monday 1.45 – 4.15pm Wednesday 6.15 – 9.15pm	Mrs Spooner 01777 701430

Venue: WESTHILL COMMUNITY CENTRE Cheyne Walk, Ordsall, Retford, Notts		
Activity	Day/Time	Contact
OAP Art Class	Tuesday 1 – 3pm	Mrs Spurdens 01777 707726
Bingo	Tuesday & Friday 6 – 9 pm	Mrs Barr 01777 700875
Ladies Probus	2 nd Wednesday in the month 9.30 – 12.30pm	Mrs Bradford 01777 708439
U3A Tai Chi	Thursday 10.45 – 12.45	Mr Lyon 01427 880877
Bingo	Thursday 1.15 – 4.15pm	Mrs Shardlow 01777 700875
Men's Probus	Friday Fortnightly 10.00 – 12.00pm	Robin Boeuf 01777 700204
Keep Fit	Friday 2 – 3pm	Mrs Anderson 07971 027520
Solo	Last Saturday in the month 6.15 – 9.15pm	Mrs Spooner 01777 701430
Oasis Christian Fellowship	Sunday 10.00-1.00pm	Mr Williams 07882797104

RAMPTON

RAMPTON VILLAGE HALL

Manor Drive, Rampton, Retford, Nottinghamshire, DN22 OJU Contact: Mrs Janet Lancaster Telephone: 01777 248396

RAMPTON C&T

Church Hall, Rampton Monday & Tuesday 10.00 – 12 noon

RANSKILL

RANSKILL INVESTMENT CLUB

Ye Olde Bell, Barnby Moor 3rd Wednesday in the Month at 8.00pm Contact: Dave Smith Telephone 01777 818400

RANSKILL MOTHERS UNION

The Church

Monthly – Wednesday at 7.15 pm

Contact: Pat Gill

Telephone: 01777 818745

RANSKILL SNOOKER CLUB

Reading Room, North Road Monday 7pm – 10pm September to May Contact: Peter Parkin Telephone: 01777 818852

There is a yearly subscription and a charge to

play snooker. Open to all ages.

RANSKILL & TORWORTH WOMEN'S INSTITUTE

Barnaby Moor, Village Hall, Kennel Drive 4th Tuesday of the month at 7.30 pm

Contact: Pat Blatchford Telephone: 01777 818519

RETFORD

RETFORD & DISTRICT HISTORICAL & ARCHAEOLOGICAL SOCIETY

Venue: Grove Street Methodist Church,

Retford

2nd Wednesday in the month 7.30pm

September to May

Lectures, outings, publications of local interest.

Open lecture annually.

RETFORD & DISTRICT PHOTOGRAPHIC SOCIETY

Every Monday 7.30pm from September to May at St Joseph's Church Hall, Retford

Contact: The Secretary Telephone: 01623 822585

The group has presentations by expert photographers, competitions, practical and learning sessions to improve technique.

RETFORD PARK BOWLS CLUB

Venue: Retford Park.

For further details please contact Mr Paul Dyson (mid week captain) on 01777 703846 or Mr Peter Johnson (Saturday captain) on 01777

700690

Play bowls in local leagues and on a friendly

Dasis.

RETFORD CIVIC SOCIETY

Contact: Mr Turner

Telephone: 01777 702929

Email: retfordcivicsociety@hotmail.co.uk
The Retford Civic Society is a non-political,
conservation and amenity group that cares
about Retford. The Society's aims are to
protect the architectural and natural
environment of Retford and to improve
Retford's public amenities for present and
future generations, whilst offering its members
a varied and interesting social programme of
events.

RETFORD ENCOUNTER

Venue: 26-32 Bridgegate, Retford, DN22 6LR

Wednesdays at 2pm – 4pm Telephone: 01777 711377

Email: info@newliferetford.org.uk

A fellowship group with excursions, visiting

speakers, afternoon teas and more.

RETFORD GENERALLY G+S

Venue: Hallcroft Methodist Church

Monday 7.30pm

Telephone: 01777 704687

RETFORD GOLF CLUB

Brecks Road, Ordsall, Retford, DN22 7UA Playing and promoting the game of golf

Telephone: 01777 703733

RETFORD GOODWIN HALL

Chancery Lane, Retford

Drop in Centre

Monday – Saturday 10.00 –12.30 pm

Contact: Mrs Pam Skelding Telephone: 01777 701103

Randall way, Hallcroft, Retford, Notts		
Activity	Day/Time	Contact
Keep Fit	Monday 11 – 12 noon	Mrs Anderson 07971 027520
Hallcroft Memory Club	2 nd Wednesday of each month 10:30 – 12:30	Bassetlaw Alzheimer's Society 01909 730886
Whist Group	Wednesday 1.30 - 4.30pm	P Marsh 01777 706473
50+ Bingo	Tuesday & Friday 1.30 - 3.30pm	Mrs Horsfield 01777 860215
Bridge Club	Tues & Thurs 6.45 - 10.45pm	Mr A Jilliott 01909 591706
Coffee morning	1 st & 3 rd Wed in the month 9.30 – 11.30am	Don Crilton 01777 701790
Canon Singers	Wednesday 7.30 - 9.00pm	Mrs Cliff 01777 706316
Women's Institute	3 rd Thursday in the month 2 - 5pm	Mrs Davis 01777 703527

Venue: HALLCROFT COMMUNITY CENTRE		
Randall way, Hallcroft, Retford, Notts		

Activity	Day/Time	Contact
Dancing	Friday 8.00 - 10pm	Mrs Mellors 01777 700820
Medium	Saturday 7.00 – 10.00pm	Mrs Savage 01777 707985

RETFORD LENA SNOWDEN SINGERS

Hallcroft Methodist Chapel, Hallcroft Road,

Retford

Thursday 7.30pm Contact: Judy Kewarth

68 Tiln Road, Retford, DN22 6SW

Telephone: 01777 708253 Email: judykewarth@latty.co.uk

RETFORD LITTLE THEATRE

Wharf Road, Retford, DN22 6EN

Telephone: 01777 702002 Email: committee@rlt.org.uk Website: www.rlt.org.uk

RETFORD 41 CLUB

1st Tuesday of the month

Contact: Mr G Muir

Apple Tree Cottage, Meeting House Lane,

South Leverton, Retford, DN22 0BS

Telephone: 01427 880212

Social and charitable organisation.

RETFORD REFLECTIONS

The Well, Retford Baptist Church, Hospital Road, Retford, DN22 7BD

Mondays at 10am

Telephone: 01777 702344

Pop in café for Alzheimer's sufferers and their

carers.

RETFORD'S RESOURCE FOR OLDER PEOPLE

The Buttermarket, Retford Town Hall, Retford

Contact: Dave Bacon/Louise Hallam

Telephone: 01777 709650

RETFORD ROTARY CLUB

Monday 18.30 for 19.00

Ye Olde Bell, Barnby Moor, Retford,

DN22 8QS

Contact: Club Secretary Telephone: 01427 880351

Email: geraldinematthews127@hotmail.com

RETFORD THE WELL COMMUNITY CENTRE

Hospital Road, Retford, DN22 7BD

Telephone: 01777 702344

thewellrbc.org/

RETFORD - MODERN SEQUENCE SOCIAL AND DANCE GROUP

St Joseph's, Babworth, Retford 8.00 – 10.30pm on alternate Saturdays

Contact: Mr G Rothwell Telephone: 01777 700809

RETFORD KAIROS THE WELL

The Well, Retford Baptist Church

Hospital Road, Retford.

Mondays at 2.00pm social club for seniors

Contact: 01777 702344

RETFORD RETIREMENT GROUP

Grove Street Methodist Church,

Grove Street

Telephone: 01777 703743

Email: thegrove2009@hotmail.co.uk

Social group for seniors with lunch. Activities

include: keep fit, indoor bowls and art.

RHODESIA

RHODESIA VILLAGE HALL

Tylden Road, Rhodesia, S80 3HL

Contact: 01909 474124

Over 50 Club Monday 2.30-4.30 Carpet Bowls

Thursday 10.00-11.30

SCROOBY

SCROOBY VILLAGE HALL

Low Road, Scrooby, DN10 6AG

Contact: Izzi Marshall Telephone 01302 719811

Website: www.scrooby.net/page/villageHall

SHIREOAKS

SHIREOAKS VILLAGE HALL

Shireoaks Road, Shireoaks, Worksop,

Nottinghamshire, S81 8LX Contact: Mr Peter V Stanley Telephone: 01909 477391

Shireoaks Luncheon Club

Every Thursday 11.30am - 1.30 pm

Contact Jean Hodgkins Telephone: 01909 483586

SHIREOAKS - WELFARE SPORTS AND SOCIAL CLUB

Shireoaks Road, Shireoaks, Nr Worksop,

Nottinghamshire S81 8NA

Contact: Mrs A Mee

Telephone: 01909 483348

SOUTH LEVERTON

SOUTH LEVERTON MEMORIAL INSTITUTE

Town Street, South Leverton, Retford,

Nottinghamshire

Contact: Yvonne Ennis. Telephone: 01427 880980

NORTH & SOUTH WHEATLEY

NORTH & SOUTH WHEATLEY VILLAGE HALL

Sturton Road, South Wheatley,

DN22 9DL Contact: Joy

Telephone: 01427 880460

STURTON LE STEEPLE

STURTON LE STEEPLE VILLAGE HALL

Brickings Way, Sturton le Steeple, Retford,

Nottinghamshire, DN22 9HY Telephone: 01427 880954

STYRRUP

STYRRUP VILLAGE HALL

Serlby Road, Styrrup, Nr. Doncaster,

DN11 8NA

Contact: A.M. Buxton Telephone: 01302 750543

SUTTON CUM LOUND

SUTTON CUM LOUND VILLAGE HALL

Town Street, Lound, Retford, Nottinghamshire

Contact: General Enquiries Telephone: 07092 985831

Website: www.suttonvillagehall.net

April Club

Alternate Fridays 14.00 to 16.00

Contact: Carole Head Telephone: 01777 705077

Social gathering to play dominoes and bingo.

Refreshments provided.

TRESWELL

TRESWELL VILLAGE HALL

Town Street, Treswell, Retford, Nottinghamshire, DN22 0EG Contact: Stephanie Bell Telephone: 01777 248719

TUXFORD

Venue: THE BEECHES COMMUNITYCENTRE

Birch Court, Tuxford, Retford, Notts

Activity	Day/Time	Contact
Tenants & Residents	1st Monday in the month 3 - 5pm	Mrs Moxon 01777 871158
Forget Me Not Club	Tuesday & Friday 12 – 3pm	Michelle White 01909 476643
Wednesday Club	Wednesday 2 - 3.15pm	Mrs Rutherford 01777 870850
Bingo	Wednesday 7 - 9pm	Mrs Rutherford 01777 870850
Social	Thursday 2 - 4pm	Mrs Hollingworth 01777 870915
Forget Me Not Club	Friday 12 - 3.30pm	Mrs Pottinger 01777 870341

WALKERINGHAM

WALKERINGHAM VILLAGE HALL

Stockwith Road, Walkeringham, Doncaster, DN10 4JD

Carpet Bowls

Contact: Malcom Dilly on 07702 002331 or Peter Harrison on 01427 890848

WHEATLEY

WHEATLEY LUNCH CLUB

Wheatley Methodist Church Beckett Road/St Mary's Road, Wheatley 1st Wednesday of the Month 12 noon Telephone: 01302 342565

WORKSOP

BALMORAL COMMUNITY CENTRE

Sandringham Crescent, off Valley Road, Worksop

Balmoral Tenants & Residents Association Social events & Bingo

Monday 1.00pm – 3.00 pm Contact: Mrs Linacre Telephone: 01909 488134

BASSETLAW COMMUNITY ARTS

The Worksop Regal, Carlton Road, Worksop,S80 1PD

Telephone: 01909 474458

Email: worksopregal@youngpotential.org.uk

CROWN PLACE COMMUNITY CENTRE			
	Sandy Lane, Worksop, Notts		
Activity	Day/Time	Contact	
U3A Swing Band	Monday 9.30 – 12.30	Mr Breed 01909 730489	
Dancing -	Monday 7.15 - 9.45pm	Mrs Glover 01909 478514	
U3A Tai Chi	Tuesday & Wednesday 9.45 – 11.45	Jim Davies 01246 570340	
U3A Ukulele Group	Wednesday 2.30 – 4.30	Katherine Williams 01909 484742	
Pilates	Wednesday 7.15 – 8.15	Mrs Cardwell 01909 482356	
U3A Choir	Thursday 10.00 – 12.30	Mrs Boughton 01777 818576	
U3A Steel Band	Thursday 2 - 5pm	Mrs Durrant 01909 486494	
Dance Night	Saturday 7 – 10 pm	Mrs Cole 01909 476546	

Venue: KILTON FOREST COMMUNITY CENTRE

15 Longhurst, Kilton, Worksop, Notts, S81 0DA

Activity	Day/Time	Contact
Arthritis Club	1 st & 3 rd Monday in the month 6.00- 7.45pm	Mrs Priest 01909 5800800
Sequence Dancing	Monday & Thursday 8 - 10pm in Room B	Mr Holland 07941 654544

Venue: KILTON FOREST COMMUNITY CENTRE

15 Longhurst, Kilton, Worksop, Notts, S81 0DA

Activity	Day/Time	Contact
Sewing Class	Tuesday 1.45 - 3.45pm	Catherine Skillen 01909 477269
Folk Dancing	Tuesday 7.45 - 10.00pm	Mrs Muscroft 01909 481772
Hairdressing	Friday 8.00 - 11.00am	Mrs Baldwin 01909 487883 07746 182640
Bingo	Friday 1.15 - 3.15pm	Mrs Forrester 01909 484968

KINGSTON CLOSE DAY CENTRE (AGE UK)

C/o Kingston Close Community Centre, Kingston Road, Manton, Worksop, Notts, S81 9HF

AGE UK - A community support service. Kingston Close Day Centre provides a warm and friendly environment for older people in the Worksop area. The service is for frail and older people aged over 55 who may also have mental health needs. Services available are: activities and games, gentle exercise, social contact with others, hot meals and drinks, hairdressing, trips out, door to door bus service and information about other services. Nicola 07872 839630 or Steve 07872 839575

Venue: KINGSTON CLOSE COMMUNITY CENTRE

Kingston Road, Manton, Worksop, Notts, S81 9HF

Activity	Day/Time	Contact
Age UK	Mon &Thurs 9 - 3pm	Mrs Storey 07872839630
Bingo	Monday 7 - 9.30pm	
Bingo	Thursday 6.30 - 9.00pm	Mrs Dawes 01909 487620

Venue: RAYTON SPUR COMMUNITY CENTRE.

Rayton spur, Worksop, Notts, S81 0HF

Activity	Day/Time	Contact
Busy Bees	Monday	Mrs Birch
Dasy Dees	10 - 2pm	01909
	10 Ζριτί	487590
Bingo	Monday	Mrs Dark.
_	6 - 8pm	01909
	·	479853
Lunch Club	Wednesday	Debra
	12 - 2:30pm	Barnes
		01909
		732488
Bingo	Thursday	Mrs Neal
_	1.30 - 3.30pm	01909
		477914
Art Class	Friday	Mrs Talbot
	2 - 4pm	01909
		481057

Venue: ST PAUL'S HALL (METRO CENTRE) Pelham Street, Worksop, S80 2TR		
Activity	Day/Time	Contact
Venue		01909
	<u> </u>	473289
Bingo	Monday	01909
	6.30 - 9pm	473289
Harmony	Wednesday	01909
Dance	7.30 - 10.30	473289
Line	Tuesday	01909
Dancing	7.00 - 9.15pm	473289
Girls	Thursdays	01909
Friendly	4.30 – 6.00pm	501138
St Paul's	Alternate	01909
Dance	Saturdays	473289
	7.00 - 10pm	

Venue: THIEVESDALE COMMUNITY		
CENTRE		
Thievesdale Lane, Worksop, Notts		
Activity	Day/Time	Contact
Scrabble	1 st Monday in	Mrs
Club	the month	Bachner
	2 – 4pm	01909
		486683
Women's	3 rd Monday in	Mrs
Institute	the Month	Willand
	2 - 4pm	01909
		481806
Dancing	Monday 7 - 9pm	Mrs
		Stanniforth
		01909
		532742
Meditation	1 st & 3 rd	Mrs Colton
Group	Wednesday	01909
		485967
U3A Meeting	Thursday	Mr
	1 – 3pm	Snowden
		01909
		473046
Women's	3 rd Thurs in	Mrs John
Institute Craft	Month	01909
Club	1.30 - 4.30pm	473048

Coffee	Friday	Sue Foster
Morning	9.30 -11.30	01909
		470039
Tea Dance	Last Friday in	Debra
	the month	Barnes
	10 - 2pm	01909
	-	732488
Bingo	Friday	Mrs
	6.30 - 8.30pm	Ritchens
		01909
		487390

WORKSOP RYTON CHORALE

The Holy Family School, Netherton Road, Worksop

Rehearsals Mondays 7.30pm in term time Contact the Secretary on telephone: 01777 719928

Visit website www.rytonchorale.org.uk

WORKSOP CIVIC SOCIETY

Worksop Civic Society is a new group with a desire to work collaboratively to promote the town and surrounding villages, influence future development and contribute to improving places in and around Worksop. We specifically chose to adopt the Civic Society model, a non-political, community interest group, as it will provide a focus for voluntary and community action. For more information telephone 0795116035 or email:-worksopcs@live.co.uk

THE CROSSING CENTRE & CAFE

Newcastle Avenue, Worksop, S80 2AT Social Enterprise Development Manager: Anne Taylor

Telephone: 01909 496110 (office)

07748 076460 (mobile)

Email: sedm@thecrossing.co.uk

WORKSOP PROBUS CLUB

Worksop Cricket Club

Alternate Fridays 10.00am - 12.00 noon

Between September and May Contact: Malcolm Watson

Telephone: 01909 501751 Email:mwatson7@talktalk.net

Open to retired business and professional

men.

WORKSOP ROTARY CLUB

Tuesday 6.45pm

The Lion Hotel, Bridge Street, Worksop

Telephone: 01909 474121

Email: kenneththompson761@btinternet

WORKSOP DUKERIES ROTARY CLUB

Monday 7.15pm

Worksop Golf Club Windmill Lane, Worksop,

S80 2SQ / Venture Centre, S80 2BE

Ring Secretary to check venue

Contact: Chris Weaver Telephone: 01909 722577

BASSETLAW TENANTS AND RESIDENTS ASSOCIATIONS

BASSETLAW FEDERATION OF TENANTS & RESIDENTS ASSOCIATION

Contact: Mrs Joan Linacre 20 Prince Charles Road, Worksop, S81 7ER

Telephone: 01909 488134

BALMORAL TENANTS & RESIDENTS ASSOCIATION

Contact: Chair: Mrs Joan Linacre

20 Prince Charles Road, Worksop, S81 7ER

Telephone: 01909 488134

07944 495693

Secretary: Mrs Patricia Wooton Holmefield Close, Worksop, 281 0JX

Telephone: 01909 475044

CENTRAL RETFORD TENANTS & RESIDENTS ASSOCIATION

Contact: Chair. Tanice Ellis 14 Hirst Road, Retford, DN22 7EQ Email: tanceellis35@msm.com

HALLCROFT TENANTS & RESIDENTS ASSOCIATION

Chair: Mr Donald Crichton

13 Shrewsbury View, Retford, DN22 7SG

Telephone: 01777 701790

Contact: Secretary: Mrs Maureen Gazeley 26 Shrewsbury View, Retford, DN22 0NF

HARWORTH AND BIRCOTES TENANTS & RESIDENTS ASSOCIATION

Contact: Chair: Mrs Judy Turner 15 The Green, Harworth, Doncaster, DN11 8LJ

Telephone: 01302 746393

LANGOLD TENANTS & RESIDENTS ASSOCIATION

Chair: Gill Wallhead

66 Mellish Road, Langold, Worksop,

S81 9PG

Telephone: 01909 731260

Contact: Secretary: Mrs Shirley Naisbett

39 Laburnum Road, Langold,

Worksop, S81 9RR

Telephone: 01909 731862

MATTERSEY THORPE TENANTS & RESIDENTS ASSOCIATION

Secretary: Ann Young

14 Bader Rise, Mattersey Thorpe,

Doncaster, DN10 5JA Telephone: 01777 816870

NORTH CARLTON-IN-LINDRICK (WIMPEY ESTATE) TENANTS & RESIDENTS ASSOCIATION

Contact: Chair, Tina Rafferty

22 Willow Avenue, Carlton-in-Lindrick,

Worksop, S81 9HT

Telephone: 01909 730955/ 07707 703912 Email: admin@carltongateway.org.uk

Secretary: Mrs Lyn Thompson C/o The Community House,

22-24 Sycamore Road, Carlton-in-Lindrick,

Notts, S81 9JQ

Telephone: 01909 730766

PROSPECT TENANTS & RESIDENTS ASSOCIATION

Contact: Chair Mrs Barbara Hopkinson 59 Westway, Worksop, S81 0ST

Telephone: 01909 532192

Secretary: Sue Pritchard

5 Curzon Drive, Worksop, S81 0LN

Telephone: 01909 474580 Email: spritchard@yahoo.co.uk

BASSETLAW TENANTS AND RESIDENTS ASSOCIATIONS

RAMPTON TENANT VOICE

Contact: Mr Roy Hewitt

2 Greenside Avenue, Rampton,

Notts, DN22 0JN

Telephone: 01777 248754

Email: roy_Hewitt@hotmail.co.uk

TUXFORD TENANTS & RESIDENTS ASSOCIATION

Contact: Chair: Mrs Jackie Smith,

7 The Beeches, Tuxford, Newark, NG22 0NF

Telephone: 01777 871792

Contact: Secretary: Marina Moxon

24 The Beeches, Tuxford, Newark, NG22 0NF

Telephone: 01777 871158

ALL HALLOWS CHURCH OF ENGLAND

Contact: The Priest in Charge The Rectory, All Hallows Street, Ordsall, Retford, DN22 7TP Telephone: 01777 702515

Website: www.ordsallparish.plus.com

ALL SAINTS CHURCH OF ENGLAND

The Incumbent, Babworth Rectory, Babworth, Retford. DN22 8ET

ALL SAINTS CHURCH OF ENGLAND

Reverend Jackie Johnson, The Vicarage, Tickhill Road, Harworth, DN11 8PD Telephone: 01302 744157

ALL SAINTS CHURCH OF ENGLAND

Retford Road, Mattersey, Doncaster The Incumbent, Abbey Lane, Mattersey, Doncaster, DN22 5DX Telephone: 01777 817364

ALL SAINTS CHURCH OF ENGLAND

Misterton

Telephone: 01427 890270

ALL SAINTS CHURCH OF ENGLAND

Markham Clinton (West Markham) Contact: The Church Warden April Cottage, West Markham, Newark, NG22 0PN

T | 1 0 1 1 0 1 1 0 1 1 1 1

Telephone: 01777 870520

ALL SAINTS, CHURCH OF ENGLAND

The Incumbent, The Vicarage, Torksey Street, Rampton, Retford, DN22 0HT

BIBLE4HEALTH MISSIONS

86 Kingsway, Worksop, S81 0AG Telephone: 01909 473806

Email: customer-

service@bible4healthmissions.com

Website: www.bible4healthmissions.com/

CHRIST CHURCH CENTRE – CHURCH OF ENGLAND

Theivesdale Lane, Worksop, S81 0XS Contact: The Priest in Charge

Telephone: 01909 530127

CHRISTIAN COMMUNITY CHURCH

Doncaster Road, Langold, Worksop, S81 7NP

Contact: The Leader Telephone: 01909 732731 Email: info@langoldccc.org.uk Website: www.langoldccc.org.uk/

CHURCH OF THE LATTER DAY SAINTS

17 Underwood Gardens, Worksop, S80 1YL

Contact: The President Telephone: 01909 484427

CHURCHES TOGETHER

C/o 41 Dunstan Crescent, Worksop, S80 1AE

Telephone: 01909 473847

An international association pledged to help

people less fortunate than ourselves.

DIOCESE OF SOUTHWELL

Contact: The Archdeacon of Newark, Dunham House, Westgate, Southwell,

NG25 0JL

Telephone: 01636 814331

HOLY TRINITY, CHURCH OF ENGLAND,

Church Street, Everton, Nr Retford, DN10 5BB The Incumbent, Abbey Lane, Mattersey,

Doncaster

Telephone: 01777 817364

JEHOVAH'S WITNESSES

Kingdom Hall, Central Avenue, Worksop, S80 1EW

Contact: Martin Hanson

Telephone: 01909 562726 / 484793 Email: martinhanson@btinternet.com

METHODIST CHURCH - CARLTON-IN-LINDRICK

Methodist Schoolrooms, High Road, Carlton-in-Lindrick, Worksop

METHODIST CHURCH - HALLCROFT, RETFORD

Hallcroft Road, Retford, Notts Telephone: 01777 702573

Email: retfordmc@btinternet.com

METHODIST CHURCH - HARWORTH & BIRCOTES

Contact: The Secretary

3 Grange View, Harworth, Doncaster,

DN118QP

Telephone: 01302 742016

METHODIST CHURCH - MISTERTON

Contact: The Minister

4 Ashdown Way, Misterton, Doncaster,

DN10 4PB

Telephone: 01427 890050

Email: gunson@sjaloom.fsnet.co.uk

METHODIST CHURCH - RETFORD

Contact: The Minister Grove Street, Retford Telephone: 01777 702786

Email: retfordmc@btinternet.com

METHODIST CHURCH - RETFORD CIRCUIT

Contact: Reverend N. Vickers

Telephone: 01777 702573 / 702468 Email: retfordmc@btinternet.com

METHODIST CHURCH - RHODESIA

Contact: The Minister

5 Shepherds Avenue, Worksop, S81 0JD

Telephone: 01909 472609

NEW LIFE CHURCH

26-32 Bridgegate, Retford, DN22 6AA

Telephone: 01777 711377

Email: info@newliferetford.org.uk Website: www.newliferetford.org.uk

NEW TESTAMENT CHURCH

Cheapside, Worksop, S80 2HX Contact: Rev Keith Clark

Telephone: 01909 487940

OASIS CHRISTIAN FELLOWSHIP

Westhill Community Centre Ordsall Retford.

Contact: Mr Williams Telephone: 07882797104

PAROCHIAL CHURCH COUNCIL – SHIREOAKS

Contact: The Secretary – Peter Stanley 15 St Annes Close, Worksop, S80 3QS

POPLARS CHURCH

Contact: Marion Prest

46 Watson Road, Worksop, S80 2BQ

Telephone: 01909 530171

Email: admin@poplarschurch.co.uk Website: www.poplarschurch.co.uk

Sunday Service is at Norbridge Academy

Valley Road Worksop 10.30am

PRIORY CHURCH OF ENGLAND

Contact: The Incumbent

Priory Vicarage, Worksop, S80 2HX

Telephone: 01909 472180

Email: <u>vicarworksoppriory@tiscali.co.uk</u>
Website: <u>www.worksoppriory.co.uk/</u>

RELEASE INTERNATIONAL

7 Long Meadows, Everton, Nr Doncaster, DN10 5BL

Telephone: 01777 818297

Email: releaseintnorth@lineone.net
A holistic ministry that identifies with and supports Christians who are persecuted for

their faith.

RHODESIA CHRISTIAN FELLOWSHIP

Methodist Church, Rhodesia Contact: Tim Edmunds Telephone: 01909 473988

SALVATION ARMY - RETFORD

Contact: The Commanding Officer

Telephone: 07980 199616

The Sunflowers, for grandparents and tots

Thursday 1 - 2.30pm

Little Acorns

Friday 10 - 11.30am for all carers and tots

SALVATION ARMY - WORKSOP

Contact: The Commanding Officer 4 Langdale Road, Worksop, S81 0NL

Telephone: 01909 473979

SOCIETY OF FRIENDS - QUAKERS

The Crossing Church and Centre, Newcastle Street, Worksop, S80 2AT. 10.15 am on the 2nd and 4th Sundays of each

7.15 pm on the 2nd Thursday of the month in member's houses.

Contact: Gordon Moodie

Bardwell, Sparken Hill, Worksop Telephone: 01909 475299

ST ANNES, CHURCH OF ENGLAND

Contact: The Incumbent

The Vicarage, 11 Poplar Close, Worksop,

S80 3BZ

Telephone: 01909 472069

ST. BARNABAS, CHURCH OF ENGLAND

North Road, Ranskill, Nr Retford

Contact: The Incumbent

The New Vicarage, St Martins Close, Blyth,

Worksop, S81 8DW

Telephone: 01909 591229

ST GILES, CHURCH OF ENGLAND

Contact: The Incumbent

Elkesley Vicarage, 3 Maple Drive, Elkesley,

Retford, DN22 8AX

ST HELENS ROMAN CATHOLIC CHURCH

Main Street, Oldcotes, Nr Worksop, S81 8JF Contact: The Parish Priest Telephone: 01909 730315

Email: sthelens05@btinternet.com

ST JOHNS CHURCH OF ENGLAND

Contact: The Incumbent

Overend Road, Worksop, S81 1QG

Telephone: 01909 472595

Email: hogg350@btinternet.com

ST JOHNS CLARBOROUGH AND ST PETERS HAYTON CHURCH OF ENGLAND

Contact: The Incumbent

The Vicarage, Clarborough, Retford

ST JOHN THE BAPTIST, CHURCH OF ENGLAND

Contact: The Incumbent

The Vicarage, Church Street, East Markham,

Newark

ST JOHN THE BAPTIST, TRESWELL & HOLY TRINITY COTTAM

Contact: The Church Warden

Cottam Road, Treswell, Retford, DN22 0EP

Telephone: 01777 248528

ST JOHN THE EVANGELIST, CHURCH OF ENGLAND

Contact: The Rector

The Rectory, High Road, Carlton-in-Lindrick,

Worksop, S81 9EF

THE PARISH CENTRE

Contact: Maurice Stokes

Cornerstones, Church Lane, Carlton-in-

Lindrick, Worksop, S81 9EH Telephone: 01909 730967

Email: mauricestokes@btinternet.com

ST JOSEPHS ROMAN CATHOLIC CHURCH

Babworth Road, Retford, DN22 6BP

Contact: The Parish Priest

Telephone: 01777 703373 / 01909 472069

ST JOSEPHS THE WORKER ROMAN CATHOLIC CHURCH

Contact: The Parish Priest

The Rectory, Wingfield Avenue, Worksop,

S81 0SF

Telephone: 01909 473373

ST LUKE'S CHURCH OF ENGLAND

Contact: The Priest in Charge

1 Potters Nook, Shireoaks, Worksop, S81 8NF

Telephone: 01909 479350

ST LUKE'S CHURCH OF ENGLAND

Church Street, Langold, Nr Worksop

The Priest in Charge, The Rectory, High Road,

Carlton-in-Lindrick, S81 9EF Telephone: 01909 730222

ST MARTINS CHURCH OF ENGLAND

Contact: The Incumbent

The Vicarage, North Vicarage, North Leverton,

Retford, DN22 0AA

Telephone: 01427 880882

ST MARY'S ROMAN CATHOLIC CHURCH

Contact: The Parish Priest,

The Rectory, Park Street, Worksop, S80 0SF

Telephone: 01909 476045

ST MARY AND ST MARTINS CHURCH OF ENGLAND

Contact: The Incumbent,

The New Vicarage, St Martins Close, Blyth,

Worksop, S81 8DW

Telephone: 01909 591229

ST MARY'S AND ST WINIFREDS HOLBECK CHURCH OF ENGLAND

Contact: The Incumbent

Cuckney Vicarage, Cuckney, Mansfield

ST MICHAEL THE ARCHANGEL CHURCH OF ENGLAND

Rectory Road, Retford, DN22 7AY

Contact: The Incumbent

11 Poplar Close, Worksop, S80 3BZ

Telephone: 01777 719816

ST OSWALD, CHURCH OF ENGLAND,

Contact: The Incumbent,

The Vicarage, The Green, Dunham on Trent,

Newark

ST PATRICK ROMAN CATHOLIC CHURCH

Harworth, Nr Doncaster Contact: The Parish Priest Telephone: 01909 730315

ST PETER, CHURCH OF ENGLAND

Wiseton Road, Clayworth Contact: The Incumbent,

Abbey Lane, Mattersey, Doncaster

Telephone: 01777 817364

ST SAVIOURS CHURCH OF ENGLAND

Rectory Road, Retford, DN22 7AY Contact: Canon Tony Walker

Telephone: 01777 704222

ST SWITHUNS CHURCH OF ENGLAND

Canon Square, Retford, DN22 6PJ Contact: Canon Tony Walker

Telephone: 01777 704222

ST WILFRID, CHURCH OF ENGLAND

Low Road, Scrooby, Nr Retford

Contact: The Incumbent,

The New Vicarage, St Martins Close, Blyth,

Worksop, S81 8DW

Telephone: 01909 591229

THE CROSSING (Worksop Methodist and United Reform Church are now in a Local

Ecumenical Partnership) Newcastle Avenue, Worksop

Contact: The Minister, 5 Shepherds Avenue,

Worksop, S81 0JD

Telephone 01909 472609

Email: minister@thecrossing.org.uk Website: www.wcc-church.com

WORKSOP CHRISTIAN CENTRE

Vicars Walk, Worksop, S80 2HJ Contact: Pastor Florin Mocanu. Telephone: 01909 489521

Email: pastor@worksopcc.co

WORKSOP SPIRITUALIST CHURCH

37 George Street, Worksop, S80 1QJ

Contact: The President

8 Farm Grove, Worksop, S81 0UU

Telephone: 01909 473575

WHO CAN HELP ME ACCESS INFORMATION ON SERVICES TO KEEP ME SAFE AT HOME?

BASSETLAW, NEWARK AND SHERWOOD COMMUNITY SAFETY PARTNERSHIP

Telephone: 01636 655698

COMMUNITY OUTREACH ADVISOR

Telephone: 01777 709650

Email: ashaw@actioncentre.org.uk

Website: www.bassetlawactioncentre.org.uk

CRIME STOPPERS

Telephone: 0800 555111

FIRST CONTACT SIGNPOSTING SCHEME

Telephone: 01777 709650

Email: <u>jbullock@bassetlawactioncentre.org.uk</u> Website: www.bassetlawactioncentre.org.uk

HOME CALL ALARM SERVICE

Lifeline emergency call system. The service is available to all Bassetlaw residents 60yrs and over (younger residents with a disability may be eligible). An initial assessment is completed to establish level of service required. A small charge may be payable.

For more information please contact A1 Housing Supported Housing Warden service

Telephone: 01909 535116

NOTTINGHAMSHIRE FIRE AND RESCUE

Retford Telephone: 01777 706607 Worksop Telephone: 01909 485616

NOTTINGHAMSHIRE POLICE

Crime Reduction manger

Telephone: 101

Advice and information on crime reduction including:

- Alarms
- Security devices
- Property marking

RETFORD RESOURCE FOR OLDER PEOPLE

Telephone: 01777 862745 (Thursdays only) Website: www.bassetlawactioncentre.org.uk

SUPPORTED HOUSING SERVICE (A1 HOUSING)

Telephone: 01909 533 735

Email: customer.services@a1housing.co.uk

MEALS AT HOME

The Meals at Home service delivers a wide range of frozen or hot meals to people who may have difficulty preparing a hot meal themselves. The meals can be supplied for the long-term or to cover short-term situations or whilst you are re-learning cooking skills.

Telephone: 01623 49 00 15

Website: www.nottinghamshire.gov.uk/caring/adultsocialcare/supporttoliveathome/meals/#meals-on-

<u>wheels</u>

HOW CAN I KEEP WARM AT HOME?

ENERGY EFFICIENCY

Advice and Information about Grants

Telephone: 0800 512012

ENERGY SAVING TRUST

0300 123 1234

www.energysavingtrust.org.uk/take-action/get-free-advice

WHERE CAN I GET HELP WITH MONEY?

BASSETLAW CITIZENS ADVICE BUREAU

The Annexe, Queens Buildings, Potter St, Worksop, Notts, S80 2AE

Telephone: 0844 856 3411

BASSETLAW DISTRICT COUNCIL - HOUSING BENEFITS

Telephone: 01909 533710

BASSETLAW DISTRICT COUNCIL – COUNCIL TAX

Telephone: 01909 533710

BENEFITS ADVICE AND INFORMATION

Disability Living Allowance and Attendance Allowance Helpline: 0845 7123456

Pension Credit Claims: 0800 9912345 Carers Allowance Unit: 0845 6084321

The Pension Service Enquires: 0845 6060265

Personal Independence Payment Claims: 0800 9172222

BIRCOTES CITIZENS ADVICE BUREAU

The Information Centre, Bircotes, DN11 8JP

Telephone: 01909 488703

CHRISTIANS AGAINST POVERTY

The Well, Hospital Road, Retford, DN22 7BD

Telephone: 0800 3280006

Free, impartial debt counselling service by appointment only.

COAL INDUSTRY SOCIAL WELFARE ORGANISATION (CISWO)

The Old Rectory, Rectory Drive, Whiston, Rotherham, South Yorkshire, S60 4JG

Telephone: 01709 728115

Fax: 01709 839164

Email: ken.mosley@ciswo.org.uk

Website: ciswo.org/

CISWO is a national charity which has a focus on the key role of delivering community and personal welfare services within mining and former mining communities.

COUNTY CONTACT

The County Council offers a number of ways for you to get in touch about our services including:

- the online contact us form https://secure.nottinghamshire.gov.uk/your-council/contact-the-council/contact-us-form/
- by emailing enquiries@nottscc.gov.uk
- by calling our Customer Service Centre on: 0300 500 80 80 open 8am-8pm Monday to Friday and Saturday 8am-12 noon.
- Face to Face services available at our Service contact points

Harworth/Bircotes Town Council, Scrooby Road Bircotes – Monday 9 - 4pm, Wednesday and Friday 9 – 1pm

Bassetlaw District Council,17b The Square, Retford Monday to Friday 9 – 5pm

Tuxford Mine of Information, 2 Market Place, Tuxford Alternate Wednesdays 9:30 - 11:30am

Bassetlaw District Council Queens Building Potter Street, Worksop Monday to Friday 8.40 – 5pm

Trading Standards Consumer Direct – Telephone: 0845 4040506

DISABILITY INFORMATION LINK - BASSETLAW

Eastgate Resource Centre, Albion Close, Worksop, S80 1RA

Telephone: 01909 474144

For disabled people and carers. Information on local services, benefits, support groups, equipment, employment, education and leisure. Aims to link people with organisations both locally and nationally.

NOTTINGHAM AND DISTRICT PRE-RETIREMENT COUNCIL

144a High Road, Beeston, Nottingham NG9 2LN

Telephone: 0115 922 3824/07790 851584

Email: linda-phil@nottinghampre-retireme.fsnet.co.uk

Website: www.ndprc.org.uk/

We provide courses covering topics such as health, finance, legal advice, consumer rights, benefits and income tax. We also offer Peace of Mind courses aimed at those over 65 and those with aged parents.

RETFORD CITIZENS ADVICE BUREAU

c/o County Contact, Market Square, Retford, DN22 6EU

Telephone: 0844 856 3411

SENIORCONCESSIONS.CO.UK

Email: info@seniorsdiscounts.co.uk
Website: www.seniorsdiscounts.co.uk

Senior concessions.co.uk helps senior citizens find and benefit from many discounts and other concessions available to them, and encourages businesses to introduce new concessions to this important market.

VETERANS WELFARE

Telephone: 0800 169 2277

Email: veterans.help@spva.gsi.gov.uk

Website: www.veterans-uk.info

The Service Personnel and Veterans Agency (SPVA) provides support to anyone who has served in HM Armed Forces, even just for a day. Providing advice on benefits, compensation payments,

pensions, employment and much more.

2 SHIRES CREDIT UNION

To be a key player in tackling financial exclusion Queen's Buildings, Potter Street, Worksop, S80 2AE

Telephone: 01909 500575 (answerphone) Serves the Bassetlaw and Bolsover area

For information and a membership pack please call the above number.

WHERE CAN I GET PENSIONS ADVICE?

YOUR PENSION CENTRE:

The Pension Service, PO Box 13, Birmingham, B99 1AP

Phone: 0845 606 0265 Fax: 0116 2051717

Text phone (for those with speech or hearing difficulties) 0845 606 0285

Opening Hours: Monday to Friday 8.00am to 6.00pm

NEW STATE PENSION CLAIMS (8am to 6pm Monday to Friday)

Phone: 0800 731 7898 Text phone: 0800 731 7339

NEW PENSION CREDIT CLAIMS (8am to 6pm Monday to Friday)

Phone: 0800 99 1234

Text phone: 0800 169 0133

PENSIONS PAID BY DIRECT PAYMENT INTO AN ACCOUNT (8am to 6pm Monday to Friday)

Phone: 0845 301 3011

Text phone: 0845 301 3012

You should telephone, email or write to your pension centre if you have a question about an entitlement you are already receiving or if you want to arrange to talk to us face to face.

PENSION TRACING SERVICE

With our assisted pension tracing service we can help you to trace your lost pension and then contact your pension providers to update your details. We will help you to establish what exactly is in your lost pension, what your pension can do for you and with the help of a pension expert inform you the options available to you. Our entire service is designed to offer more assistance than that which is available direct from the DWP government website and is available to you completely free of charge.

For more information contact us at

Telephone: 0800 1223 170

Website: www.pensiontracingservice.com/

WHERE CAN I GET HELP WITH HEALTHCARE/FALLS?

BREAST CARE SUPPORT

Bassetlaw Hospital, Blyth Road, Worksop, S80 0BD

Telephone: 01909 500990

Support group for women having treatment for breast cancer or recovering after treatment as well as

on going friendship and fun.

Cardiac Support Group

Post Graduate Centre, Bassetlaw Hospital, Blyth Road, Worksop, S80 0BD

Telephone: 01909 500990 ext. 2944

Website: www.dbh.nhs.uk

A support group, which also has a social element, occasional visits and speakers are arranged on medical and non-medical topics. Affiliated to the British Heart Foundation.

FOR NURSE ADVICE AND HEALTH INFORMATION

Contact NHS Direct: Telephone: 111

FOR FALLS PREVENTION

Contact: NHS Bassetlaw though the single point of access:

Telephone: 01777 274422

HOME CALL ALARM SERVICE

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For more information please contact A1 Housing Supported Housing Warden Service

Telephone: 01909 535116

MULTIPLE SCLEROSIS SOCIETY - RETFORD

Telephone: 01777 704 687

Provides welfare support for members and aims to improve their quality of life. Arranges social events and outings and also informative talks and discussions.

MULTIPLE SCLEROSIS SOCIETY - WORKSOP & DISTRICT

Contact: The Secretary/Treasurer, 23 Red Kite Close, Gateford, Worksop, S81 8WA

Telephone: 01909 474941

Provides information from National MS Society and social meetings for sufferers and families. Aims to improve quality of life and be a support to newly diagnosed sufferers.

APAS (ALCOHOL PROBLEMS ADVISORY SERVICE) NOTTINGHAM

Offers information, advice, assessment and counselling for people with alcohol, drug or gambling problems, service for families and friends, drop-in service, Alcoline telephone service. Access to treatment services. Contact: APAS, 36 Park Row, Nottingham, NG1 6GR

Telephone: 0115 941 4717 or 0845 762 6316

EMERGENCY DENTAL SERVICES

If you have a regular NHS dentist and need urgent treatment, contact your dentist for advice. If you do not have a regular NHS dentist, you can contact NHS Direct on 111. They can give you details of out-of-hours dental services in your area.

HOW CAN I FIND OUT ABOUT HOUSING OPTIONS AND CHOICES?

A1 HOUSING

Offers advice and help with applying for Council Housing, and with housing with other Registered Social Landlords in the Bassetlaw area.

A1 Housing has five Sheltered Housing schemes which are ideally suited for elderly or vulnerable tenants who wish to live independently, yet be part of a community setting. The Sheltered Housing schemes are spread throughout Bassetlaw and offer the choice of one or two bed flats and a small number of bedsits. All have access to communal rooms and gardens as well as an onsite warden. At Westmorland House, Bircotes, Abbey Grove, Worksop, Larwood House, Worksop, Conway Gardens, Retford and Swallow Court, Misterton.

Telephone: 0800 590 542

Website: www.a1housing.co.uk/sheltered_housing

HOUSING OPTIONS

The Housing Choice Case Worker provides information, advice, advocacy and support service to older people on housing options. Options may include alternative housing or accessing assistance to repair or adapt their current home.

For more information contact Jayne Bullock:

Telephone: 01777 709650

Email: jbullock@bassetlawactioncentre.org.uk

SLOSWICKES ALMSHOUSE CHARITY

Contact: Sue Nicholson

19 Churchgate, Retford, DN22 6PB

Telephone: 01777 707401

A charity providing accommodation for people over 60 years of age.

TUXFORD MINE OF INFORMATION

A drop in service once a month with the local housing officer on the first Tuesday of the Month from 9:30 - 11:30am. The latest properties available are updated every week and available on the A1 stand inside reception.

01777 870040

moi@tuxfordonline.co.uk

ANCHOR TRUST

Anchor has more than 40 years' experience of working with older people and providing residential care homes – so we know how to help you get the best out of life.

For more information Call 0845 140 2020

www.anchor.org.uk

EXTRA CARE HOUSING SCHEMES IN NOTTINGHAMSHIRE

Each scheme is different and what is available varies from site to site.

However, each scheme will have:

- Housing a range of modern and affordable one or two bedroom homes available to buy, rent or part own which are purpose-built or adapted for your care and support needs
- Personal care support staff are available 24 hours a day to offer you support
- Communal areas these might include a cafe, hairdressers, library, guest accommodation for your visitors, a day centre with organised activities and outings
- Neighbourhood facilities extra care schemes are based within local communities so the usual range of neighbourhood facilities are close by such as leisure centres, shops, GP surgeries and public transport.

Some extra care sites have dementia units which provide specialist care in a community setting.

WHERE ARE THE CARE HOMES IN BASSETLAW?

Residential and Nursing Homes are now called Care Homes. They provide **personal care**, meals and accommodation to people who are no longer able to look after themselves. For each facility the number of people catered for is indicted, including specialist provision (in brackets). For further information contact:

www.carechoices.co.uk

County Council Customer Service Centre: 08499 808080

Bassetlaw Local Office: 01623 520520

Minicom: 01623 434993

OLDER PEOPLE NURSING

Ashley Care Home

Sunnyside, Worksop, Nottinghamshire,

S81 7LN

Telephone: 01909 500541 / 532441 Places: 40 (Dementia, Mental Health)

Blyth Country House Care Home

Spital Road, Blyth, Worksop, Nottinghamshire, S81 8DU

Telephone: 01909 591219

Places: 30 (Old age)

Cherry Holt Care Home,

Welham Road.

Retford,

Nottinghamshire,

DN22 6TN

Telephone: 01777 710347

Places: 52 (Old age, Physical disability)

Clumber Court Care Centre (Care Home),

Bolham Lane,

Retford,

Nottinghamshire,

DN22 6SU

Telephone: 01777 700823

Places: 64 (Mental Health, Dementia)

Forest Hill Care Home,

Forest Hill Park,

Worksop,

Nottinghamshire,

S81 0NZ

Telephone: 01909 530531 Places: 64 (Old age, Dementia)

Gateford Hill Care Home

Worksop,

Nottinghamshire,

S81 8AF

Telephone: 01909 475402

Places: 66 (Old age, Physical disability)

Lound Hall Nursing Home

Town Street.

Lound,

Retford.

Nottinghamshire,

DN228RS

Telephone: 01777 818082

Places: 30 (Old age, Dementia, Physical

disability)

Rufford Care Centre

Gateford Road.

Gateford.

Worksop,

Nottinghamshire,

S81 7BH

Telephone: 0345 293 7670

Places: 100 (Dementia, Physical disability, Old

age)

Westvilla (MPs) Ltd.

Westfield Road.

Retford,

Nottinghamshire,

DN22 7BT

Telephone: 01777 701636

Places: 35 (Old age, Physical disability,

Dementia, Past or present alcohol

dependency)

OLDER PEOPLE RESIDENTIAL

Ashley Care Home

Sunnyside,

Worksop,

Nottinghamshire,

S81 7LN

Telephone: 01909 500541/532441 Places: 40 (Dementia, Mental Health)

Avondale Residential Home

Whitehouse Road,

Bircotes,

Doncaster,

South Yorkshire,

DN11 8EQ

Telephone: 01302 245374

Places: 31 (Old age, Dementia)

Barnby Court Care Home

Barnby Moor,

Retford,

Nottinghamshire,

DN22 8QS

Telephone: 01777 705902

Places: 25 (Old age, Dementia)

Beech House Care Home

292-294 Carlton Road,

Worksop,

Nottinghamshire,

S81 7LL

Telephone: 01909 472149

Places: 30 (Old age, Mental health, Dementia)

Brailsford House

1 Main Street.

Harworth,

Doncaster,

South Yorkshire,

DN11 8LE

Telephone: 01302 742156

Places: 20 (Old age, Dementia)

Branthwaite Care Home

34 Welham Road.

Retford.

Nottinghamshire,

DN22 6TN

Telephone: 01777 706720

Places: 21 (Mental Health, Dementia)

Farthings Residential Care Home

The Old London Road,

West Drayton,

Retford,

Nottinghamshire,

DN22 8ED

Telephone: 01777 838219

Places: 13 (Old age)

Glenesk Care Home

The Crescent,

Queen Street,

Retford,

Nottinghamshire

DN22 7BX

Telephone: 01777 702339

Places: 22 (Old age)

The Hollies

19-23 London Road,

Retford,

Nottinghamshire,

DN22 6AT

Telephone: 01777 707750

Places: 22 (Old age, Dementia)

James Hince Court

Windsor Gardens,

Carlton-in-Lindrick,

Worksop,

Nottinghamshire,

S81 9BL

Telephone: 01909 733821

Places: 45 (Old age, Dementia, Physical

disability)

Langwith Lodge Care Home

The Park,

Nether Langwith,

Mansfield,

Nottinghamshire,

NG20 9ES

Telephone: 01623 742204

Places: 54 (Old age, Dementia)

Newton House Care Home

Shireoaks Road.

Shireoaks,

Worksop,

Nottinghamshire,

S81 8LX

Telephone: 01909 482960

Places: 12 (Old age, Dementia)

The Old Vicarage Care Home

Newcastle Avenue,

Worksop,

Nottinghamshire,

S80 1NJ

Telephone: 01909 475521

Places: 38 (Old age, Dementia)

Old Vicarage

The White House Road.

Bircotes.

Near Doncaster,

South Yorkshire.

DN11 8EQ

Telephone: 01302 745707

Places: 28 (Old age, Dementia)

Rose Farm Care Home

Main Street.

Styrrup,

Doncaster,

South Yorkshire,

DN11 8NB

Telephone: 01302 744664

Places: 54 (Old age, Dementia)

South Moor Lodge Care Home

South Moor Road, Walkeringham, Doncaster, South Yorkshire, **DN10 4LB**

Telephone: 01427 891204 Places: 40 (Old age, Dementia)

St. Michaels View Care Home

Hallcroft Road, Retford, Nottinghamshire,

DN22 7NE

Telephone: 01777 702218

Places: 34 (Old age, Dementia, Physical

disability)

St. Saviours Care Home

5 Lidget Lane, Retford. Nottinghamshire, **DN22 6QW**

Telephone: 01777 703040

Places: 40 (Old age)

Tuxford Manor Care Home.

143 Lincoln Road,

Tuxford, Newark, Nottinghamshire, NG22 0JQ

Telephone: 01777 872555

Places: 45 (Old age, Dementia)

Victoria Care Home

Memorial Avenue. Worksop, Nottinghamshire,

S80 2BJ

Telephone: 01909 476416 Places: 93 (Old age, Dementia)

Westwood

Talbot Road, Worksop, Nottinghamshire, S80 2PG

Telephone: 01909 533690

Places: 60 (Old age, Dementia, Physical

disability)

NURSING CARE FOR UNDER 65 YEAR OLDS

Gateford Hill Care Home

Worksop, Nottinghamshire, S81 8AF

Telephone: 01909 475402

Places: 66 (Old ages, Physical disability)

Rufford Care Centre

Clumber Unit. Gateford Road, Gateford, Worksop, Nottinghamshire, S81 7BH

Telephone: 0345 293 7670 Places: 25 (Physical disability)

RESIDENTIAL CARE FOR UNDER 65 YEAR OLDS

Bracken Villa Care Home

6 Bracken Lane. Retford. Nottinghamshire, **DN22 7EU**

Telephone: 01777 719720 Places: 8 (Learning disability)

Branthwaite Care Home

34 Welham Road.

Retford.

Nottinghamshire,

DN22 6TN

Telephone: 01777 706720

Places: 21 (Mental health, Dementia)

Carlton Road Care Home

181-183 Carlton Road,

Worksop,

Nottinghamshire,

S81 7AD

Telephone: 01909 473831 Places: 9 (Learning disability)

Dyscarr Grange Care Home

Doncaster Road.

Langold,

Nottinghamshire,

S81 9RJ

Telephone: 01909 540607 Places: 7 (Learning disability)

Hall Farm House Care Home

Gainsborough Road,

Everton,

Nottinghamshire.

DN10 5BW

Telephone: 01777 817431 Places: 6 (Learning disability)

Holles Street Short Breaks Service

Holles Street. Worksop,

Nottinghamshire,

S80 2LJ

Telephone: 01909 535220 Places: 10 (Learning disability)

Limetree Avenue Care Home

23 Limetree Avenue.

Retford,

Nottinghamshire,

DN22 7BB

Telephone: 01777 708725

Places: 6 (Learning disability)

Redbank House Care Home

Town Street. South Leverton, Nottinghamshire,

DN22 0BT

Telephone: 01427 880716 Places: 7 (Learning disability)

Rivers

Blyth Road,

Oldcotes. Worksop,

Nottinghamshire,

S81 8HU

Telephone: 01909 731429

Places: 7 (Learning disability, Physical

disability)

Rose Meadow Residential Home

119 Station Road.

Misterton.

Doncaster,

South Yorkshire.

DN10 4DG

Telephone: 01427 891190 Places: 10 (Learning disability)

Rutland Crescent (25-27) Care Home

25-27 Rutland Crescent,

Harworth,

South Yorkshire.

DN11 8HZ

Telephone: 01302 759636 Places: 7 (Learning disability)

Shirebrook Priory,

Retford Road, South Leverton,

Near Retford, n

Nottinghamshire.

DN22 0BY

Telephone: 01427 884482 Places: 16 (Learning disability)

Whitegates Care Home

Sparken Hill & 5-7 Park Place, Worksop,

Nottinghamshire,

S80 1AP

Telephone: 01909 478746 Places: 18 (Learning disability)

WHERE CAN I GET ADVICE AND SUPPORT IF SUFFERING BEREAVEMENT?

BASSETLAW BEREAVEMENT CARE

Offers support and practical assistance to the bereaved, both at Bassetlaw District General Hospital and one to one support in the community.

Bassetlaw Hospital, Blyth Road, Worksop, Notts, S81 0BD

Telephone: 01909 502779

DYING MATTERS

We're here for people in the last years of life, their families, carers and friends. We offer links to local services, information and a supportive online community.

Website: www.dyingmatters.org/

NOTTINGHAMSHIRE BEREAVEMENT TRUST

118 Skegby Lane, Mansfield, Nottinghamshire, NG19 6PG

Email: johnataylor@stoneycroft118.freeserve.co.uk

The trust provides help, comfort and sympathy to bereaved people via a freephone helpline (0800 435 455) every evening between 6pm and 10pm. An Asian Language Helpline is available (0800 9177 416)

WHERE CAN I GET A WHEELCHAIR?

SHOPMOBILITY

Provides scooters, power chairs and manual chairs

Retford - Chancery Lane Car Park Telephone: 01777 705432

Tuesday - Saturday 9 - 4pm

Worksop - Priory Centre Car Park Telephone: 01909 479070

Monday - Saturday 9 - 4pm

DIAL A TRIP IN TUXFORD

Scooters, self-propelled and assistant aided wheelchairs available on short term loan, once registered with the scheme.

Other walking aids and equipment on request.

Dial a Trip is situated in the Mine of Information Tuxford and open Monday to Thursday 9:30 - 4:30pm and Friday 9:30 - 12:30pm.

Telephone: 01777 872501 dialatrip@tuxfordonline.co.uk

www.tuxfordonline.co.uk then click community transport.

CARE MATTERS IN RETFORD

3 New Street Retford DN22 6EG

Telephone: 01777 708595

PARKGATE MOBILITY WORKSOP

38-40 Eastgate Worksop S80 1RF

Telephone: 01909 478200

FOR A PERMANENT WHEELCHAIR

(An assessment is required) Single Point of Access (S.P.A) Telephone: 01777 274422

WHO CAN HELP ME TO MANAGE MY LONG TERM CONDITION?

BASSETLAW SELF HELP LINK

Contact: Dave Bacon on 01777 709650

Email: dbacon@bassetlawactioncentre.org.uk

The Self Help Link is part of the Retford Community Link. Our aim is to offer support to the following:

- existing Self-Help groups and contacts
- people who are hoping to start a new Self Help group
- individuals acting as a Self Help contact
- people wishing to share their experiences
- people who would like some help and support

BOUNDARY RESOURCE CENTRE

Watson Road, Worksop S80, 2BL

Telephone: 01909 533800

We provide day care services for people with enduring mental health problems. We offer group and individual support.

MEARS CARE LTD

4 Glasby Square, Retford, DN22 6EP

Telephone: 01777 700539

Website: http://www.mearsgroup.co.uk/

Private homecare and support services for the elderly and people with learning difficulties across

Bassetlaw.

STAYING WELL EXPERT PATIENTS PROGRAMME

The Staying Well Expert Patients Programme is a six-week course for anyone living with a long-term health condition. Its aims are to help you take control of your health by learning new skills to manage your condition better on a daily basis. Each session lasts for two and a half hours and is facilitated by trained tutors who are themselves living with a long-term condition. The Staying Well programme complements existing health care programmes and treatments, empowering participants to be more informed and better able to develop partnerships with their medical practitioners.

Topics covered by the programme:

- Dealing with pain and extreme tiredness
- Coping with feelings of depression
- Relaxation techniques and exercise
- Healthy eating
- · Communicating with family, friends and professionals
- Planning for the future

Contact Dave or Anita on 01777 709650

Email: dbacon@bassetlawactioncentre.org.uk
Website: www.bassetlawactioncentre.org.uk

INFORMATION PERESCRIPTIONS NOTTS

An Information Prescription is a special kind of prescription which provides information, rather than tablets or medicines for patients and carers seeking information and support around Long Term Conditions.

Website: www.nottsinfoscript.co.uk/

HOW CAN I GET SOME HELP WITH ADAPTATIONS AND SOCIAL CARE?

BASSETLAW ADULT AND SOCIAL CARE SERVICES CAN ARRANGE FOR ESSENTIAL HOME ADAPTATIONS

Other services include:

- Personal care within your own home
- Day care
- Help with discharge from hospital
- Meals At Home
- Disability Equipment

Telephone: County Contact 0300 500 80 80

HANDY PERSON ADAPTATION SERVICE (HPAS)

The service is to help the disabled or over 60 living across Nottinghamshire. The type of jobs will range from fitting hand rails and half steps to changing light bulbs and putting up shelves.

Adaptation jobs

Are jobs such as fitting grab rails, stair rails, half-steps and exterior hand rails which help you move around your home and stay steady on your feet, You can have up to £250 worth of adaptations supplied and fitted in a single job for the cost of £15

Handy person jobs

The other type of jobs are referred to as handy person jobs. There is a flat rate of £15 to the customer for the labour and you will be limited to up to four hours work. You will need to pay for the materials used, but the trader will be able to buy these on your behalf at the beginning of the job if you are unable to buy them yourself.

There are a few restrictions as follows:

- The adaptation jobs are free as we will meet the cost of adaptations up to £250 and the cost of labour involved. Complex cases will be referred onto the Occupational Therapy team for a full assessment.
- The service does not extend to gardening, decorating, or any job request that requires a specialist trader or is likely to exceed four hours of work.
- HPAS can only be used once in any three month period (unless a combination of adaptations and handyperson jobs are required in a single three month window)
- All jobs must be either preventative in nature (reduce the risk of a fall) or help you remain living independently in your home.

To apply for the handy person and adaptation service call the scheme co-ordinators on 0300 500 80 80 or email <u>practicalservices@nottscc.gov.uk</u>

WHERE CAN I GET SOME HELP AROUND THE HOME?

POPPY CALLS

Services include:

- Putting up shelves, curtain rails or grab rails
- Changing light bulbs and tap washers
- Fitting door and window locks and other security items
- Fitting and testing home smoke detectors
- Advice on energy saving measures
- Installing a care phone

- Moving furniture
- Hanging/repairing doors
- Maintenance of garden structures and sheds
- Decorating
- Hard standing and ramps for electric powered vehicles

To be eligible for this service you must have served in the Forces for at least 7 days, or be the dependant of someone who has served; this includes widows and widowers.

Telephone: 0800 032 0306

This service is free to people of all ages who meet with the above criteria of The Royal British Legion.

HOME SUPPORT SERVICE

Offers a range of services including

- Shopping
- Prescription collection
- Laundry
- Cleaning
- A sitting service
- Light meal preparation
- Escorted shopping and visits

This is a chargeable service please ring The Bassetlaw Action Centre for further details.

Telephone: 01777 709650

HANDY PERSON ADAPTATION SERVICE (HPAS)

The service is to help the disabled or over 60 living across Nottinghamshire. The type of jobs will range from fitting hand rails and half steps to changing light bulbs and putting up shelves.

Adaptation jobs

Are jobs such as fitting grab rails, stair rails, half-steps and exterior hand rails which help you more around your home and stay steady on your feet, You can have up to £250 worth of adaptations supplied and fitted in a single job for the cost of £15

Handy person jobs

The other type of jobs are referred to as handy person jobs. There is a flat rate of £15 to the customer for the labour and you will be limited to up to four hours work. You will need to pay for the materials used, but the trader will be able to buy these on your behalf at the beginning of the job if you are unable to buy them yourself.

There are a few restrictions as follows:

- The adaptation jobs are free as we will meet the cost of adaptations up to £250 and the cost of labour involved. Complex cases will be referred onto the Occupational Therapy team for a full assessment.
- The service does not extend to gardening, decorating, or any job request that requires a specialist trader or is likely to exceed four hours of work.

- HPAS can only be used once in any three month period (unless a combination of adaptations and handyperson jobs are required in a single three month window).
- All jobs must be either preventative in nature (reduce the risk of a fall) or help you remain living independently in your home.

To apply for the handy person and adaptation service call the scheme co-ordinators on 0300 500 80 80 or email <u>practicalservices@nottscc.gov.uk</u>

REFUSE COLLECTION

Telephone: 01909 534501

Bassetlaw District Council provides Assisted Refuse Collection for Elderly and Disabled Residents.

HOW CAN I GET OUT AND ABOUT?

BASSETLAW COMMUNITY CAR SCHEME

The Community Car Scheme is only available to Bassetlaw residents who are unable to access any other forms of public transport. The Scheme can be used to visit friends or social clubs, attend doctors and hospital appointments or maybe just go shopping. It is a door to door service; volunteer drivers will allow you one hour maximum from dropping off before returning you home. If you know you are going to be more than one hour, please state at time of booking as there will be an additional charge in this circumstance. In order to use the scheme you must register and become a member and a fee may apply.

Telephone: 01777 709650

Email: carscheme@bassetlawactioncentre.org.uk
Website: www.bassetlawactioncentre.org.uk

BASSETLAW COMMUNITY CAR SCHEME PLUS

The Community Car Scheme Plus is a new Peugeot Expert vehicle has been fully adapted for wheelchair users and offers a door to door service for people of all ages. For an affordable fare you can travel in safety and comfort to make those important appointments, get to work or simply socialise with friends. The vehicle is also able to carry a mobility scooter and up to 3 passengers. It is also filled with a Turney Seat that comes right out of the car enabling the passenger to sit on and be lifted into the vehicle; this will be particularly helpful for people with limited mobility.

Telephone: 01777 709650

Email: carschemeplus@bassetlawactioncentre.org.uk

Website: www.bassetlawactioncentre.org.uk

BASSETLAW DISTRICT COUNCIL - ACCESSIBLE TAXIS

Information regarding Taxi firms with wheelchair accessible vehicles is available.

Licensing Unit, Queens Buildings, Potter Street, Worksop, Notts S80 2AH

Telephone: 01909 533283

Email: amanda.webster@bassetlaw.gov.uk

Website: www.Bassetlaw.gov.uk

DIAL A TRIP AND DIAL A TRIP PLUS IN TUXFORD

Telephone: 01777 874919

Is a Social Car Scheme offering access to transport to those people unable to access public or private transport to get to doctors, dentist, social events etc. Once registered with the scheme we are only a phone call away, but do ask for 24 to 48 office hours' notice for bookings. We now have a special wheelchair accessible vehicle that will seat four plus one wheelchair seated person. It also has a special turning and lowering seat available for those who have difficulty accessing a vehicle.

Offices open Monday to Thursday 9:30 to 4:30pm and Friday 9:30 to 12:30pm

Telephone: 01777 874919 dialatrip@tuxfordonline.co.uk

www.tuxfordonline.co.uk then click community transport

BASSETLAW ACTION CENTRE COMMUNITY MINIBUS

This service is managed by Bassetlaw Action Centre and is a wheelchair friendly minibus offering community groups throughout the district, who may otherwise encounter difficulties when travelling, access to a flexible and affordable mode of transport. Any group wanting to take advantage of this opportunity is required to have obtained membership through the Bassetlaw Action Centre. Both annual and day memberships are available. We also offer a wide range of Day Trips open to the general public

Here is a list of the future Minibus trips:

May 2014

Thursday 1st Yorkshire Wildlife Park cost £12.00 (plus £10 entrance fee to be paid on the day) Monday 5th Bakewell cost £16.00 Thursday 8th Skegness cost £13.50

Monday 12th Brigg Garden Centre cost £10.00

Thursday 15th Rufford Park cost £6.50

Tuesday 20th Skegness cost £13.50

Monday 26th Bakewell cost £16.00 Wednesday 28th Whitby cost £19.50

June 2014

Thursday 5th Dukeries, Welbeck Estate cost £8.00

Tuesday 10th Skegness cost £13.50

Monday 16th Bakewell cost £16.00

Wednesday 18th Scarborough cost £17.00

Wednesday 25th Yorkshire Wildlife Park cost £12.00 (plus £10 entrance fee to be paid on the day)

July 2014

Friday 4th Brigg Garden Centre cost £10.00

Wednesday 9th Mabelthorpe cost £12.00

Wednesday 16th Skegness cost £13.50

Wednesday 23rd Dukeries, Welbeck Estate cost £8.00

Monday 28th Bakewell cost £16.00

Wednesday 30th Whitby cost £19.50

August 2014

Thursday 7th Bridlington cost £17.00 Wednesday 13th Skegness cost £13.50 Friday 15th Holmfirth cost £14.00 Friday 22nd Brigg Garden Centre cost £10.00 Wednesday 27th Boundry Mill cost £15.00

September 2014

Monday 8th Bakewell cost £16.00 Wednesday 10th Skegness cost £13.50

We now have gift vouchers available to purchase why not treat your family or friends; they would make a great Christmas or Birthday present.

Booking and payment arrangements for day trips:

Payment is to be made at the time of booking for all day trips. Bookings that are not paid will only be held for 7 days. If a trip is shown to be fully booked you can put your name on a reserve list and we will contact you if a place becomes available. Payment can be made by cash, debit/credit card over the phone or in person or by cheque, payable to **Bassetlaw Action Centre.** Monies paid will be non-refundable, unless we can re-book your place.

Booking and payment arrangements for short breaks:

A £35 deposit is to be paid at time of booking. The balance is due 8 weeks prior to date of travel. Bookings made within 8 weeks of date of travel will be required to pay in full at the time of booking. There will be a £25 single supplement on weeks away. Monies paid will be non-refundable, unless we can re-book your place. We strongly advise that you arrange appropriate travel insurance to cover the cost of your holiday.

WHERE CAN I GET TRAVEL INFORMATION?

TRAVELINE

Telephone: 0871 200 2233 www.traveline.org.uk

NATIONAL RAIL ENQUIRIES

Telephone: 08457 48 49 50 www.nationalrail.co.uk

FREE CONCESSIONARY TRAVEL SCHEME

Who is eligible?

From 6th April 2010 there will be a change in the age at which people qualify for a concessionary pass. The change is linked to equalising the pension age of men and women to 65. People who reach

the age of 60 before 6 April or qualify on grounds of disability are not affected by this change. To qualify you must be a resident in England.

When can you use your pass?

The National Concessionary Pass allows you to enjoy free off-peak travel on local buses anywhere in England. The national free entitlement operates between 9.30am and 11.00pm Monday to Friday and all day at weekends and on public holidays.

How do you apply for your travel pass and how much does it cost?

The concessionary travel passes are initially free of charge, however if you lose your pass a fee may be charged for the replacement.

Telephone: 0300 500 80 80

TRANSPORT TO HEALTH

This service provides a hotline that helps people with problems accessing transport in Bassetlaw to travel to health facilities such as hospitals, GP surgeries or pharmacies is growing in popularity. The service, known as Transport to Health provides personalised travel plans to access health services, information on public transport, community transport, Dial-a-Ride and accessible taxis as well as advice on criteria to access ambulance services. Lines are open from 8am to 8pm Monday to Friday, 8am to 12noon Saturday. Calls cost 3p per minute from landlines, mobile phone rates may vary.

Telephone: 08449 800014

WHO CAN TELL ME ABOUT LOCAL GROUPS AND CLUBS?

For a list of groups and clubs in your area contact the following organisations:

BASSETLAW ACTION CENTRE

Bassetlaw Action Centre is a Community Resource Agency linking individuals and organisations with help and support.

Canal Street, Retford, DN22 6EZ

Telephone: 01777 709650

Email: enquiries@bassetlawactioncentre.org.uk
Website: www.bassetlawactioncentre.org.uk

BCVS - BASSETLAW COMMUNITY AND VOLUNTARY SERVICE

BCVS@ThePriory, The Old Abbey School, Priorswell Road

Worksop, Notts, S80 2BU Telephone: 01909 476118

Fax: 01909 484141

Email: partnershipadmin@bcvs.org.uk

Website: www.bcvs.org.uk

BCVS encourages community initiatives and involvement, community information and networking as well as offering practical help to local organisations working in partnership to maximise potential.

TUXFORD MINE OF INFORMATION

The Mine of Information is a Community Resource Centre with access to information for individuals and organisations looking for help and support.

Offices open Monday to Thursday 9:30 - 4:30pm and Friday 9:30 - 12:30pm

Telephone: 01777 870040 moi@tuxfordonline.co.uk www.tuxfordonline.co.uk

WHAT HEALTHY ACTIVITIES/LEISURE SERVICES ARE AVAILABLE?

BASSETLAW DISTRICT COUNCIL - PARKS AND OPEN SPACES

To Rent a Council Owned Allotment

Telephone 01909 533488

Email: parks@bassetlaw.gov.uk

BASSETLAW - STEP 2 IT

Evening Health Walks are April – September Daytime Health Walks are All Year

Andy's Café, Langold Lake Wednesdays 10am

Kilton Forest Golf Course Mondays 6.30 pm

Thursdays 10.00 am

Retford Leisure Centre Tuesdays 10.00 am

Wednesdays 6.30 pm

BIRCOTES LEISURE CENTRE

Whitehouse Road, Bircotes, Doncaster, DN11 8EF

Telephone: 01302 743979

Facilities:

20m Swimming Pool

2 Squash Courts

MUGA – Multi-Use Games Area/Outside Pitch

Sports Hall (4 Badminton Courts/Aerobics)

- Fitness Suite
- Sauna
- Dance Studio/Conference Room

DUKERIES - Step 2 it

All year round - Thursday at 10.00 am from Kilton Forest Golf Course April to September - Monday at 6.30 pm from Kilton Forest Golf Course

Telephone: Malcolm 07599 340551

RETFORD LEISURE CENTRE

Old Hall Drive, Retford, DN22 7EA

Telephone: 01777 706500

Facilities:

- 25 metre Swimming Pool
- 12 metre Training Pool
- Fitness Suite
- Aerobic Studio
- Conference Room

- Steam Room
- Sauna
- Viewing balcony
- Vending Area

RETFORD - STEP 2 IT

Health walks start from Retford Leisure Centre every Tuesday at 10.00 am and from April to September on Wednesday evenings at 6.30 pm.

Telephone: Tony Bell 01777 702204

WORKSOP – CLUMBER PARK CYCLEABOUT

Starts at 10.30 am from the cycle hire building (near the main car park) at Clumber Park.

19th April 2014 17th May 2014 14th June 2014 19th July 2014

16th August 2014 20th September 2014 18th October 2014 15th November 2014

20th December 2014

WORKSOP - CLUMBER PARK PUSHABOUT

Buggy walks aimed at parent or carers of babies and toddlers Starts at 10.00 am from the Clock Tower (near main facilities) at Clumber Park.

9th April 2014 30th April 2014 14th May 2014 28th May 2014
11th June 2014 25th June 2014 9th July 2014 30th July 2014
13th August 2014 27th August 2014 10th September 2014 24th September 2014

13th August 2014 27th August 2014 10th September 2014 24th September 2014 8th October 2014 29th October 2014 12th November 2014 26th November 2014

10th December 2014 31st December 2014

WORKSOP - CLUMBER PARK LADIES WEDNESDAY EVENING WALK

Starts at 7:30 pm - 8:30 pm at Clock Tower at Clumber Park

16th April 2014 21st May 2014 18th June 2014 16th July 2014

20th August 2014 17th September 2014 15th October 2014

WORKSOP LEISURE CENTRE

Valley Road, Worksop, S81 7EN Telephone: 01909 473937

Facilities:

- 25 metre Swimming Pool
- 12 metre Training Pool
- Fitness Suite
- Aerobic Studio
- Conference Room

- Steam Room
- Sauna
- Viewing balcony
- Vending Area

BASSETLAW DISTRICT COUNCIL SPORTS DEVELOPMENT TEAM

Telephone: 01909 534523

The Team supports local clubs that offer activities for the older generation i.e. bowls clubs. Activities include Health Walks and Seated Exercise that are based at leisure centres, sports clubs, parks and community venues

Venue: Worksop - North Notts Community Arena Eastgate, Worksop, Notts. S80 1QS		
Activity	Day/Time	Contact
Venue		01909 480164
Active @ Arena, (boccia, new age kurling)	Monday 11.15am to 2.15pm	
Heartbeatz Group Exercise sessions to aid cardiac rehabilitation with instructor	Tuesday 12.30 to 1.30pm Thursday 2pm to 3 pm	Jean Kirby
50+-Activity Group Indoor bowls, badminton, snooker and table tennis	Thursday 10.30am to 1pm	Mr Lee
Heartbeatz Group Exercise sessions to aid cardiac rehabilitation with instructor	Thursday 12.30pm to 1.30pm	Jean Kirby

WHERE CAN I FIND GP REFERRAL OR CARDIAC REHABILITATION EXERCISE CLASSES?

BIRCOTES LEISURE CENTRE

Telephone: 01302 743979

RETFORD - LEISURE CENTRE

Telephone: 01777 706500

Monday 08:00 - 08:45am - Aqua Fit

Tuesday 12:45 - 13:30pm - Chair Based Exercise Class

Wednesday 14:00 - 15:00pm - Cardiac Rehabilitation Exercise Class

WORKSOP - LEISURE CENTRE

Telephone: 01909 473937

Thursday 11:30 - 12:30am - GP Referral Exercise Class Thursday 11:30 - 12:15pm - Cardiac Rehabilitation Exercise

Contact your doctor about joining the G.P. Referral or Cardiac Rehabilitation Scheme. Alternatively speak to the Leisure Centre's GP Referral Staff.

WHERE CAN I FIND HELP TO STOP SMOKING?

BASSETLAW STOP SMOKING SERVICE

Telephone: 0800 328 8553 www.smokefree.nhs.uk

WHAT IS ABUSE OR MISTREATMENT?

Abuse or mistreatment can be many things.

Physical including hitting, slapping, punching, kicking or the misuse of medication on someone.

Sexual including rape or sexual assault acts which the person has not consented to. It may be non-contact such as teasing or being photographed.

Psychological including threats, humiliating someone, controlling or intimidating.

Financial including stealing or tricking the person out of money or material possessions like their house or jewellery.

Discriminatory including racist, sexist, that is based on a person's disability and other forms of harassment.

Neglect is also a form of abuse - leaving someone without food or heating, refusing to take care of personal needs and failing to provide access to appropriate health and social care may all be forms of neglect.

NOTTINGHAMSHIRE WOMEN'S AID

The Farr Centre, Chapel Walk, Westgate, Worksop, S80 1LR. Telephone: 01909 533610.

Email: enquiries@nottswa.org
Website: www.nottswa.org **24 hour Freephone Helpline**Telephone: 0808 800 0340

S.H.E (Survivors helping each other)

Self-help support and information for adult survivors of childhood sexual abuse.

Contact: Hannah Harris Telephone: 01636 611107

Email: <u>survivors-helping-each-other@hotmail.co.uk</u> Website: www.survivors-helping-eachother.co.uk

VICTIM SUPPORT SCHEME

We are the national charity giving free and confidential help to victims of crime, witnesses, their family, friends and anyone else affected across England and Wales. We also speak out as a national voice for victims and witnesses and campaign for change.

We are not a government agency or part of the police and you don't have to report a crime to the police to get our help. You can call us any time after the crime has happened, whether it was yesterday, last week or several years ago.

We have offices throughout England and Wales and we run the Witness Service in every criminal court.

For help, support or advice call our East Midlands team now on 0300 303 1947.

Website: www.victimsupport.org.uk/

WHO CAN I HAVE A CHAT WITH WHEN I FEEL LONELY?

A CALL IN TIME

Telephone: 0844 225 0320

Call in Time is a FREE service where a trained volunteer could give you a friendly phone call once a week, on your preferred day, and at a time convenient to you, for a friendly chat to talk about just about anything you want to, from the weather to your favourite subject?

Contact: Caroline Reynolds Telephone: 0207 2391866

WORKSOP LIVE AT HOME SCHEME

64 Dadley Road, Carlton-in-Lindrick, Worksop, S81 9LU

Telephone: 01909 732488

Email: worksop.liveathome@btinternet.com

Website: mha.org.uk

THE SILVER LINE

The Silver Line is the only free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.

Telephone: 0800 470 80 90

Website: www.thesilverline.org.uk/

RVS TELEPHONE BEFRIENDING

RVS, The Priory, The Old Abbey School, Priorswell Road

Worksop, Notts, S80 2BU Telephone: 01909 476118 Email: bassetlaw@wrvs.org.uk

WHERE CAN I GET SOME SUPPORT WHEN I LEAVE HOSPITAL?

RVS HOME FROM HOSPITAL SCHEME

RVS, The Priory, The Old Abbey School, Priorswell Road,

Worksop, Notts, S80 2BU Telephone: 01909 476118 Email: bassetlaw@wrvs.org.uk

Support for the over 50's returning home from hospital. Service users can self-refer by Telephone or

email

HOME SUPPORT SERVICE

Offers a range of services including

- Shopping
- Prescription collection
- Laundry
- Cleaning
- A sitting service
- Light meal preparation
- Escorted shopping and visits

This is a chargeable service please ring The Bassetlaw Action Centre for further details.

Telephone: 01777 709650

WHO CAN TELEPHONE ME ABOUT VOLUNTEERING OPPORTUNITIES?

AMBASSADORS - VOLUNTEER CENTRES NOTTINGHAMSHIRE

Community House, 36 Wood Street, Mansfield, Notts, NG18 1QA

Telephone: 01623 651177

Email: marloni@volunteeringnotts.co.uk

We promote volunteering and work to recruit older people into volunteering

BCVS INVOLVE

BCVS@ThePriory, The Old Abbey School, Priorswell Road

Worksop, Notts, S80 2BU Contact: Allison Palmer

Telephone: 01909 476118 ext 23, Fax: 01909 484141

Website: www.bcvs.org.uk.

If you are interested in becoming a volunteer and would like to find out what opportunities are

available please contact us.

THE BASSETLAW ACTION CENTRE VOLUNTEER DRIVING OPPORTUNITIES

Bassetlaw Community Car Scheme

If you enjoy driving and meeting people and are looking to help the local community, you are the ideal person to be a volunteer driver. Any amount of time that you are able to give to the scheme is welcomed, even an hour or two each week. We are all part of a friendly team and drivers help and support each other in addition to receiving support and training from the staff at The Bassetlaw Action Centre. We do not put any pressure on our drivers and are grateful for any amount of time that they are able to give to the Car Scheme. Many clients have managed to remain independent because of the valuable help they have received from our volunteer drivers. We pay 45p per mile for every mile that you drive on behalf of the scheme.

Bassetlaw Community Car Scheme Plus

We are also looking for drivers for our Community Car Scheme Plus vehicle. This vehicle has been fully adapted for wheelchair users and offers a door to door service for people of all ages. The vehicle is also able to carry a mobility scooter and up to 3 passengers. It is also filled with a Turney Seat that comes right out of the car enabling the passenger to sit on and be lifted into the vehicle; this will be particularly helpful for people with limited mobility. We provided all training for this vehicle which will help individuals to travel in safety and comfort to make those important appointments, get to work or simply socialise with friends for an affordable fare.

Bassetlaw Community Minibus

We are always looking to add to our bank of volunteer drivers for the minibus at the Bassetlaw Action Centre. The minibus has the facilities to enable wheelchair users to board and alight using a passenger lift and specialist equipment to secure both the user and their wheelchair. All our drivers undergo an enhanced CRB check and MiDAS training.

If you are interested in becoming a volunteer driver for the Community Car Scheme, Community Car Scheme Plus or Community Minibus or have any questions about any of the Schemes.

Contact: Bassetlaw Action Centre Canal Street, Retford, Notts, DN22 6EZ

Telephone: 01777 709650

Email: enquiries@bassetlawactioncentre.org.uk

HOW CAN I LEARN NEW SKILLS?

NORTH NOTTS COLLEGE:

Contact address below for details of available adult courses.

Website: www.nnotts-col.ac.uk/

Contact Us

You can choose to contact the College by email, phone, fax or post. Whichever way you choose, our staff will be pleased to help and will get back to you as soon as possible.

Student Services

Student Services can help with course enquiries, financial support and general advice and guidance.

By Email: contact@nnc.ac.uk.Telephone: 01909 504500

Main College

Telephone: 01909 504504

Fax: 01909 504505

By Post:

North Notts College Carlton Road Worksop Nottinghamshire S81 7HP

TUXFORD MINE OF INFORMATION

The Mine is able to host various courses throughout the year, through outreach tutors from local colleges, depending on the need of the public. As a UK Online Centre we are able to offer training on computers in how to use the internet and emailing and many other courses, all FREE of CHARGE. 01777 870040

moi@tuxfordonline.co.uk www.tuxfordonline.co.uk

WORKERS EDUCATION ASSOCIATION (WEA)

Training courses available from the WEA are:

Crafts

Craft and Card making on Mondays 9:30 – 11:30am for 7 weeks starting 10th April 2014 at Grove Street Methodist Church Hall Retford.

English and Maths

Improve your Maths Monday 10:00 – 12noon for 7 weeks starting 12th May 2014 at Bassetlaw Action Centre

Improve your English and Maths on Tuesday 6:00 – 8:45pm for 17 weeks starting 25th February 2014 at Misterton Primary School.

Improve your English on Tuesday 1:00 – 3:00pm for 11 weeks starting 22nd April 2014 at The Crossing, Worksop

Improve your English on Thursday 1:00- 3:00pm for 11 weeks starting 24th April 2014 at Retford Library.

For further information on English, Maths and Crafts courses please contact Julie on 01246 278623

Computer Skills

Move on with IT on Tuesday 1:00 – 3:00pm for 11 weeks starting 29th April 2014 at Bassetlaw Action Centre.

Computers for Beginners on Wednesday 9:30 – 12:00pm for 9 weeks starting 23rd April 2014 at Bassetlaw Action Centre Move on with IT on Wednesday 1:00 – 3:00pm for 11 weeks starting 23rd April 2014 at Bassetlaw Action Centre

. Computer Skills Workshop on Thursday 10:00am – 12:00pm for 11 weeks starting 24th April 2014 at Bassetlaw Action Centre

Computer Skills Workshop on Thursday 1:00 – 3:00pm for 11 weeks starting 24th April 2014 at Bassetlaw Action Centre

For further information on Computer Skills courses contact WEA Mansfield office on 01623 427352. To book a place on IT courses at Bassetlaw Action Centre call the Centre direct on 01777 709650

WHAT SUPPORT SERVICES ARE AVAILABLE IN RURAL AREAS?

BASSETLAW DISTRICT COUNCIL RURAL CONTACT

Councillor Hazel Brand is the Rural Champion and can be contacted on 01427 891376 or email hazel.brand@bassetlaw.gov.uk

Stephen Brown, Senior Manager Support Services, is the contact for information on rural issues including Parish Councils. He is available on 01909 533767 or email steve.brown@bassetlaw.gov.uk

LANGOLD CENTRE

The Village Hall, Markham Rd, Langold, Worksop, Nottinghamshire, S81 9SW

Telephone: 01909 732904

THE MISTERTON CENTRE

31 High Street, Misterton, Doncaster, DN10 4BU

Telephone: 01427 891659/ reception 01427 891872

Email: themistertoncentre@btconnect.com Website: www.mistertonvillage.org.uk

NATIONAL ASSOCIATION OF LOCAL COUNCIL NOTTINGHAMSHIRE BRANCH

Nottinghamshire Association of Local Councils, Minister Chambers,

Southwell, Notts, NG25 0HP

Countywide Branch - Secretary Lynda Ogilvie

Telephone: 01636 816890 Lynda.ogilvie@nalc.org.uk

Bassetlaw Branch Chairman - Councillor Hugh Burton

Telephone: 01427 880751, Email: hugh.burton@bassetlaw.gov.uk

TUXFORD MINE OF INFORMATION

The Mine of Information is a Resource Centre offering a range of services and signposting to the general public including:

- Blue Badge application and renewal via video conference
- Bus Passes via video conference
- Police Surgeries once a month
- Traffic and Travel information including bus time tables
- Employment opportunities
- General enquiries
- Town Council enquiries
- County and District council enquiries
- Citizens Advice Bureau
- A1 Housing officer
- District Council customer services

2 Market Place, Tuxford, Newark, Nottinghamshire, NG22 0LA

Telephone 01777 870040

moi@tuxfordonline.co.uk

www.tuxfordonline.co.uk

WHERE CAN I FIND GENERAL INFORMATION ABOUT SERVICES FOR OLDER PEOPLE?

BASSETLAW ACTION CENTRE

Bassetlaw Action Centre is a Community Resource Agency linking individuals and organisations with help and support

Canal Street, Retford, DN22 6EZ

Telephone: 01777 709650

Email: enquiries@bassetlawactioncentre.org.uk
Website: www.bassetlawactioncentre.org.uk

NOTTS 50PLUS

Notts 50plus is a partnership working to improve the quality of life for people over 50 in Nottinghamshire. Notts 50plus aims to increase choice and control for people over 50 by:

- Promoting independence, health and well-being
- Improving access to information, opportunities and services.

They are developing new services to help people aged 50 plus and living in Nottinghamshire stay independent, active and healthy.

Notts50plus.co.uk provides information on services, activities, and organisations in Nottinghamshire aimed at the over 50's.

www.notts50plus.co.uk/

DOES THE COUNCIL PROVIDE FINANCIAL SUPPORT FOR COMMUNITY GROUPS?

Each District Councillor is allocated a small budget and has the discretion to award grants to community activities that will benefit the community within their respective electoral ward areas. Councillors will consider grant applications for sports; culture and heritage; environment and sustainability; social welfare; and community activities.

Unsuccessful applicants will be unable to reapply to the Councillor Community Grants scheme in the same year. Applications will only be accepted once the activity has been discussed with the ward member of Bassetlaw District Council.

Funding for the following, are unlikely to be considered:

- Activities which cover an area that is the primary responsibility of another funding agency
- Additional funding from Bassetlaw District Council
- Activities that do not support Bassetlaw residents
- Activities that promote religious belief or political activities
- Civic events
- Expenses that have already been incurred or retrospective funding

For more information contact:

Your Ward Councillor, or Members Support, Bassetlaw District Council, Queen's Buildings, Potter Street, Worksop, Notts, S80 2AH. Telephone: 01909 533116.

WHERE CAN I FIND CONTACT DETAILS FOR MY LOCAL MP/COUNCILLOR?

For Members' Support, please contact 01909 533116 or email: stella.mitchell@bassetlaw.gov.uk

Further information is available on the Council website: www.bassetlaw.gov.uk/about_us/local_councillors.aspx