

# Seniors Directory



**BASSETLAW**  
DISTRICT COUNCIL  
NORTH NOTTINGHAMSHIRE

[www.bassetlaw.gov.uk](http://www.bassetlaw.gov.uk)

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The information in this directory was correct at the time of production – April 2015.

This document is printed annually and the updated version is available on the following websites:

<http://www.bassetlaw.gov.uk>   [www.bassetlawactioncentre.org.uk](http://www.bassetlawactioncentre.org.uk)   [www.bcv.s.org.uk](http://www.bcv.s.org.uk)

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## GROUPS & CLUBS IN BASSETLAW

### DISTRICT-WIDE

#### **AGE UK – NOTTINGHAMSHIRE**

Bradbury House, 12 Shakespeare Street,  
Nottingham, NG1 4FQ  
Telephone: 0115 8440011

Website: [www.ageuk.org.uk/notts](http://www.ageuk.org.uk/notts)

Main contact for local Age Concern Groups

Advice and information, welfare rights support for local groups, Day Centres for the elderly and mentally ill, luncheon clubs and Age Well Groups. Support and training volunteers working within the groups.

#### **AGE CONCERN – HARWORTH AND BIRCOTES**

Contact: Hilary Jones (Organiser)

Telephone: 07790 230673

Luncheon club, coffee shop, information and signposting.

#### **ALZHEIMER'S SOCIETY - BASSETLAW**

The Centre, Northumberland Avenue, Costhorpe, Worksop, Nottinghamshire, S81 9JP

Office Telephone: 01909 730886. Dementia Support Worker 01909 540354

Website: [www.alzheimers.org.uk](http://www.alzheimers.org.uk)

Email: [bassetlaw@alzheimers.org.uk](mailto:bassetlaw@alzheimers.org.uk)

The society aims to increase awareness of dementia in all communities. We also provide help, support and information to people living with dementia and their carers, relatives and friends. For further information on support groups in the area please call 01909 730886

The Society also runs Dementia Café's in Costhorpe and Retford on a monthly basis. They run a group called singing for the brain at the Oasis Community Centre Kilton Youth Centre, Longfellow Drive, Worksop, Nottinghamshire, S81 0DE which runs from 1:30pm till 3pm every other Tuesday starting on 21<sup>st</sup> April 2015

#### **AURORA WELLBEING CENTRE – WORKSOP**

The Aurora Wellbeing Centre is open Monday-Friday. We encourage you to come along and see what we do, visit our tearooms and enjoy a selection of refreshments, or browse our charity shop and pick up a bargain. We offer a great range of services and programmes for the community. We also have information, help and advice services for more information contact us at:

The Old Library Building, Memorial Avenue, Worksop, S80 2BP

Telephone: 01909 470985

Website: [www.aurorawellbeing.org.uk](http://www.aurorawellbeing.org.uk)

Email: [admin@aurorawellbeing.org](mailto:admin@aurorawellbeing.org)

# GROUPS & CLUBS IN BASSETLAW

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## **BASSETLAW – ASTRONOMICAL SOCIETY**

Gateford Park Primary School, Amherst Rise, Worksop, S81 7RG

Telephone: 01909 480939

Or Contact the Chairman: 01777 702800 or 07512 857667

Website: <http://bassetlawastro.btck.co.uk/>

Email: [info@bassetlawastro.org.uk](mailto:info@bassetlawastro.org.uk)

Fortnightly Wednesday 8.00pm – 10 pm

Membership: £12.00 pa, £6.00 pa for the usual concessions

## **BASSETLAW LEARNING DISABILITY ASSOCIATION**

Stephen House, 40 Chapelgate,

Retford, DN22 6PJ

Telephone: 01909 473923

Email: [janharding@bmrfe.fsnet.co.uk](mailto:janharding@bmrfe.fsnet.co.uk)

Bassetlaw Learning Disability Association runs social clubs for adults with a learning disability on Monday evening at the Crossing in Worksop and on Thursday evenings at Stephen House in Retford. For advice contact Jan Harding on 01909 473923.

We also hire our Retford premises out to specialist groups.

## **BASSETLAW – MIND – ASSOCIATION FOR MENTAL HEALTH LIMITED**

The MIND Building, 6 Hardy Street, Worksop, S80 1EH

Telephone: 01909 476075

Email: [hello@bassetlawmind.org.uk](mailto:hello@bassetlawmind.org.uk)

Support and friendship to people experiencing mental health problems, free confidential services include befriending: support group, one to one counselling, and information/advice on mental health issues.

## **BASSETLAW – PARKINSONS UK**

They meet on the first Tuesday of every month at Worksop Cricket Club and they aim is to offer their hand of friendship and support for people with Parkinson's

Worksop Cricket Club

Central Avenue

Worksop

S80 1EN

## **CARER SUPPORT GROUP**

Mental Health Department, Bassetlaw Hospital, Worksop, S81 0BD

Contact: Lauren Medlam

Telephone: 01909 502025

Aims to bring together carers and families for discussion and to support each other over matters concerning mainly short-term care.

The group runs the first Tuesday of every month at 1:30pm, it is held at Bassetlaw Hospital, Mental Health Department and it is free of charge.



## INDEPENDENT AGE UK

We provide an information and advice service for older people, their families and carers, focusing on social care, welfare benefits and befriending services. This is integrated with local support, including one-to-one and group befriending schemes.

Telephone: 0800 319 6789

Website: [www.independentage.org/](http://www.independentage.org/)

Email: [charity@independentage.org](mailto:charity@independentage.org)

## LOST CHORD

Lost Chord was founded by our Chief Executive Helena Muller in 1999. From its earliest beginnings with 11 residential homes in Rotherham, Lost Chord has expanded into many parts of South Yorkshire, North Nottinghamshire and Derbyshire, with satellite schemes in London, Cardiff, Coventry, Bury St Edmunds and Ipswich.

Lost Chord produces more than 1300 interactive musical sessions a year in more than 120 settings, designed to stimulate responses from People with Dementia through the media of music, song and dance.

Contact: Helena Muller is the Founder and Chief Executive of Lost Chord

Telephone: 0779 0649 305

Email her on: [helena@lost-chord.org.uk](mailto:helena@lost-chord.org.uk)

Lost Chord office on 01709 811160.

## NOTTINGHAMSHIRE COMMUNITY CINEMA

Contact North Notts Community Arena

Telephone: 01909 480164

Email: [reception@nnca.org.uk](mailto:reception@nnca.org.uk)

Nottinghamshire Community Cinema uses portable cinema equipment to show films in areas where a cinema might not otherwise be available.

The scheme offers the opportunity for local venues to turn themselves into temporary cinemas so that communities across the county can enjoy films old and new at a friendly nearby venue.

## NOTTINGHAMSHIRE LIBRARIES

Contact your local library or the Nottinghamshire Library Service

Telephone: 0115 977 4401

Contact: Local Library Studies Section

Telephone: 01777 708724 / 01909 535353

Email: [contactlibraries@nottscc.gov.uk](mailto:contactlibraries@nottscc.gov.uk)

Website: [www.nottinghamshire.gov.uk/libraries](http://www.nottinghamshire.gov.uk/libraries)

Retirement can mean more time to do the things that you've always wanted to do, like learning to use a computer or tracing your family history. The Library Service offers you the opportunity to 'Try IT' with a friendly 1-to-1 session covering everything from the very basics to using the Ancestry website. They can help you to get started and can point you in the direction of useful resources available for free through libraries. Most libraries offer free training sessions, including how to use the internet to track down your ancestors and useful websites. Some family history training sessions are run by knowledgeable volunteers from the local community so, if you have an interest in genealogy and would like to share your knowledge with other people, please contact your local library.

## **PENSIONERS ASSOCIATION WORKSOP & DISTRICT**

Second Wednesday in the month

2pm - 4pm at The Crossing, Worksop, S80 2AT

Contact: Jackie Turner (The Chairman)

21 Carlton Avenue, Worksop, Notts, S81 7JY

Telephone: 01909 481620

The group have speaker come in, they arrange days out, festive parties and fundraising events.

It costs £1.50 each week, for raffle and a drink.

## **ROYAL AIR FORCE ASSOCIATION CLUB**

London Road Car Park, off London Road,

Newark, NG24 1TN

Telephone: 01636 707505

The club provides facilities and support to serving and former RAF personnel and their families, plus bunking rooms.

## **RETFORD - UNIVERSITY OF THE THIRD AGE (U3A)**

General meetings are held on the 4th Thursday of every month at The Well, Hospital Road, Retford from 1.30 pm - 3.30 pm. U3A is a learning co-operative which enables members to learn from each other by sharing their knowledge, skills and experience. There is no specific age limitation, but membership is restricted to those who are no longer in full-time employment. Annual membership is £20 which covers monthly general meetings and a wide variety of interest groups, such as Architecture, Gardening, Walking, Bridge, Luncheon Club and French. Social events and theatre visits are also arranged. Membership Secretary - Janet Shipley 01777 702580

Email: [retfordu3amembership@yahoo.co.uk](mailto:retfordu3amembership@yahoo.co.uk)

## **STROKE CLUB – WORKSOP & DISTRICT**

The Crossing, Newcastle Street, Worksop, S80 2AT

Contact: The Secretary

Telephone: 01909 487669

Email: [paulinehanson@talktalk.net](mailto:paulinehanson@talktalk.net)

Website: <http://www.stroke.org.uk/support/worksop-and-district-stroke-club>

First and third Thursday of the month from 6.45pm - 9.00pm

Counselling information and support to sufferers and carers. Help promote self-esteem and a sense of purpose and pleasure in life and encouraging motivation and independence. Have fellowship and fun together.

## **STROKE CLUB – RETFORD & DISTRICT**

Contact: Pat Newell

Telephone: 01777 703256

To help restore the confidence of stroke victims by means of social intercourse, entertainment, outings to places of interest. Also quiz games, side shows, talks and musical entertainment. We meet 2<sup>nd</sup> Thursday of each month 7.00pm – 9.00pm at Goodwin Hall, Retford.



# GROUPS & CLUBS IN BASSETLAW

## UNIVERSITY OF THE THIRD AGE - WORKSOP & DISTRICT U3A

The General meetings are held on the third Thursday of the month in St. Anne's Church Hall, Water Meadows, (off Newcastle Avenue), Worksop from 2pm - 4pm. (Car parking is available on site and there is a convenient bus service from and to the bus station, stopping on Newcastle Avenue, adjacent to the hall.)

Mary Mitchell (Membership Secretary)

Telephone: 01777 816258

Email: [tomkinsmitchell@aol.com](mailto:tomkinsmitchell@aol.com)

Web Site: [www.u3asites.org.uk/worksop](http://www.u3asites.org.uk/worksop)

## AREA SPECIFIC

### ASKHAM

#### ASKHAM PARISH ROOM

Top St, Askham, Newark, Nottinghamshire, NG22 0RP

Contact: Joanne Bloom

Telephone: 01777 839062

### BARNBY MOOR

#### BARNBY MOOR - VILLAGE HALL

Kennel Drive, Barnby Moor, Retford, DN22 8QU

Contact: Mrs Ann Fraser

Telephone: 01777 705906

#### Barnby Moor – Line Dancers

Wednesdays at 1:30pm – 3pm £3.00 per session including refreshments.

Qualified trainer who will cater for beginners.

Very friendly, happy group of 10-18 most times who are keen to welcome new participants.

#### Barnby Moor – Sequence Dancing

Monday evening 7pm – 9pm

Contact: Mrs Ann Fraser

Telephone: 01777 705906

Email: [Charles.fraser1@btinternet.com](mailto:Charles.fraser1@btinternet.com)

### BECKINGHAM - CUM - SAUNDBY

Venue: RECREATION ROOM The Green, Beckingham		
Activity	Day/Time	Contact
For the Venue		Sarah 01427 848204
Coffee Morning	Monday 10am – 11:30am	Mrs Clifton 01427 848294
Beckingham & Saundby Gardeners' Association	3 <sup>rd</sup> Monday of month 7pm	
Whist Drive	1 <sup>st</sup> & 2 <sup>nd</sup> Saturday of month 7.15 pm	
Friendship Group	Alternate Fridays 2pm - 4pm	Chair: Mrs Long 01427 848062

#### BECKINGHAM & SAUNDBY VILLAGE HALL

Southfield Lane, Beckingham

Telephone: 01427 848294

#### Prize Bingo

Alternate Thursdays 2pm - 4pm

# GROUPS & CLUBS IN BASSETLAW

## BECKINGHAM & SAUNDBY - HISTORY GROUP

The Willow Works  
Beckingham

Contact: Mrs Freda Proudly

Telephone: 01427 848226

Website: [www.beckingham-northnotts.org.uk](http://www.beckingham-northnotts.org.uk)

Meet last Thursday of the month at 7pm

## BECKINGHAM BOWLS CLUB - PENSIONERS LEAGUE

Bowling Green, Beckingham

The season runs from April - September

Contact: Roger Platts

Telephone: 01427 848559

## BIRCOTES

### BIRCOTES – SMILEY MILERS

Contact: Malcolm Funnell

Telephone: 07443 895969

Email: [malcfunnell@talktalk.net](mailto:malcfunnell@talktalk.net)

Meet 10am every Wednesday from Sports and Social Club, Scrooby Road

## BLYTH

### Venue: BARNBY MEMORIAL HALL

High Street, Blyth, S81 8EW

Activity	Day/Time	Contact
For the Venue	Samantha Brammer	07733 046266
Blyth Pre-School	Monday – Friday term time 9am - 12pm 12:50pm – 3:50pm	Sally Lewis 07563 627873
Blyth Kick Boxing	Monday 6pm – 7pm	Neil Smithyman 01623 468155

### Venue: BARNBY MEMORIAL HALL

High Street, Blyth, S81 8EW

Activity	Day/Time	Contact
Mothers Union	Second Tuesday of each month 2:30pm	Ann Henry 01909 591324
Blyth Handbell Ringers	Tuesday 7:30pm Upper Room	Mr Greenwood 01909 591322
Blyth Players	Thursday 7:30pm – 9:30pm	Deb Spencer 07708 191207
Women's Institute	First Thursday in each month	Mrs Josie Greenwood tel. 01909 591322 Mrs Marian Hall tel. 01909 591677

### BLYTH – HODSOCK SNOWDROPS

Hodsock Priory, Blyth, S80 0TY

Telephone: 01909 591204

Fax: 01909 591578

Email: [info@snowdrops.co.uk](mailto:info@snowdrops.co.uk) or

[ukgb@hodsockpriory.com](mailto:ukgb@hodsockpriory.com)

Website: [www.hodsockpriory.com](http://www.hodsockpriory.com)

Or [www.snowdrops.co.uk](http://www.snowdrops.co.uk)

Five-acre winter garden and woodland walks open throughout February 2016, daily 10am to 4pm

## BOTHAMSALL

### BOTHAMSALL VILLAGE HALL

6 Main Street, Bothamsall, DN22 8DT

Telephone: 01623 861579

# GROUPS & CLUBS IN BASSETLAW

## CARLTON – IN – LINDRICK

### Venue: CLEVELAND CLOSE COMMUNITY CENTRE

Cleveland Close, Rotherham Baulk, Carlton In Lindrick, Worksop, Notts, S81 9BG

Activity	Day/Time	Contact
Keep Fit	2 <sup>nd</sup> & 4 <sup>th</sup> Monday 9:45am – 11:45am	Mrs Fern 01909 569639
Movement to Music (over 60's)	Wednesday 2:30pm – 4pm	Mrs Boughton 01909 731564
Bowling Club	Thursday 2pm – 4pm	Elaine 01909 540433

### Venue: CARLTON-IN-LINDRICK CIVIC CENTRE

Carlton in Lindrick Civic Centre,  
Long Lane,  
Carlton in Lindrick,  
Worksop,  
S81 9AP

Phone: 01909 541127

Email: [enquiries@civiccentre.org.uk](mailto:enquiries@civiccentre.org.uk)

Website: <http://www.civiccentre.org.uk>

Activity	Day/Time	Contact
Action Sports	Wednesday 1:45pm – 3:15pm	
CLIC Computer Classes	Thursday 9:30am – 11:30am	

### GATEWAY COMMUNITY CENTRE

24-28 Sycamore Road, Carlton-in-Lindrick,  
Worksop, S81 9JQ

Telephone: 01909 730766

### Over 50's Bingo

Monday 1pm – 3pm

### LIVE AT HOME SCHEME

Ann Daniels Centre, 64 Dadley Road,  
Carlton-in-Lindrick, Worksop S81 9LU  
Please contact the Manager for information  
about membership.

Telephone: 01909 732488

Email: [worksop.liveathome@btinternet.com](mailto:worksop.liveathome@btinternet.com)

Activity	Day/Time
Luncheon Club & Games	Monday 12pm - 3pm
Lunch Club	Tuesday 12:00pm – 1:30pm
Coffee Morning/Bingo	Thursday 10:30pm - 12:30pm

### CARLTON-IN-LINDRICK – TAP DANCING

Methodist School Rooms  
High Road  
Carlton-in-Lindrick  
Worksop  
S81 9DT  
Telephone: 10am – 11am

### CARLTON-IN-LINDRICK – VINTAGE CLUB

Carlton Youth Club  
Lawn Road  
Carlton-in-Lindrick  
Worksop  
Snooker and Snacks Thursday 10am – 1pm

# GROUPS & CLUBS IN BASSETLAW

## CLARBOROUGH

**Venue: CLARBOROUGH VILLAGE HALL**  
Main Street, Clarborough, DN22 9LN  
Bookings 07530 532 185

Activity	Day/Time	Contact
Table Tennis	Monday 10am - 12noon	Pat Ward 01777 708969
Indoor Bowls	Monday 2pm - 4pm	Geoff 01777 703140
Women's Institute	2nd Monday in the month 7pm - 9pm	Lesley Baines 07967 191007
Senior Keep Fit	Tuesday 10am - 12noon (term time only)	Rosetta Gleaddon 01777 701648
I.T. Group	Tuesday 1:30pm - 3pm 3:15pm – 4:45pm (term time only) Wednesday 10am – 11:30am	Greg Herdman 01777 700918
U3A Table Tennis	Wednesday 2pm - 4pm	Heather Short 01777 704250
New Age Kurling	Wednesday 7pm - 9pm (alternate weeks)	Lesley Baines 07967 191007

**Venue: CLARBOROUGH VILLAGE HALL**  
Main Street, Clarborough, DN22 9LN  
Bookings 07530 532 185

Activity	Day/Time	Contact
Table Tennis	Friday 10am-12 noon	Thelma Britz 01777 948676
Gardening Club	Saturday 2pm - 4pm (1st Saturday in month)	Dorothy King 01777 707811

email: [clarboroughwelham@gmail.com](mailto:clarboroughwelham@gmail.com)

website: [www.cwitgroup.btck.co.uk](http://www.cwitgroup.btck.co.uk)

*we are keen to add further tutors to our team of 5, so if you like helping others, have some it skills (but are not an 'expert') and want to join a vibrant team, get in touch!*

## CLAYWORTH

### CLAYWORTH AND WISETON MEMORIAL HALL

Town Street, Clayworth, Retford, DN229AD

# GROUPS & CLUBS IN BASSETLAW

## COSTHORPE

**COSTHORPE CENTRE,**  
Northumberland Avenue, Costhorpe, Worksop,  
S81 9JP

Activity	Day/Time	Contact
Advocacy	Alternate Wednesdays 2pm - 4pm	Bassetlaw Alzheimer's Society 01909 730886
Memories Social Club	3 <sup>rd</sup> Thursday of the month 12:30pm – 3:30pm	Bassetlaw Alzheimer's Society 01909 730886
Step Inside Training	Information Sessions for Family Carers Thursday 10am – 11:30am for 6 Weeks	Bassetlaw Alzheimer's Society 01909 730886

## DUNHAM – ON – TRENT

**Venue: DUNHAM MILLENNIUM VILLAGE HALL**

Low Street, Dunham on Trent, Newark,  
NG22 0QQ

Activity	Day/Time	Contact
For the Venue		Neville Leach 01777 228483
Indoor Bowls	Monday 2pm – 4pm	
The Millennium Crafters	Third Tuesday of the month 10am - 1pm £4 including refreshments	Sharon Fishwick <a href="mailto:sharon.fishwick1@btinternet.com">sharon.fishwick1@btinternet.com</a> or Telephone 01777 228146

**Venue: DUNHAM MILLENNIUM VILLAGE HALL**

Low Street, Dunham on Trent, Newark,  
NG22 0QQ

Activity	Day/Time	Contact
Friendship Group	Wednesday 2pm – 4pm	Maurine Starmer 01777 228896
Bingo	Thursday 7pm -9:30pm	

## EAST DRAYTON

**EAST DRAYTON VILLAGE HALL**

Top Street, East Drayton, DN22 0LG

Contact: Mrs Chris Macintosh

Telephone: 01777 249127

**Keep fit**

Contact: Mrs Goddard

Telephone: 01777 248613

## EAST MARKHAM

**EAST MARKHAM VILLAGE HALL**

Lincoln Road, East Markham, Newark,  
NG22 0SS

Contact: Sue Evans

Telephone: 01777 871593

# GROUPS & CLUBS IN BASSETLAW

## ELKESLEY

### ELKESLEY MEMORIAL HALL

High Street, Elkesley, Retford,  
DN22 8AJ

Activity	Day/ Time	Contact
Bingo	Every other Wednesday from 7pm £5 for 4 games and refreshments	Pat Bragg 07880 255816
Elksley Feast- Car boot, children's games, raffle, tombola.	11 <sup>th</sup> July 2015	Pat Bragg 07880 255816

## EVERTON

### EVERTON VILLAGE HALL

Church Street, Everton, Doncaster,  
DN10 5AN

Activity	Day/ Time	Contact
For the Venue		Nigel Bush 01767 682251 Michael Flack 07802 844960
Gardening Club	2 <sup>nd</sup> Monday monthly 7pm	
Everton WI	3 <sup>rd</sup> Monday monthly 7pm	
Everton Players	Tuesday & Saturday 7pm	
Patchwork & Quilting Club	Tuesday 9:30am – 12pm	
Tai Kwando	Wednesday 4pm & Saturday 10am	
Zumba	Wednesday 7:30pm – 8:30pm	Sharon Gartland 07810 833526

### EVERTON VILLAGE HALL

Church Street, Everton, Doncaster,  
DN10 5AN

Activity	Day/ Time	Contact
Everton Playgroup - Cheeky Monkeys	Fridays 9:30am – 11:30am term time only cost of £2 per child £1 for under ones and additional siblings	

## GRINGLEY –ON – THE HILL

### GRINGLEY- ON- THE HILL COMMUNITY CENTRE

West Wells Lane, Gringley on The Hill, Notts,  
DN10 4QY

Activity	Day/ Time	Contact
Ballroom Dancing	Monday 7pm -8pm (beginners) 8pm – 9pm (intermediate)	Tel: 07900 853591
Senior Citizens Activities	Tuesday 2pm - 4pm every 2 <sup>nd</sup> and 4 <sup>th</sup> of the month	
W.I.	Wednesday 7:30pm 1 <sup>st</sup> Wednesday of the month	Tel: 01777 818823

## HARWORTH

### HARWORTH ARCHERY

Harworth and Bircotes Sports and Social Club  
Outdoor season meets at the above recreation ground starting the 03/05/14  
Tuesdays and Thursdays 6pm – 8pm  
Saturdays 10am – 12noon  
Amateur target archery club. Open to all.  
Offers beginners courses, have a go sessions and club shoots and competitions. Affiliated to



# GROUPS & CLUBS IN BASSETLAW

Archery GB, Notts Archery Society and East Midlands Archery Society.

Contact: Denise Carr

Tel: 01302 759353 Mobile: 07816260197

Email: [admin@harwortharchrs.com](mailto:admin@harwortharchrs.com)

Website: [www.harwortharchers.com](http://www.harwortharchers.com)

<b>Harworth &amp; Bircotes Methodist Church</b>		
Parish Hall, Waterslack Road, Bircotes, Doncaster		
<b>Activity</b>	<b>Day/ Time</b>	<b>Contact</b>
Flower Club	Monday 1pm – 3pm	
Age UK – Luncheon Club	Tuesday 11:30am – 2pm	Hilary Jones 07790 230673
Tuesday Club – Youth club	Tuesday 6pm – 7:30pm term time only	

## BEVERLEY ROAD COMMUNITY CENTRE

2 Beverley Road, Harworth, Doncaster, DN11 8HD

Contact: A1 Housing

Telephone: 0800 590 542

<b>DEVONSHIRE ROAD COMMUNITY CENTRE</b>		
2 Devonshire Road, Harworth, Doncaster, DN11 8JF		
<b>Activity</b>	<b>Day/Time</b>	<b>Contact</b>
Age Concern- Coffee Mornings	Monday, Thursday and Friday 8:45pm – 12:30pm	Mr Jones 07527 013613
Tenants & Residents Association	1 <sup>st</sup> Tuesday in month 10am – 12:30pm	Mrs Ridgeway 01302 746279
Bingo	Wednesday 1pm - 4pm	Mrs Turner 0130 745368
Women's Welfare	Thursday 6:30pm – 9:30pm	Mrs Whittaker 01302 745368

## HAYTON

### HAYTON VILLAGE HALL

Church Lane, Hayton, Retford, DN22 9LD

Contact: Mrs Page

Telephone: 01777 704575

## HEADON – CUM – UPTON

### HEADON CUM UPTON VILLAGE HALL

Church Street, Headon, Retford, DN22 0RD

Contact: Janet Landon

Telephone: 01777 248282

## LANEHAM

### LANEHAM MEMORIAL HALL

Main Street, Laneham, DN22 0NF

### ADULT CRAFT GROUP

Linda's Workroom, Main Street, Laneham

Alternate Fridays 7:30pm – 9:30pm £3

Contact: Linda Robinson

Telephone: 01777 228775

## LANGOLD

### LANGOLD CENTRE THE VILLAGE HALL, MARKHAM ROAD, LANGOLD, WORKSOP, NOTTINGHAMSHIRE S81 9SW

Telephone: 01909 732904

### AGEWELL - Monday 10am – 2pm

Telephone: 01909 732007

Bowls, bingo, dancing, keep fit, card making and outings. Over 50's club. Self-supporting.

# GROUPS & CLUBS IN BASSETLAW

## LOUND

### LOUND VILLAGE HALL

Town Street, Lound, DN22 8PT

Telephone: 07092 985831

Website: [www.suttonvillagehall.net/](http://www.suttonvillagehall.net/)

Email: [chair@suttonvillagehall.net](mailto:chair@suttonvillagehall.net) or  
[secretary@suttonvillagehall.net](mailto:secretary@suttonvillagehall.net)

Activity	Day/Time	Contact
Keep Fit	Monday 7pm – 8pm	
Table Tennis	Tuesday 1pm – 3pm	
Phoenix Group (EX WI)	3 <sup>rd</sup> Tuesday – 7:30pm	Maureen Holgate 01777 818231
Pilates	Thursday 10am – 11am	

## MATTERSEY

### MATTERSEY VILLAGES TOGETHER GROUP

The Meeting Room, Mattersey Church

Alternate Tuesdays 1:45pm – 3:45pm

This is a large and lively group of ladies that has a wide variety of activities, talks and visits.

Contact: Sue

Telephone: 01777 818880

Mobile: 07921 132889

## MATTERSEY THORPE

### Venue: COMMUNITY HOUSE

3 Cunningham Close, Mattersey Thorpe,  
Doncaster, DN10 5EN

Activity	Day/Time	Contact
For the Venue		01777 816397

### Venue: COMMUNITY HOUSE

3 Cunningham Close, Mattersey Thorpe,  
Doncaster, DN10 5EN

Activity	Day/Time	Contact
Bingo	Mondays 2pm – 4pm	
Computer Classes	Monday 7pm – 9pm	
Art and Drawing Class	Tuesday 9pm – 11am	
Information Day, Neighbourhood watch etc.	Friday Throughout the Day	

## MISSON

### MISSON COMMUNITY CENTRE

Vicar Lane, Misson, Doncaster,  
DN10 6EG

Contact: Mrs E Clifton

Telephone: 01302 710508

## MISTERTON

### MISTERTON METHODIST HALL & SCHOOL ROOM

High Street, Misterton, Doncaster

Contact: Jackie Bell

Telephone: 01427 890050

# GROUPS & CLUBS IN BASSETLAW

## MISTERTON BOOK CLUB

The Library, Misterton  
Meets 1st Tuesday of the month 7pm to 8:30pm. Members wanted, informal group to discuss all books as well as have an optional book of the month.  
Contact: Anne  
Telephone: 01427 810645

## IMPROVE YOUR ENGLISH & MATHS CLASSES

At Misterton Primary School  
Tuesdays 6pm – 8:45pm  
Contact: Norman Shaw  
Telephone: 01777 709650

## SWALLOW COURT LUNCHEON CLUB

Swallow Court, Hillside Road, Misterton  
Telephone: 01427 890484  
Wednesday 12noon – 1.30pm

## NETHER LANGWITH

### NETHER LANGWITH – VILLAGE HALL

Queens Walk, Nether Langwith, Nr Mansfield, NG20 9EW

### Nether Langwith Friendship Club

Meets every Monday 2pm – 4pm  
Contact: Secretary: Mrs Naylor  
4 Queens Walk, Nether Langwith, Nr Mansfield NG20 9EW  
Telephone: 01623 742615

## NORMANTON ON TRENT

### NORMANTON ON TRENT VILLAGE HALL

South Street, Normanton on Trent, Newark, NG23 6RQ

### Trent Welcome Club

Alternate Tuesdays 2pm – 4pm

## NORTH LEVERTON

### NORTH LEVERTON WITH HABBLESTHORPE SENIOR CITIZENS WEDNESDAY CLUB

North Leverton Chapel  
Alternate Wednesdays 1:30pm – 3:30pm  
Contact: Margaret Smith  
Telephone: 01427 880563

## NORTON & CUCKNEY

### VENUE: NORTON & CUCKNEY VILLAGE HALL

Norton Lane, Cuckney, Mansfield, NG20 9NR

Activity	Day/Time	Contact
For the Venue		Judith Reynolds 01623 842217 <a href="mailto:judith.reynolds1@talktalkbusiness.net">judith.reynolds1@talktalkbusiness.net</a>
History Club	2 <sup>nd</sup> Tuesday in Month	
Line Dancing	Wednesday 5:30pm – 7pm	
Garden Club	4 <sup>th</sup> Thursday in the Month	

## OLDCOTES

### OLDCOTES VILLAGE HALL

Maltby Road, Oldcotes, Worksop,  
Contact: Mr S Andrew  
Telephone: 01909 733492

# GROUPS & CLUBS IN BASSETLAW

## ORDSALL

**Venue: WESTHILL COMMUNITY CENTRE**  
Cheyne Walk, Ordsall, Retford, Notts

Activity	Day/Time	Contact
Tenants & Residents	3 <sup>rd</sup> Monday in the month 10am - 12noon	
Whist	Monday 1:45pm – 4:15pm Wednesday 6:15pm – 9:15pm	Mrs Spooner 01777 701430
OAP Art Class	Tuesday 1pm – 3pm	Mrs Spurdens 01777 707726
Bingo	Tuesday & Friday 6pm – 9pm	
Ladies Probus	2 <sup>nd</sup> Wednesday in the month 9:30pm – 12:30pm	Mrs Bradford 01777 708439
U3A Tai Chi	Thursday 10:45am – 12:45pm	Mr Lyon 01427 880877
Men's Probus	Friday Fortnightly 10am – 12noon	Robin Boeuf 01777 700204
Keep Fit	Friday 2pm – 3pm	Mrs Anderson 07971 027520
Solo	Last Saturday in the month 6.15pm – 9.15pm	Mrs Spooner 01777 701430
Oasis Christian Fellowship	Sunday 10am - 1pm	Mr Williams 07882797104

## RAMPTON

### RAMPTON VILLAGE HALL

Manor Drive, Rampton, Retford,  
Nottinghamshire, DN22 OJU  
Contact: Mrs Janet Lancaster  
Telephone: 01777 248396

### RAMPTON C&T

Church Hall, Rampton  
Monday & Tuesday 10am – 12 noon

## RANSKILL

### RANSKILL BOWLS CLUB

Bowls Club  
Station Road  
April – September  
Contact: Christine Welsh  
Telephone: 01777 818400

### RANSKILL INVESTMENT CLUB

Ye Olde Bell, Barnby Moor  
3<sup>rd</sup> Wednesday in the Month at 8.00pm  
Contact: Dave Smith  
Telephone 01777 818400

### RANSKILL MOTHERS UNION

The Church  
Monthly – Wednesday at 7.15 pm  
Contact: Pat Gill  
Telephone: 01777 818745

### RANSKILL SNOOKER CLUB

Reading Room, North Road  
Monday 7pm – 10pm  
September to May  
Contact: Peter Parkin  
Telephone: 01777 818852  
There is a yearly subscription and a charge to play snooker. Open to all ages.

# GROUPS & CLUBS IN BASSETLAW

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## **RANSKILL & TORWORTH WOMEN'S INSTITUTE**

Barnby Moor, Village Hall, Kennel Drive  
4<sup>th</sup> Tuesday of the month at 7.30 pm  
Contact: Pat Blatchford  
Telephone: 01777 818519

## **RETFORD**

### **BASSETLAW RESOURCE CENTRE**

The Buttermarket, Retford Town Hall, Retford  
Every Thursday 10am – 2pm  
Contact: Dave Bacon  
Telephone: 01777 709650

### **BIBLE RETFORD ROTARY CLUB**

Monday 6pm – 7pm  
Ye Olde Bell, Barnby Moor, Retford,  
DN22 8QS  
Contact: Club Secretary  
Telephone: 01427 884644  
Email: [brian.marchant4@btinternet.com](mailto:brian.marchant4@btinternet.com)

### **BLENDS**

The Well, Retford Baptist Church,  
Hospital Road, Retford, DN22 7BD  
Mondays at 10:15am - 12:15pm  
Telephone: 01777 702344  
Pop in café for Alzheimer's sufferers and their carers.

### **RETFORD – ANTIQUES CLASSES**

Grove Street Methodist Church  
Grove Street  
Retford  
Contact: Mr Peter Young  
Telephone: 01777 816609  
Website: [www.antiquesclass.com](http://www.antiquesclass.com)  
Wednesday 10am – 12 noon

### **RETFORD BOWLS CLUB**

Venue: Retford Park.  
For further details please contact Mr Paul  
Dyson (mid week captain) on 01777 703846 or

Mr Peter Johnson (Saturday captain) on 01777 700690  
Play bowls in local leagues and on a friendly basis.

### **RETFORD CIVIC SOCIETY**

Contact: Mr Turner  
Telephone: 01777 702929  
Email: [retfordcivicsociety@hotmail.co.uk](mailto:retfordcivicsociety@hotmail.co.uk)  
Website: [www.retfordcivicsociety.org.uk](http://www.retfordcivicsociety.org.uk)  
The Retford Civic Society is a non-political, conservation and amenity group that cares about Retford. The Society's aims are to protect the architectural and natural environment of Retford and to improve Retford's public amenities for present and future generations, whilst offering its members a varied and interesting social programme of events.

### **RETFORD DANCE CLASS**

The Old Court House  
Exchange Street  
Retford  
Tuesdays – 5pm – 6:30pm  
De Burnays School of Dance  
Contact: Julia Raza  
Telephone: 07891 601218

### **RETFORD & DISTRICT HISTORICAL & ARCHAEOLOGICAL SOCIETY**

Venue: Grove Street Methodist Church, Retford  
2<sup>nd</sup> Wednesday in the month 7.30pm  
September to May  
Lectures, outings, publications of local interest.  
Open lecture annually.

### **RETFORD & DISTRICT PHOTOGRAPHIC SOCIETY**

Every Monday 7.30pm from September to May  
at St Joseph's Church Hall, Retford  
Contact: The Secretary  
Telephone: 01777 862533  
Website: [www.retford-photographic.co.uk](http://www.retford-photographic.co.uk)

# GROUPS & CLUBS IN BASSETLAW

The Retford and District Photographic Society has presentations by expert photographers, competitions, practical and learning sessions to improve technique.

## RETTFORD ENCOUNTER

Venue: 26-32 Bridgegate, Retford, DN22 6LR  
Wednesdays at 2pm – 4pm  
Telephone: 01777 711377  
Email: [info@newliferetford.org.uk](mailto:info@newliferetford.org.uk)  
A fellowship group with excursions, visiting speakers, afternoon teas and more.

## RETTFORD GOLF CLUB

Brecks Road, Ordsall, Retford, DN22 7UA  
Playing and promoting the game of golf  
Telephone: 01777 703733

## RETTFORD GOODWIN HALL

Chancery Lane, Retford

### Drop in Centre

Monday – Saturday  
10am – 12.30 pm  
Contact: Mrs Pam Skelding  
Telephone: 01777 701103

**Venue: HALLCROFT COMMUNITY CENTRE**  
Randall Way, Hallcroft, Retford, Notts

Activity	Day/Time	Contact
Keep Fit	Monday 11am – 12 noon	Mrs Anderson 07971 027520
Hallcroft Memory Club	2 <sup>nd</sup> Wednesday of each month 10:30am – 12:30pm	Bassetlaw Alzheimer's Society 01909 730886
Whist Group	Wednesday 1:30pm – 4:30pm	P Marsh 01777 706473
50+ Bingo	Tuesday & Friday 2pm- 3:30pm	Mrs Horsfield 01777 860215

**Venue: HALLCROFT COMMUNITY CENTRE**  
Randall Way, Hallcroft, Retford, Notts

Activity	Day/Time	Contact
Bridge Club	Tues & Thurs 6:45pm – 10:45pm	Mr A Jiliott 01909 591706
Coffee morning	1 <sup>st</sup> & 3 <sup>rd</sup> Wed in the month 9:30am – 11:30am	Don Crlton 01777 701790
Canon Singers	Wednesday 7:30pm – 9:00pm	Mrs Cliff 01777 706316
Women's Institute	3 <sup>rd</sup> Thursday in the month 2pm - 5pm	Mrs Davis 01777 703527
Dancing	Friday 8pm - 10pm £1 entry	Mrs Mellors 01777 700820
Medium and Open meeting	Saturday 7pm – 10pm £3 donation with free refreshments.	Mrs Savage 01777 707985

## RETTFORD INNER WHEEL CLUB

Contact: Leah Wilcox  
Manvern Cottage  
Top Street  
North Wheatley  
Retford  
DN22 9DB  
Local community work / fund raising

## RETTFORD LENA SNOWDEN SINGERS

Hallcroft Methodist Chapel, Hallcroft Road,  
Thursday 7.30pm  
Contact: Pat Clayton  
Telephone: 01777 708253



# GROUPS & CLUBS IN BASSETLAW

## RETFORD LITTLE THEATRE

Wharf Road, Retford, DN22 6EN

Telephone: 01777 702002

Email: [boxoffice@rlt.org.uk](mailto:boxoffice@rlt.org.uk)

Website: [www.rlt.org.uk](http://www.rlt.org.uk)

## RETFORD 41 CLUB

1<sup>st</sup> Tuesday of the month

Contact: Mr G Muir

Telephone: 01427 880212

Social and charitable organisation.

## SAVOY SINGERS

Venue: St Michael's Church, Bridgegate

Monday 7:30pm

Telephone: 01777 704687

## RETFORD THE WELL COMMUNITY CENTRE

Hospital Road, Retford, DN22 7BD

Telephone: 01777 702344

Website: [thewellrbc.org/](http://thewellrbc.org/)

## RETFORD - MODERN SEQUENCE SOCIAL AND DANCE GROUP

St Joseph's, Babworth, Retford

8pm – 10:30pm on alternate Saturdays

Contact: Mr G Rothwell

Telephone: 01777 700809

## RHODESIA

### RHODESIA VILLAGE HALL

Tylden Road, Rhodesia, S80 3HL

Contact: 01909 474124

#### Over 50 Club

Monday 2:30pm – 4:30pm

#### Carpet Bowls

Thursday 10am – 11:30am

## SCROOBY

### SCROOBY VILLAGE HALL

Low Road, Scrooby, DN10 6AG

Contact: Izzi Marshall

Telephone 01302 719811

Website: [www.scrooby.net/page/villageHall](http://www.scrooby.net/page/villageHall)

#### Zumba

Tuesday 7:30pm – 8:30pm

Contact: Sharon Gartland

Telephone: 07810 833526

## SHIREOAKS

### SHIREOAKS VILLAGE HALL

Shireoaks Road, Shireoaks, Worksop,  
Nottinghamshire, S81 8LX

Contact: Mr Peter V Stanley

Telephone: 01909 477391

#### Shireoaks Luncheon Club

Every Thursday 11:30am – 1:30pm

Contact Jean Hodgkins

Telephone: 01909 483586

### SHIREOAKS - WELFARE SPORTS AND SOCIAL CLUB

Shireoaks Road, Shireoaks, Nr Worksop,  
Nottinghamshire S81 8NA

Contact: Mrs A Mee

Telephone: 01909 483348

## SOUTH LEVERTON

### SOUTH LEVERTON MEMORIAL INSTITUTE

Town Street, South Leverton, Retford,  
Nottinghamshire

Contact: Yvonne Ennis

Telephone: 01427 880980

# GROUPS & CLUBS IN BASSETLAW

## NORTH & SOUTH WHEATLEY

### NORTH & SOUTH WHEATLEY VILLAGE HALL

Sturton Road, South Wheatley,  
DN22 9DL

Contact: Kerry Driver

Telephone: 01427 884599

Mobile: 07748 556002

E-mail: [buddyandlucy@hotmail.co.uk](mailto:buddyandlucy@hotmail.co.uk)

## STURTON LE STEEPLE

### STURTON LE STEEPLE VILLAGE HALL

Brickings Way, Sturton le Steeple, Retford,  
Nottinghamshire, DN22 9HY

Contact: Susan Evans

Telephone: 07887 703348

## STYRRUP

### STYRRUP VILLAGE HALL

Serlby Road, Styrrup, Nr. Doncaster,  
DN11 8NA

Contact: Joanne Walker

Telephone: 01302 742499

## SUTTON CUM LOUND

### SUTTON CUM LOUND VILLAGE HALL

Town Street, Lound, Retford, Nottinghamshire

Contact: General Enquiries

Telephone: 07092 985831

Website: [www.suttonvillagehall.net](http://www.suttonvillagehall.net)

#### April Club

Alternate Fridays 2pm – 4pm every other  
fortnight at Sutton cum Lound village hall and  
the alternate fortnights are at The Gate pub in  
Sutton

Contact: Carole Head

Telephone: 01777 705077

## TRESWELL

### TRESWELL VILLAGE HALL

Town Street, Treswell, Retford,  
Nottinghamshire, DN22 0EG

Contact: Marilyn Papworth

Telephone: 01777 248805

## TUXFORD

### Venue: THE BEECHES COMMUNITY CENTRE

Birch Court, Tuxford, Retford, Notts

Activity	Day/Time	Contact
Tenants & Residents	1st Monday in the month 2:30pm - 4:30pm	Mrs Moxon 01777 871158
Monday Friendship Club	Mondays 10am – 12noon	Mrs Wilson 01777 871078
Forget Me Not Club	Tuesday & Friday 12noon – 3:30pm	Mrs Pottinger 01777 870341
Wednesday Club	Wednesday 2pm – 3:15pm	Mrs Rutherford 01777 870850
Bingo	Wednesday 7pm - 9pm	Mrs Rutherford 01777 870850

## WALKERINGHAM

### WALKERINGHAM VILLAGE HALL

Stockwith Road, Walkeringham, Doncaster,  
DN10 4JD

#### Carpet Bowls

October to March on Wednesday 6:30pm – 8:30pm

Contact: Christine Walker on 01427 890002

# GROUPS & CLUBS IN BASSETLAW

## WHEATLEY

### WHEATLEY LUNCH CLUB

Wheatley Methodist Church  
Beckett Road/St Mary's Road, Wheatley  
1<sup>st</sup> Wednesday of the Month 12 noon  
Telephone: 01302 342565

## WORKSOP

### BALMORAL COMMUNITY CENTRE

Sandringham Crescent, off Valley Road,  
Worksop

### Balmoral Tenants & Residents Association

#### Social events & Bingo

Monday 1pm – 3pm  
Contact: Mrs Linacre  
Telephone: 01909 488134

### WORKSOP - COMMUNITY RESOURCE CENTRE

Worksop Library  
Memorial Avenue  
Worksop  
S80 2BP

Telephone: 01909 533800  
We provide day service care for people with enduring mental health problems. We offer group and individual support.

### WORKSOP CIVIC SOCIETY

Worksop Civic Society is a new group with a desire to work collaboratively to promote the town and surrounding villages, influence future development and contribute to improving places in and around Worksop. We specifically chose to adopt the Civic Society model, a non-political, community interest group, as it will provide a focus for voluntary and community action. For more information telephone 0795116035

### THE CROSSING CENTRE & CAFE

Newcastle Avenue, Worksop, S80 2AT  
Social Enterprise Development Manager:  
Anne Taylor

Telephone: 01909 496110 (office)  
01909 473375 (mainline)  
07748 076460 (mobile)  
Email: [sedm@thecrossing.co.uk](mailto:sedm@thecrossing.co.uk)

### WORKSOP DUKERIES ROTARY CLUB

Monday 7.00pm  
Worksop Golf Club Windmill Lane, Worksop,  
S80 2SQ / Venture Centre, S80 2BE  
Ring Secretary to check venue  
Telephone: 01909 477731

### CROWN PLACE COMMUNITY CENTRE

Sandy Lane, Worksop, Notts

Activity	Day/Time	Contact
U3A Swing Band	Monday 9:30am – 12:30pm	Mr Breed 01909 730489
Dancing	Monday 7:30pm – 9:30pm	Mrs Glover 01909 478514
U3A Ukulele Group	Wednesday 2:30pm – 4:30pm	Katherine Williams 01909 484742
Pilates	Wednesday 7:15pm – 8:15pm	Mrs Cardwell 01909 482356
U3A Choir	Thursday 10am – 12:30pm	Mrs Boughton 01777 818576
U3A Steel Band	Thursday 2pm - 5pm	Mrs Durrant 01909 486494
Dance Night	Saturday 7pm – 10pm	Mrs Cole 01909 476546

# GROUPS & CLUBS IN BASSETLAW

## Venue: KILTON FOREST COMMUNITY CENTRE

15 Longhurst, Kilton, Worksop, Notts, S81 0DA

Activity	Day/Time	Contact
Arthritis Club	1 <sup>st</sup> & 3 <sup>rd</sup> Monday in the month 6pm- 7:45pm	Mrs Priest 01909 580800
Sequence Dancing	Monday & Thursday 8pm - 10pm	Mr Holland 07941 654544
Sewing Class	Tuesday 1:45pm – 3:45pm	Catherine Skillen 01909 477269
Folk Dancing	Tuesday 7:30pm - 9:45pm £2 per week	Mrs Muscroft 01909 481772
Hairdressing	Friday 8am – 11:00am	Mrs Baldwin 01909 487883

## Venue: RAYTON SPUR COMMUNITY CENTRE,

Rayton Spur, Worksop, Notts, S81 0HF

Activity	Day/Time	Contact
Busy Bees	Monday 10am - 1pm £2.50per week	Mrs Birch 01909 487590
Bingo	Monday 6pm - 8pm	Mrs Dark. 01909 479853
Lunch Club	Wednesday 12noon - 2:30pm	Debra Barnes 01909 732488
Bingo	Thursday 1:30pm – 3:30pm	Mrs Neal 01909 477914

## Venue: RAYTON SPUR COMMUNITY CENTRE,

Rayton Spur, Worksop, Notts, S81 0HF

Activity	Day/Time	Contact
Art Class	Friday 2pm - 4pm £1 per week plus 50p for refreshments	Mrs Talbot 01909 481057

## Venue: THIEVESDALE COMMUNITY CENTRE

Thievesdale Lane, Worksop, Notts

Activity	Day/Time	Contact
Scrabble Club	1 <sup>st</sup> Monday in the month 2pm – 4pm	Mrs Bachner 01909 486683
Women's Institute	3 <sup>rd</sup> Monday in the Month 2pm - 4pm	Mrs Willand 01909 481806
Dancing	Monday 7pm - 9pm	Mrs Stanniforth 01909 532742
Meditation Group	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday £1 per week	Mrs Colton 01909 485967 or Margaret Makeman 01909 481247
Women's Institute Craft Club	4 <sup>th</sup> Thurs in Month 2pm - 4pm	Mrs John 01909 473048
Coffee Morning	Friday 9:30am - 11:30am	Sue Foster 01909 470039
Tea Dance	Last Friday in the month 10am - 2pm	Debra Barnes 01909 732488
Bingo	Friday 6:30pm – 8:30pm	Mrs Ritchens 01909 487390

# GROUPS & CLUBS IN BASSETLAW

**Venue: ST PAULS HALL MANTON**  
Cavendish Road, Worksop, Notts,  
S80 2ST

Activity	Day/Time	Contact
Bingo	Monday 6:30pm – 9pm	
Line Dancing	Tuesday 7pm – 9:15pm	
Harmony Dance	Wednesday 7:30pm – 10:30pm	
Girls Friendly Society	Thursday 4:30pm – 6pm	Margaret Winks 01909 568857
St Pauls Dance	Saturday 12noon	

## WORKSOP PROBUS CLUB

Worksop Cricket Club  
Alternate Fridays 10am - 12noon  
Between September and May  
Contact: Malcolm Watson  
Telephone: 01909 501751  
Email: [mwatson7@talktalk.net](mailto:mwatson7@talktalk.net)

## WORKSOP - THE FARR CENTRE (WOMEN ONLY)

Chapel Walk Off Westgate  
Worksop  
S80 1LR  
Tel: 01909 533610

## Alcohol advice & support

### No appointments needed

Drop-in Thursdays from 1:30pm to 4:00pm  
Information and advice  
Referral and information on services (including  
drug service)  
Alcohol awareness  
Coping with relapse

Relapse prevention  
Healthy lifestyles  
Initial alcohol assessments

## New computer-no clue

One 2 One IT Support  
Wednesday between 1:00pm and 3:00pm  
Friday between 10:00am and 12noon  
Contact: Farr Centre to book

## WORKSOP ROTARY CLUB

Meets Tuesday 6.45pm  
The Lion Hotel, Bridge Street, Worksop  
Telephone: 01909 591379  
Email: [clivetattley@hotmail.com](mailto:clivetattley@hotmail.com)

## WORKSOP RYTON CHORALE

The Holy Family School, Netherton Road,  
Worksop  
Rehearsals Mondays 7.30pm in term time  
Contact the Chair: 01777 862533  
Visit website [www.rytonchorale.org.uk](http://www.rytonchorale.org.uk)

## BASSETLAW – SPORTS GROUP 50+

Contact: Stella Suter The Secretary  
34 Kingston Road, Worksop, S80 2UN  
Telephone: 01909 475491  
Keep fit, bowls, badminton, table tennis and  
snooker.

## OASIS COMMUNITY CENTRE

Is well-known throughout Kilton for providing a  
lively and versatile hub for the local community.  
Our centre, church and gardens are run by  
New Life Church in partnership with local  
groups and affiliated organisations.  
Kilton Youth Centre, Longfellow Drive,  
Worksop, Nottinghamshire, S81 0DE  
[info@oasiscommunitycentreproject.co.uk](mailto:info@oasiscommunitycentreproject.co.uk)  
[www.oasiscommunitycentreproject.co.uk](http://www.oasiscommunitycentreproject.co.uk)  
Telephone: 01909 776164

# BASSETLAW TENANTS AND RESIDENTS ASSOCIATIONS

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## **BASSETLAW FEDERATION OF TENANTS & RESIDENTS ASSOCIATION**

Contact: Mrs Joan Linacre  
20 Prince Charles Road,  
Worksop, S81 7ER  
Telephone: 07944 495693

## **BALMORAL TENANTS & RESIDENTS ASSOCIATION**

Contact: Mrs Joan Linacre  
20 Prince Charles Road,  
Worksop, S81 7ER  
Telephone: 07944 495693  
Meet every Monday 1:00-3:00pm at Balmoral  
Community Centre, Sandringham Crescent, off  
Valley Road, S8 7ET

## **CENTRAL RETFORD TENANTS & RESIDENTS ASSOCIATION**

Contact: Tanice Ellis  
14 Hirst Road, Retford, DN22 7EQ

## **HALLCROFT TENANTS & RESIDENTS ASSOCIATION**

Contact: Jim Napier  
Telephone: 01777 719624

## **HARWORTH AND BIRCOTES TENANTS & RESIDENTS ASSOCIATION**

Contact: Mrs Judy Turner  
15 The Green, Harworth,  
Doncaster, DN11 8LJ  
Telephone: 01302 746393

## **MATTERSEY THORPE TENANTS & RESIDENTS ASSOCIATION**

Secretary: Ann Young  
14 Bader Rise, Mattersey Thorpe,  
Doncaster, DN10 5JA  
Telephone: 01777 816870

## **NORTH CARLTON-IN-LINDRICK (WIMPEY ESTATE) TENANTS & RESIDENTS ASSOCIATION**

Contact: Chair: Tina Rafferty  
22 Willow Avenue, Carlton-in-Lindrick,  
Worksop, S81 9HT  
Telephone: 01909 730955/ 07707 703912

## **PROSPECT TENANTS & RESIDENTS ASSOCIATION**

Contact: Chair Mrs Barbara Hopkinson  
59 Westway, Worksop, S81 0ST  
Telephone: 01909 532192

Secretary: Sue Pritchard  
5 Curzon Drive, Worksop, S81 0LN  
Telephone: 01909 474580

## **RAMPTON TENANT VOICE**

Contact: Mr Roy Hewitt  
2 Greenside Avenue, Rampton,  
Notts, DN22 0JN  
Telephone: 01777 248754

## **TUXFORD TENANTS & RESIDENTS ASSOCIATION**

Contact: Chair: Mrs Jackie Smith,  
7 The Beeches, Tuxford, Newark, NG22 0NF  
Telephone: 01777 871792  
Contact: Secretary: Marina Moxon  
24 The Beeches, Tuxford, Newark, NG22 0NF  
Telephone: 01777 871158



## CHURCHES & FAITH GROUPS IN BASSETLAW

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### **ALL HALLOWS CHURCH OF ENGLAND**

Contact: The Priest in Charge  
The Rectory, All Hallows Street,  
Ordsall, Retford, DN22 7TP  
Telephone: 01777 702515  
Website: [www.ordsallparish.plus.com](http://www.ordsallparish.plus.com)

### **ALL SAINTS CHURCH OF ENGLAND**

The Incumbent, Babworth Rectory,  
Babworth, Retford. DN22 8ET

### **ALL SAINTS CHURCH OF ENGLAND**

Contact: Reverend Jackie Johnson  
The Vicarage, Tickhill Road, Harworth, DN11 8PD

### **ALL SAINTS CHURCH OF ENGLAND**

Retford Road, Mattersey, Doncaster  
The Incumbent, Abbey Lane, Mattersey,  
Doncaster, DN22 5DX  
Telephone: 01777 817364

### **ALL SAINTS CHURCH OF ENGLAND**

Markham Clinton (West Markham)  
Contact: The Church Warden  
April Cottage, West Markham, Newark,  
NG22 0PN  
Telephone: 01777 870520

### **ALL SAINTS, CHURCH OF ENGLAND**

The Incumbent, The Vicarage, Torksey Street,  
Rampton, Retford, DN22 0HT

### **BIBLE4HEALTH MISSIONS**

86 Kingsway, Worksop, S81 0AG  
Office Address; Old Drill Hall, Colbeck Street,  
Worksop, S80 1SJ  
Office Tele / Fax: 01909 231185  
Mobile: 07454983076  
Email: [customer-service@bible4healthmissions.com](mailto:customer-service@bible4healthmissions.com)  
Website: [www.bible4healthmissions.com](http://www.bible4healthmissions.com)

### **CHRIST CHURCH CENTRE – CHURCH OF ENGLAND**

Thievesdale Lane, Worksop, S81 0XS  
Contact: The Priest in Charge  
Telephone: 01909 530127

### **CHRISTIAN COMMUNITY CHURCH**

Doncaster Road, Langold, Worksop, S81 7NP  
Contact: The Leader

### **CHURCH OF THE LATTER DAY SAINTS**

17 Underwood Gardens, Worksop, S80 1YL  
Contact: The President  
Telephone: 01909 484427

### **CHURCHES TOGETHER**

C/o 41 Dunstan Crescent, Worksop, S80 1AE  
Telephone: 01909 473847  
An international association pledged to help people less fortunate than ourselves.

### **DIOCESE OF SOUTHWELL**

Contact: The Archdeacon of Newark,  
Dunham House, Westgate, Southwell,  
NG25 0JL  
Telephone: 01636 814331

### **HOLY TRINITY, CHURCH OF ENGLAND,**

Church Street, Everton, Nr Retford, DN10 5BB  
Contact: The Incumbent  
Abbey Lane, Mattersey, Doncaster  
Telephone: 01777 817364

### **JEHOVAH'S WITNESSES**

Kingdom Hall, Central Avenue,  
Worksop, S80 1EW

### **METHODIST CHURCH - CARLTON-IN-LINDRICK**

Methodist Schoolrooms, High Road,  
Carlton-in-Lindrick, Worksop

## **METHODIST CHURCH - HALLCROFT, RETFORD**

Hallcroft Road, Retford, Notts

## **METHODIST CHURCH - HARWORTH & BIRCOTES**

Contact: The Secretary

3 Grange View, Harworth, Doncaster,  
DN11 8QP

Telephone: 01302 742016

## **METHODIST CHURCH - MISTERTON**

Contact: The Minister

4 Ashdown Way, Misterton, Doncaster,  
DN10 4PB

Telephone: 01427 890050

## **METHODIST CHURCH - RETFORD**

Contact: The Minister

Grove Street, Retford

Telephone: 01777 702786

Email: [retfordmc@btinternet.com](mailto:retfordmc@btinternet.com)

## **METHODIST CHURCH - RETFORD CIRCUIT**

Contact: Reverend N. Vickers

Telephone: 01777 702573 / 702468

Email: [retfordmc@btinternet.com](mailto:retfordmc@btinternet.com)

## **METHODIST CHURCH - RHODESIA**

Contact: The Minister

5 Shepherds Avenue, Worksop, S81 0JD

Telephone: 01909 472609

## **NEW LIFE CHURCH**

26-32 Bridgegate, Retford, DN22 6AA

Telephone: 01777 711377

Email: [info@newliferetford.org.uk](mailto:info@newliferetford.org.uk)

Website: [www.nlretford.org](http://www.nlretford.org)

## **NEW TESTAMENT CHURCH**

Cheapside, Worksop, S80 2HX

Contact: Rev Keith Clark

Telephone: 01909 487940

## **OASIS CHRISTIAN FELLOWSHIP**

Westhill Community Centre Ordsall Retford.

Contact: Mr Williams

Telephone: 07882797104

## **PAROCHIAL CHURCH COUNCIL – SHIREOAKS**

Contact: The Secretary – Peter Stanley

15 St Annes Close, Worksop, S80 3QS

## **POPLARS CHURCH**

Contact: Marion Prest

46 Watson Road, Worksop, S80 2BQ

Telephone: 01909 530171

Email: [admin@poplarschurch.co.uk](mailto:admin@poplarschurch.co.uk)

Website: [www.poplarschurch.co.uk](http://www.poplarschurch.co.uk)

Sunday Service is at Norbridge Academy  
Valley Road Worksop 10.30am

## **PRIORY CHURCH OF ENGLAND**

Contact: The Incumbent

Priory Vicarage, Worksop, S80 2HX

Telephone: 01909 472180

Website: [www.worksoppriory.co.uk](http://www.worksoppriory.co.uk)

## **RELEASE INTERNATIONAL**

7 Long Meadows, Everton, Nr Doncaster,  
DN10 5BL

Telephone: 01777 818297

A holistic ministry that identifies with and  
supports Christians who are persecuted for  
their faith.

## **RHODESIA CHRISTIAN FELLOWSHIP**

Methodist Church, Rhodesia

Contact: Tim Edmunds

Telephone: 01909 473988

## **SALVATION ARMY - RETFORD**

Contact: The Commanding Officer

Telephone: 07980 199616

**The Sunflowers**, for grandparents and tots

Thursday 1pm – 2:30pm

**Little Acorns**

Friday 10am – 11:30am for all carers and tots

## **SALVATION ARMY - WORKSOP**

Contact: The Commanding Officer  
4 Langdale Road, Worksop, S81 0NL  
Telephone: 01909 473979

## **SOCIETY OF FRIENDS - QUAKERS**

The Crossing Church and Centre,  
Newcastle Street, Worksop, S80 2AT.  
10:15am on the 2<sup>nd</sup> and 4<sup>th</sup> Sundays of each month  
7:15pm on the 2<sup>nd</sup> Thursday of the month in member's houses.  
Contact: Gordon Moodie  
Bardwell, Sparken Hill, Worksop  
Telephone: 01909 475299

## **ST ANNES, CHURCH OF ENGLAND**

Contact: The Incumbent  
The Vicarage, 11 Poplar Close, Worksop,  
S80 3BZ  
Telephone: 01909 472069

## **ST. BARNABAS, CHURCH OF ENGLAND**

North Road, Ranskill, Nr Retford  
Contact: Kate Bottley  
Worksop, S81 8DW  
Telephone: 01909 591857  
Email: [revkatebottley@gmail.com](mailto:revkatebottley@gmail.com)

## **ST GILES, CHURCH OF ENGLAND**

Contact: The Incumbent  
Elkesley Vicarage, 3 Maple Drive, Elkesley,  
Retford, DN22 8AX

## **ST HELENS ROMAN CATHOLIC CHURCH**

Main Street, Oldcotes,  
Nr Worksop, S81 8JF  
Contact: Rev Peter Hunt  
Telephone: 01909487368

## **ST JOHNS CHURCH OF ENGLAND**

Contact: The Incumbent  
Overend Road, Worksop, S81 1QG

## **ST JOHNS CLARBOROUGH AND ST PETERS HAYTON CHURCH OF ENGLAND**

Contact: The Incumbent  
The Vicarage, Clarbrough, Retford

## **ST JOHN THE BAPTIST, CHURCH OF ENGLAND**

Contact: The Incumbent  
The Vicarage, Church Street, East Markham,  
Newark

## **ST JOHN THE BAPTIST, TRESWELL & HOLY TRINITY COTTAM**

Contact: The Church Warden  
Cottam Road, Treswell, Retford, DN22 0EP

## **ST JOHN THE EVANGELIST, CHURCH OF ENGLAND**

Contact: The Rector  
The Rectory, High Road, Carlton-in-Lindrick,  
Worksop, S81 9EF

## **THE PARISH CENTRE**

Contact: Jeff Lewis  
18 Craithie Road, Carlton in Lindrick  
Telephone: 01909 731342

## **ST JOSEPHS ROMAN CATHOLIC CHURCH**

Babworth Road, Retford, DN22 6BP  
Contact: The Parish Priest  
Telephone: 01777 703373

## **ST JOSEPHS THE WORKER ROMAN CATHOLIC CHURCH**

Contact: The Parish Priest  
The Rectory, Wingfield Avenue, Worksop,  
S81 0SF  
Telephone: 01909 473373

## **ST LUKE'S CHURCH OF ENGLAND**

Contact: The Priest in Charge  
1 Potters Nook, Shireoaks, Worksop, S81 8NF  
Telephone: 01909 479350

## **ST LUKE'S CHURCH OF ENGLAND**

Church Street, Langold, Nr Worksop  
Contact: The Priest in Charge,  
The Rectory, High Road, Carlton-in-Lindrick,  
S81 9EF  
Telephone: 01909 730222

## **ST MARTINS CHURCH OF ENGLAND**

Contact: The Incumbent  
The Vicarage, North Vicarage, North Leverton,  
Retford, DN22 0AA  
Telephone: 01427 880882

## **ST MARY'S ROMAN CATHOLIC CHURCH**

Contact: The Parish Priest,  
The Rectory, Park Street, Worksop, S80 0SF  
Telephone: 01909 476045

## **ST MARY AND ST MARTINS CHURCH OF ENGLAND**

Contact: The Incumbent,  
The New Vicarage, St Martins Close, Blyth,  
Worksop, S81 8DW  
Telephone: 01909 591229

## **ST MARY'S AND ST WINIFREDS HOLBECK CHURCH OF ENGLAND**

Contact: The Incumbent  
Cuckney Vicarage, Cuckney, Mansfield

## **ST MICHAEL THE ARCHANGEL CHURCH OF ENGLAND**

Rectory Road, Retford, DN22 7AY  
Contact: The Incumbent  
11 Poplar Close, Worksop, S80 3BZ  
Telephone: 01777 719816

## **ST OSWALD, CHURCH OF ENGLAND,**

Contact: The Incumbent,  
The Vicarage, The Green, Dunham on Trent,  
Newark

## **ST PATRICK ROMAN CATHOLIC CHURCH**

Harworth, Nr Doncaster  
Contact: Rev Peter Hunt  
Telephone: 01909 487368

## **ST PETER, CHURCH OF ENGLAND**

Wiseton Road, Clayworth  
Contact: The Incumbent,  
Abbey Lane, Mattersey, Doncaster  
Telephone: 01777 817364

## **ST SAVIOURS CHURCH OF ENGLAND**

Rectory Road, Retford, DN22 7AY  
Contact: Canon Tony Walker  
Telephone: 01777 704222

## **ST SWITHUNS CHURCH OF ENGLAND**

Canon Square, Retford, DN22 6PJ  
Contact: Canon Tony Walker  
Telephone: 01777 704222

## **ST WILFRID, CHURCH OF ENGLAND**

Low Road, Scrooby, Nr Retford  
Contact: The Incumbent,  
The New Vicarage, St Martins Close, Blyth,  
Worksop, S81 8DW  
Telephone: 01909 591229

**THE CROSSING** (Worksop Methodist and United Reform Churches are now in a Local Ecumenical Partnership)  
Newcastle Avenue, Worksop  
Contact: The Minister, 5 Shepherds Avenue, Worksop, S81 0JD  
Telephone 01909 472609  
Email: [pastor@wcc-church.com](mailto:pastor@wcc-church.com)  
Website: [www.wcc-church.com](http://www.wcc-church.com)

## **WORKSOP CHRISTIAN CENTRE**

Vicars Walk, Worksop, S80 2HJ  
Contact: Pastor Florin Mocanu.  
Telephone: 01909 489521

## **WORKSOP SPIRITUALIST CHURCH**

37 George Street, Worksop, S80 1QJ  
Telephone: 01909 531962  
Email: [enquiries@worksop.snu-emdc.org.uk](mailto:enquiries@worksop.snu-emdc.org.uk)

# SERVICES IN BASSETLAW

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## WHO CAN HELP ME ACCESS INFORMATION ON SERVICES TO KEEP ME SAFE AT HOME?

### ADVICE BASSETLAW

Advice Bassetlaw is a network of organisations that offers a range of advice services to the residents of Bassetlaw which offers free and confidential advice on debt and money, benefits, employment, housing discrimination, law and rights, relationships, health and well-being and many more issues. Through funding from The Big Lottery and the office of the Civil Society the organisations came together in autumn 2013 to form a partnership and work collaboratively to ensure that the residents of Bassetlaw District get the right advice, at the right time, from the right service.

The network of organisations includes: 2 Shires Credit union, Bassetlaw Action Centre, Bassetlaw Citizens Advice Bureau, Bassetlaw Community and Voluntary Service, Bassetlaw District Council, Bassetlaw MIND, Langold Resource Centre, Mine of Information, Royal Voluntary Services and The Well Community Projects

The organisations listed will try and help you get the advice you need but you may also be able to find information to help you with your problems at:

Website: [www.adviceguide.org.uk](http://www.adviceguide.org.uk)

If you want to know more about Advice Bassetlaw, please call BCVS Tel: 01909 476118 Ext 21

### BASSETLAW, NEWARK AND SHERWOOD COMMUNITY SAFETY PARTNERSHIP

Telephone: 01636 655698

### COMMUNITY OUTREACH ADVISOR

Telephone: 01777 709650

Email: [ashaw@actioncentre.org.uk](mailto:ashaw@actioncentre.org.uk)

Website: [www.bassetlawactioncentre.org.uk](http://www.bassetlawactioncentre.org.uk)

### CRIME STOPPERS

Telephone: 0800 555111

### FIRST CONTACT SIGNPOSTING SCHEME

Telephone: 01777 709650

Email: [jbullock@bassetlawactioncentre.org.uk](mailto:jbullock@bassetlawactioncentre.org.uk)

Website: [www.bassetlawactioncentre.org.uk](http://www.bassetlawactioncentre.org.uk)

### LIFELINE SERVICE

The Lifeline Service is available for anybody who feels vulnerable or may need reassurance in their home. (younger residents with a disability may also be eligible). A charge will be made for this service

**For more information please contact A1 Housing Supported Housing Warden Service**

Telephone: 01909 533 735

# SERVICES IN BASSETLAW

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## NOTTINGHAMSHIRE FIRE AND RESCUE

Retford Telephone: 01777 706607

Worksop Telephone: 01909 485616

- Free home safety check
- Smoke alarms with 10 year batteries
- Free smoke alarms for the deaf

## NOTTINGHAMSHIRE POLICE

Crime Reduction manager

Telephone: 101

Advice and information on crime reduction including:

- Alarms
- Security devices
- Property marking
- Advice on heating oil theft

## BASSETLAW RESOURCE CENTRE

Telephone: 01777 862745 (Thursdays only) 01777 709650 (at other times)

Website: [www.bassetlawactioncentre.org.uk](http://www.bassetlawactioncentre.org.uk)

## SUPPORTED HOUSING SERVICE (A1 HOUSING)

Telephone: 0800 590542

Email: [customer.services@a1housing.co.uk](mailto:customer.services@a1housing.co.uk)

## MEALS AT HOME

The Meals at Home service delivers a wide range of frozen or hot meals to people who may have difficulty preparing a hot meal themselves. The meals can be supplied for the long-term or to cover short-term situations or whilst you are re-learning cooking skills.

Telephone: 01623 49 00 15

Website:

<http://www.nottinghamshire.gov.uk/caring/adultsocialcare/supporttoliveathome/meals/#meals-on-wheels>

## HOW CAN I KEEP WARM AT HOME?

### ENERGY EFFICIENCY

Advice and Information about Grants

Telephone: 0800 512012

### ENERGY SAVING TRUST

0300 123 1234

[www.energysavingtrust.org.uk/take-action/get-free-advice](http://www.energysavingtrust.org.uk/take-action/get-free-advice)

### WARM HOME DISCOUNT SCHEME HELPLINE

Telephone: 0845 603 9439

Monday to Friday, 9am – 5pm



# SERVICES IN BASSETLAW

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## ENERGY ADVISOR

Can provide energy tariff advice and energy cost saving efficiencies for people over 50 years, to help them remain warm in their own homes.

Telephone: 01777 709650

## THE PRIORITY SERVICE REGISTER

If a power cut happens and you are a member of the Priority Service Register Western power will: -

- Give you a direct number to call in the event of a power cut so you can get straight through to them
- Agree a password with you before a visit (to protect you from rogue callers)
- Provide special help, if needed, through the Royal Voluntary Service or British Red Cross
- Ring and tell you of planned interruptions to your electricity supply
- Keep you as informed as possible in the event of an unplanned power cut.

To register for this service telephone Western Power Distribution, East Midlands:

Landline – Tel: 0845 724 0240

Mobile – Tel: 0330 123 5009

## WHERE CAN I GET HELP WITH MONEY?

### A1 HOUSING MONEY ADVISORS

(Working in partnership with Bassetlaw District Council)

For help and advice about how to make the most of your money, including debt, benefit and savings, or if you have money worries and would like free and confidential advice, contact our Money Advisors to make an appointment on **0800 590542**.

### BASSETLAW CITIZENS ADVICE BUREAU

The Annexe, Queens Buildings, Potter St, Worksop, Notts, S80 2AE

(Telephone opening times: Monday – Friday 10am – 2pm)

Telephone: 0844 856 3411

### Bircotes (Video Link Service)

The Information Centre

Scrooby Rd

BIRCOTES

Nottinghamshire

DN11 8JP

To make an appointment for this service phone 01909 488703 and leave your name, address & telephone number.

### Langold (Video Link Service)

Langold Centre -The Village Hall,

Markham Rd, Langold WORKSOP S81 9SD

To make an appointment for this service call into the Langold Centre or phone 01909 488703 and leave your name, address & telephone number.

## **Misterton (Video Link Service)**

Misterton Centre  
Misterton  
DONCASTER  
South Yorkshire  
DN10 4BU  
Ring 01909 488703 to request a video link

## **Tuxford (Video Link Service)**

Tuxford Mine of Information  
Tuxford  
NEWARK  
Nottinghamshire  
NG22 0LA

## **BASSETLAW DISTRICT COUNCIL – HOUSING BENEFITS**

Telephone: 01909 533710

## **BASSETLAW DISTRICT COUNCIL – COUNCIL TAX**

Telephone: 01909 533710

## **BENEFITS ADVICE AND INFORMATION**

Disability Living Allowance Helpline: 0845 7123456  
Attendance Allowance Helpline: 0845 6056055  
Pension Credit Claims: 0800 991234  
Carers Allowance Unit: 0845 6084321  
The Pension Service Enquires: 0845 6060265  
Personal Independence Payment Claims: 0800 9172222

## **CHRISTIANS AGAINST POVERTY**

The Well, Hospital Road, Retford, DN22 7BD  
Telephone: 0800 3280006  
Free, impartial debt counselling service by appointment only.

## **COAL INDUSTRY SOCIAL WELFARE ORGANISATION (CISWO)**

The Old Rectory, Rectory Drive, Whiston,  
Rotherham, South Yorkshire, S60 4JG  
Telephone: 01709 728115  
Fax: 01709 839164  
Website: [ciswo.org](http://ciswo.org)

CISWO is a national charity which has a focus on the key role of delivering community and personal welfare services within mining and former mining communities.

## COUNTY CONTACT

The County Council offers a number of ways for you to get in touch about our services including:

- the online contact us form [secure.nottinghamshire.gov.uk/your-council/contact-the-council/contact-us-form/](https://secure.nottinghamshire.gov.uk/your-council/contact-the-council/contact-us-form/)
- by emailing [enquiries@nottscc.gov.uk](mailto:enquiries@nottscc.gov.uk)
- by calling our Customer Service Centre on: 0300 500 80 80 open 8am-8pm Monday to Friday and Saturday 8am - 12noon.
- Face to Face services available at our Service contact points

Harworth/Bircotes Town Council, Scrooby Road Bircotes –  
Monday 9am - 4pm, Wednesday and Friday 9am – 1pm

Bassetlaw District Council, 17b The Square, Retford  
Monday to Friday 9am – 5pm

Tuxford Mine of Information, 2 Market Place, Tuxford  
Alternate Wednesdays 9:30am - 11:30am

Bassetlaw District Council, Queens Building, Potter Street, Worksop  
Monday to Friday 8:40am – 5pm

Trading Standards Consumer Direct – Telephone: 0845 4040506

## DISABILITY INFORMATION LINK - BASSETLAW

Eastgate Resource Centre, Albion Close, Worksop, S80 1RA  
Telephone: 01909 474144

For disabled people and carers. Information on local services, benefits, support groups, equipment, employment, education and leisure. Aims to link people with organisations both locally and nationally.

## DWP BENEFITS ADVICE & INFORMATION

The Pension Service: provides access to pensions, benefits and retirement information

Telephone: 0845 60 60 265

Attendance Allowance Service Centre

Telephone: 0845 605 6055

Pension Credit Application Line

Telephone: 0800 991 234

## NOTTINGHAM AND DISTRICT PRE-RETIREMENT COUNCIL

144a High Road, Beeston, Nottingham NG9 2LN

Telephone: 0115 922 3824/07790 851584

Email: [linda-phil@nottinghampre-retireme.fsnet.co.uk](mailto:linda-phil@nottinghampre-retireme.fsnet.co.uk)

Website: [www.ndprc.org.uk/](http://www.ndprc.org.uk/)

We provide courses covering topics such as health, finance, legal advice, consumer rights, benefits and income tax. We also offer Peace of Mind courses aimed at those over 65 and those with aged parents.

# SERVICES IN BASSETLAW

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## **RETFORD CITIZENS ADVICE BUREAU**

c/o County Contact, Market Square, Retford, DN22 6EU

Telephone: 0844 856 3411

## **SENIORCONCESSIONS.CO.UK**

Email: [info@seniorsdiscounts.co.uk](mailto:info@seniorsdiscounts.co.uk)

Website: [www.seniorsdiscounts.co.uk](http://www.seniorsdiscounts.co.uk)

Senior concessions.co.uk helps senior citizens find and benefit from many discounts and other concessions available to them, and encourages businesses to introduce new concessions to this important market.

## **VETERANS WELFARE**

Telephone: 0800 169 2277

Email: [veterans-uk@mod.uk](mailto:veterans-uk@mod.uk)

Website: [www.veterans-uk.info](http://www.veterans-uk.info)

The Service Personnel and Veterans Agency (SPVA) provides support to anyone who has served in HM Armed Forces, even just for a day. Providing advice on benefits, compensation payments, pensions, employment and much more.

## **2 SHIRES CREDIT UNION**

Queen's Buildings, Potter Street, Worksop, S80 2AE

Telephone: 01909 500575 (answerphone)

Serves the Bassetlaw and Bolsover area

For information and a membership pack please call the above number.

## **WHERE CAN I GET PENSIONS ADVICE?**

### **YOUR PENSION CENTRE:**

The Pension Service, PO Box 13, Birmingham, B99 1AP

Phone: 0845 606 0265

Fax: 0116 2051717

Text phone (for those with speech or hearing difficulties) 0845 606 0285

Opening Hours: Monday to Friday 8am to 6pm

### **NEW STATE PENSION CLAIMS (8am to 6pm Monday to Friday)**

Phone: 0800 731 7898

Text phone: 0800 731 7339

### **NEW PENSION CREDIT CLAIMS (8am to 6pm Monday to Friday)**

Phone: 0800 991 234

Text phone: 0800 169 0133

### **PENSIONS PAID BY DIRECT PAYMENT INTO AN ACCOUNT (8am to 6pm Monday to Friday)**

Phone: 0845 301 3011

Text phone: 0845 301 3012

You should telephone, email or write to your pension centre if you have a question about an entitlement you are already receiving or if you want to arrange to talk to us face to face.

## **PENSION TRACING SERVICE**

With our assisted pension tracing service we can help you to trace your lost pension and then contact your pension providers to update your details. We will help you to establish what exactly is in your lost pension, what your pension can do for you and with the help of a pension expert inform you of the options available to you. Our entire service is designed to offer more assistance than that which is available direct from the DWP government website and is available to you completely free of charge.

For more information contact us at

Telephone: 0800 122 3170

Website: [www.pensiontracingservice.com](http://www.pensiontracingservice.com)

## **WHERE CAN I GET HELP WITH HEALTHCARE/FALLS?**

### **BREAST CARE SUPPORT**

Bassetlaw Hospital, Blyth Road, Worksop, S80 0BD

Telephone: 01909 500990

Support group for women having treatment for breast cancer or recovering after treatment as well as on going friendship and fun.

### **Cardiac Support Group**

Post Graduate Centre, Bassetlaw Hospital, Blyth Road, Worksop, S80 0BD

Telephone: 01909 500990 ext. 2944

Website: [www.dbh.nhs.uk](http://www.dbh.nhs.uk)

A support group, which also has a social element, occasional visits and speakers are arranged on medical and non-medical topics. Affiliated to the British Heart Foundation.

### **FOR NURSE ADVICE AND HEALTH INFORMATION**

Contact NHS Direct:

Telephone: 111

### **FOR FALLS PREVENTION**

Contact: NHS Bassetlaw though the single point of access:

Telephone: 01777 274422

### **HOME CALL ALARM SERVICE**

Lifeline emergency call system. The service is available to all Bassetlaw residents 60 years and over (younger residents with a disability may be eligible). An initial assessment is completed to establish level of service required. A small charge may be payable.

**For more information please contact A1 Housing Supported Housing Warden Service**

Telephone: 01909 533735

Email: [customer.services@a1housing.co.uk](mailto:customer.services@a1housing.co.uk)

### **MULTIPLE SCLEROSIS SOCIETY – RETFORD**

Address: 15 Farm View, Retford, Notts, DN22 7UJ

Telephone: 01777 704 687

Provides welfare support for members and aims to improve their quality of life. Arranges social events and outings and also informative talks and discussions.

### **MULTIPLE SCLEROSIS SOCIETY – WORKSOP & DISTRICT**

Contact: The Secretary/Treasurer, 23 Red Kite Close, Gateford, Worksop, S81 8WA

Telephone: 01909 474941

Provides information from National MS Society and social meetings for sufferers and families. Aims to improve quality of life and be a support to newly diagnosed sufferers.

### **APAS (ALCOHOL PROBLEMS ADVISORY SERVICE) NOTTINGHAM**

Offers information, advice, assessment and counselling for people with alcohol, drug or gambling problems, service for families and friends, drop-in service, Alcoline telephone service. Access to treatment services. Contact: APAS, 51n, Clarendon Chambers, 32 Clarendon Street, Nottingham, NG1 5LN

Telephone: 0115 824 0550

### **EMERGENCY DENTAL SERVICES**

If you have a regular NHS dentist and need urgent treatment, contact your dentist for advice. If you do not have a regular NHS dentist, you can contact NHS Direct on 111. They can give you details of out-of-hours dental services in your area.

### **RAPID RESPONSE**

The team supports adults who have become unwell but are medically stable and are in crisis at home. The service operates 7 days per week until 9pm.

Telephone: 01777 274422

## **HOW CAN I FIND OUT ABOUT HOUSING OPTIONS AND CHOICES?**

### **A1 HOUSING**

A1 Housing has five Independent Living schemes which are ideally suited for elderly or vulnerable tenants who wish to live independently, yet be part of a community setting.

Our Independent Living schemes are spread throughout Bassetlaw and offer the choice of one or two bed flats and a small number of bedsits. All have access to communal rooms and gardens as well as an onsite warden.

We also provide successful Extra Care schemes in Worksop and Bircotes, which provide additional care and support through Notts County Council, Adult Social Care & Health and the Mears Group.

Telephone: 0800 590 542

Website: [http://www.a1housing.co.uk/independent\\_living](http://www.a1housing.co.uk/independent_living)



## HOUSING OPTIONS

Have you ever considered the changes that you might need to make to your home to ensure it remains suitable and meets your changing needs throughout your later life?

The Bassetlaw Housing Choice Case Worker can help you put into place anything you need to remain in your existing property or help you to find other suitable accommodation.

If you would like some help, support, advocacy and information on what housing options are available; you can book an appointment with the caseworker or you can book an appointment at one of our housing surgeries in Retford, Worksop, Carlton in Lindrick or Misterton.

Contact: Jayne Bullock

Telephone: 01777 709650

Email: [jbullock@bassetlawactioncentre.org.uk](mailto:jbullock@bassetlawactioncentre.org.uk)

## SLOSWICKES ALMSHOUSE CHARITY

Contact: Sue Nicholson

19 Churchgate, Retford, DN22 6PB

Telephone: 01777 703827

A charity providing accommodation for people over 60 years of age.

## TUXFORD MINE OF INFORMATION

A drop in service once a month with the local housing officer on the first Tuesday of the Month from 9:30am - 11:30am. The latest properties available are updated every week and available on the A1 stand inside reception.

01777 870040

[moi@tuxfordonline.co.uk](mailto:moi@tuxfordonline.co.uk)

## ANCHOR TRUST

Anchor has more than 40 years' experience of working with older people and providing residential care homes – so we know how to help you get the best out of life.

For more information Call 0808 115 8668

[www.anchor.org.uk](http://www.anchor.org.uk)

## HOUSING NEEDS

If you are being threatened with homelessness or are homeless please contact one of the Bassetlaw District Council team on Telephone: 01909 533455

## EXTRA CARE HOUSING SCHEMES IN NOTTINGHAMSHIRE

Each scheme is different and what is available varies from site to site.

However, each scheme will have:

- Housing - a range of modern and affordable one or two bedroom homes available to buy, rent or part own which are purpose-built or adapted for your care and support needs
- Personal care support - staff are available 24 hours a day to offer you support
- Communal areas - these might include a cafe, hairdressers, library, guest accommodation for your visitors, a day centre with organised activities and outings
- Neighbourhood facilities - extra care schemes are based within local communities so the usual range of neighbourhood facilities are close by such as leisure centres, shops, GP surgeries and public transport.

Some extra care sites have dementia units which provide specialist care in a community setting.

## WHERE ARE THE CARE HOMES IN BASSETLAW?

Residential and Nursing Homes are now called Care Homes. They provide **personal care**, meals and accommodation to people who are no longer able to look after themselves. For each facility the number of people catered for is indicated, including specialist provision (in brackets). For further information contact:

[www.carechoices.co.uk](http://www.carechoices.co.uk)

County Council Customer Service Centre: 0300 500 80 80

Bassetlaw Local Office: 01623 520520

Minicom: 01623 434993

## OLDER PEOPLE NURSING

### Ashley Care Home

Sunnyside, Worksop,

Nottinghamshire,

S81 7LN

Telephone: 01909 500541

Places: 48 (Dementia, Mental Health)

### Blyth Country House Care Home

Spital Road,

Blyth,

Worksop,

Nottinghamshire,

S81 8DU

Telephone: 01909 591219

Places: 30 (Old age)

### Cherry Holt Care Home,

28 Welham Road,

Retford,

Nottinghamshire,

DN22 6TN

Telephone: 01777 710347

Places: 52 (Old age, Physical disability)

### Clumber Court Care Centre (Care Home),

Bolham Lane,

Retford,

Nottinghamshire,

DN22 6SU

Telephone: 01777 553396

Places: 62 (Mental Health, Dementia)

## **Forest Hill Care Home,**

Forest Hill Park,  
Worksop,  
Nottinghamshire,  
S81 0NZ  
Telephone: 01909 530531  
Places: 64 (Old age, Dementia)

## **Gateford Hill Care Home**

Worksop,  
Nottinghamshire,  
S81 8AF  
Telephone: 01909 475402  
Places: 65 (Old age, Physical disability)

## **Lound Hall Nursing Home**

Town Street,  
Lound,  
Retford,  
Nottinghamshire,  
DN22 8RS  
Telephone: 01777 818082  
Places: 30 (Dementia, old age, physical disability)

## **Rufford Care Centre**

Clumber Unit,  
Gateford Road,  
Gateford,  
Worksop,  
Nottinghamshire,  
S81 7BH  
Telephone: 01909 530233  
Places: 25 (Physical disability) 35 (Dementia Over 65) 50 (Old age)

## **Westvilla (MPs) Ltd.**

Westfield Road,  
Retford,  
Nottinghamshire,  
DN22 7BT  
Telephone: 01777 701636  
Places: 35 (Old age, Physical disability, Dementia, Past or present alcohol dependency)

## **OLDER PEOPLE RESIDENTIAL**

### **Ashley Care Home**

Sunnyside,  
Worksop,  
Nottinghamshire,  
S81 7LN  
Telephone: 01909 500541  
Places: 48 (Dementia, Mental Health)

### **Avondale Residential Home**

Whitehouse Road,  
Bircotes,  
Doncaster,  
South Yorkshire,  
DN11 8EQ  
Telephone: 01302 743673  
Places: 31 (Old age, Dementia)

### **Barnby Court Care Home**

Barnby Moor,  
Retford,  
Nottinghamshire,  
DN22 8QS  
Telephone: 01777 705902  
Places: 25 (Old age, Dementia)

### **Beech House Care Home**

294 Carlton Road,  
Worksop,  
Nottinghamshire,  
S81 7LL  
Telephone: 01909 472149  
Places: 32 (Old age, Mental health, Dementia)

### **Brailsford House**

1 Main Street,  
Harworth, Doncaster,  
South Yorkshire, DN11 8LE  
Telephone: 01302 742156  
Places: 20 (Old age, Dementia)

**Branthwaite Care Home**

34 Welham Road,  
Retford,  
Nottinghamshire,  
DN22 6TN  
Telephone: 01777 706720  
Places: 21 (Mental Health, Dementia)

**Farthings Residential Care Home**

The Old London Road,  
West Drayton,  
Retford,  
Nottinghamshire,  
DN22 8ED  
Telephone: 01777 838219  
Places: 13 (Old age)

**Glenesk Care Home**

The Crescent,  
Queen Street,  
Retford,  
Nottinghamshire  
DN22 7BX  
Telephone: 01777 702339  
Places: 22 (Old age)

**The Hollies**

19-23 London Road,  
Retford,  
Nottinghamshire,  
DN22 6AT  
Telephone: 01777 707750  
Places: 22 (Old age, Dementia)

**James Hince Court**

Windsor Road,  
Carlton-in-Lindrick,  
Worksop,  
Nottinghamshire,  
S81 9BN  
Telephone: 01909 733821  
Places: 45 (Old age, Dementia, Physical disability)

**Langwith Lodge Care Home**

The Park,  
Nether Langwith,  
Mansfield,  
Nottinghamshire,  
NG20 9ES  
Telephone: 01623 742204  
Places: 54 (Old age, Dementia)

**Newton House Care Home**

Shireoaks Road,  
Shireoaks,  
Worksop,  
Nottinghamshire,  
S81 8LX  
Telephone: 01909 482960  
Places: 12 (Old age, Dementia)

**The Old Vicarage Care Home**

Newcastle Avenue,  
Worksop,  
Nottinghamshire,  
S80 1NJ  
Telephone: 01909 475521  
Places: 38 (Old age, Dementia)

**Old Vicarage**

The White House Road,  
Bircotes,  
Near Doncaster,  
South Yorkshire,  
DN11 8EQ  
Telephone: 01302 745707  
Places: 28 (Old age, Dementia)

**Rose Farm Care Home**

Main Street,  
Styrrup,  
Doncaster,  
South Yorkshire,  
DN11 8NB  
Telephone: 01302 744664  
Places: 54 (Old age, Dementia)

## **South Moor Lodge Care Home**

South Moor Road,  
Walkeringham,  
Doncaster,  
South Yorkshire,  
DN10 4LB  
Telephone: 01427 891204  
Places: 40 (Old age, Dementia)

## **St. Michaels View Care Home**

Hallcroft Road,  
Retford,  
Nottinghamshire,  
DN22 7NE  
Telephone: 01777 702218  
Places: 34 (Old age, Dementia, Physical disability)

## **St. Saviours Care Home**

5 Lidget Lane,  
Retford,  
Nottinghamshire,  
DN22 6QW  
Telephone: 01777 703040  
Places: 40 (Old age)

## **Tuxford Manor Care Home,**

143 Lincoln Road,  
Tuxford,  
Newark,  
Nottinghamshire,  
NG22 0JQ  
Telephone: 01777 872555  
Places: 42 (Old age, Dementia)

## **Victoria Care Home**

Memorial Avenue,  
Worksop,  
Nottinghamshire,  
S80 2BJ  
Telephone: 01909 476416  
Places: 93 (Old age, Dementia)

## **Westwood**

Talbot Road,  
Worksop,

Nottinghamshire,  
S80 2PG  
Telephone: 01909 533690  
Places: 78 (Old age, Dementia, Physical disability)

## **NURSING CARE FOR UNDER 65 YEAR OLDS**

### **Gateford Hill Care Home**

Worksop,  
Nottinghamshire,  
S81 8AF  
Telephone: 01909 475402  
Places: 65 (Old ages, Physical disability)

### **Rufford Care Centre**

Clumber Unit,  
Gateford Road,  
Gateford,  
Worksop,  
Nottinghamshire,  
S81 7BH  
Telephone: 01909 530233  
Places: 25 (Physical disability) 35 (Dementia Over 65) 50 (Old age)

## **RESIDENTIAL CARE FOR UNDER 65 YEAR OLDS**

### **Bracken Villa Care Home**

6 Bracken Lane,  
Retford,  
Nottinghamshire,  
DN22 7EU  
Telephone: 01777 719720  
Places: 8 (Learning disability)

### **Branthwaite Care Home**

34 Welham Road,  
Retford,  
Nottinghamshire,  
DN22 6TN  
Telephone: 01777 706720  
Places: 21 (Mental health, Dementia)

**Carlton Road Care Home**

181-183 Carlton Road,  
Worksop,  
Nottinghamshire,  
S81 7AD  
Telephone: 01909 473831  
Places: 9 (Learning disability)

**Dyscarr Grange Care Home**

Doncaster Road,  
Langold,  
Nottinghamshire,  
S81 9RJ  
Telephone: 01909 540607  
Places: 7 (Learning disability)

**Hall Farm House Care Home**

Gainsborough Road,  
Everton,  
Nottinghamshire,  
DN10 5BW  
Telephone: 01777 817441  
Places: 6 (Learning disability)

**Holles Street Short Breaks Service**

Holles Street,  
Worksop,  
Nottinghamshire,  
S80 2LJ  
Telephone: 01909 535220  
Places: 10 (Learning disability)

**Limetree Avenue Care Home**

23 Limetree Avenue,  
Retford,  
DN22 7BB  
Telephone: 01777 708725  
Places: 6 (Learning disability)

**Redbank House Care Home**

Town Street,  
South Leverton,  
Nottinghamshire,  
DN22 0BT  
Telephone: 01427 880716  
Places: 7 (Learning disability)

**Rivers**

Blyth Road,  
Oldcotes,  
Worksop,  
Nottinghamshire,  
S81 8HU  
Telephone: 01909 731429  
Places: 6

**Rose Meadow Residential Home**

119 Station Road,  
Misterton,  
Doncaster,  
South Yorkshire,  
DN10 4DG  
Telephone: 01427 891190  
Places: 10 (Learning disability)

**Rutland Crescent (25-27) Care Home**

25-27 Rutland Crescent,  
Harworth,  
South Yorkshire,  
DN11 8HZ  
Telephone: 01302 759636  
Places: 7 (Learning disability)

**Shirebrook Priory,**

Retford Road,  
South Leverton,  
Near Retford,  
Nottinghamshire,  
DN22 0BY  
Telephone: 01427 884482  
Places: 16 (Learning disability)

**Whitegates Care Home**

Sparken Hill,  
Worksop,  
Nottinghamshire,  
S80 1AP  
Telephone: 01909 478746  
Places: 18 (Learning disability)



## WHERE CAN I GET ADVICE AND SUPPORT IF SUFFERING BEREAVEMENT?

### **BASSETLAW BEREAVEMENT CARE**

Offers support and practical assistance to the bereaved, both at Bassetlaw District General Hospital and one to one support in the community.

Bassetlaw Hospital, Blyth Road, Worksop, Notts, S81 0BD

Telephone: 01909 502779

### **DYING MATTERS**

We're here for people in the last years of life, their families, carers and friends. We offer links to local services, information and a supportive online community.

Website: [www.dyingmatters.org](http://www.dyingmatters.org)

### **NOTTINGHAMSHIRE BEREAVEMENT TRUST**

118 Skegby Lane, Mansfield, Nottinghamshire, NG19 6PG

Email: [johnataylor@stoneycroft118.freemove.co.uk](mailto:johnataylor@stoneycroft118.freemove.co.uk)

The trust provides help, comfort and sympathy to bereaved people via a freephone helpline (0800 435 455) every evening between 6pm and 10pm. An Asian Language Helpline is available (0800 9177 416)

## WHERE CAN I GET A WHEELCHAIR?

### **SHOPMOBILITY**

Provides scooters, power chairs and manual chairs

Retford - Chancery Lane Car Park Telephone: 01777 705432

Tuesday - Saturday 9am – 4pm

Worksop - Priory Centre Car Park Telephone: 01909 479070

Monday - Saturday 9am – 4pm

### **DIAL A TRIP IN TUXFORD**

Wheelchairs available to hire on short term loan, once registered with the scheme. and other walking aids and equipment available on request.

Dial a Trip is situated in the Mine of Information Tuxford and open Monday to Thursday 9:30am - 4:30pm and Friday 9:30am - 12:30pm.

Telephone: 01777 874919

[dialatrip@tuxfordonline.co.uk](mailto:dialatrip@tuxfordonline.co.uk)

[www.tuxfordonline.co.uk](http://www.tuxfordonline.co.uk) then click community transport.

### **CARE MATTERS IN RETFORD**

3 New Street

Retford

DN22 6EG

Telephone: 01777 708595

## **PARKGATE MOBILITY WORKSOP**

38-40 Eastgate

Worksop

S80 1RF

Telephone: 01909 478200

## **FOR A PERMANENT WHEELCHAIR**

(An assessment is required)

Single Point of Access (S.P.A)

Telephone: 01777 274422

## **WHO CAN HELP ME TO MANAGE MY LONG TERM CONDITION?**

### **BASSETLAW SELF HELP LINK**

Contact: Dave Bacon on 01777 709650

Email: [dbacon@bassetlawactioncentre.org.uk](mailto:dbacon@bassetlawactioncentre.org.uk)

The Self Help Link is part of the Retford Community Link. Our aim is to offer support to the following:

- existing Self-Help groups and contacts
- people who are hoping to start a new Self Help group
- individuals acting as a Self Help contact
- people wishing to share their experiences
- people who would like some help and support

### **BOUNDARY RESOURCE CENTRE**

Watson Road, Worksop S80, 2BL

Telephone: 01909 533800

We provide day care services for people with enduring mental health problems. We offer group and individual support.

### **MEARS CARE LTD**

4 Glasby Square, Retford, DN22 6EP

Telephone: 01777 700539

Website: [www.mearsgroup.co.uk](http://www.mearsgroup.co.uk)

Private homecare and support services for the elderly and people with learning difficulties across Bassetlaw.

## STAYING WELL EXPERT PATIENTS PROGRAMME

The Staying Well Expert Patients Programme is a six-week course for anyone living with a long-term health condition. Its aims are to help you take control of your health by learning new skills to manage your condition better on a daily basis. Each session lasts for two and a half hours and is facilitated by trained tutors who are themselves living with a long-term condition. The Staying Well programme complements existing health care programmes and treatments, empowering participants to be more informed and better able to develop partnerships with their medical practitioners.

Topics covered by the programme:

- Dealing with pain and extreme tiredness
- Coping with feelings of depression
- Relaxation techniques and exercise
- Healthy eating
- Communicating with family, friends and professionals
- Planning for the future

Contact Dave or Paula on 01777 709650

Email: [dbaon@bassetlawactioncentre.org.uk](mailto:dbaon@bassetlawactioncentre.org.uk)

Website: [www.bassetlawactioncentre.org.uk](http://www.bassetlawactioncentre.org.uk)

## LOOKING AFTER ME

Looking After Me is a free course for adults who are caring for someone living with a long-term health condition or disability.

As its name implies, the course is about you making time to look after your own health needs. It aims to help you take more control of your situation and make a difference to your life.

The course looks at:

- Relaxation techniques
- Dealing with tiredness
- Exercise
- Healthy eating
- Coping with depression
- Communicating with family, friends and professionals
- Planning for the future

Looking after me does not cover carers' rights or benefits, nor practical caring skills such as lifting and handling.

For more information please call the Bassetlaw Action Centre on 01777 709650.

## INFORMATION PRESCRIPTIONS NOTTS

An Information Prescription is a special kind of prescription which provides information, rather than tablets or medicines for patients and carers seeking information and support around Long Term Conditions.

Website: [www.nottsinfoscript.co.uk/](http://www.nottsinfoscript.co.uk/)

## HOW CAN I GET SOME HELP WITH ADAPTATIONS AND SOCIAL CARE?

### **BASSETLAW ADULT AND SOCIAL CARE SERVICES CAN ARRANGE FOR ESSENTIAL HOME ADAPTATIONS**

Other services include:

- Personal care within your own home
- Day care
- Help with discharge from hospital
- Meals At Home
- Disability Equipment

You can visit the Nottingham County Council Customer Service Points at:

- Queens building, Potter Street, Worksop Monday – Friday 8:40am – 5pm
- 17b The Square, Retford Monday – Friday 9am – 5pm

Or telephone Customer Service Centre 0300 500 80 80

### **HANDY PERSON ADAPTATION SERVICE (HPAS)**

The service is to help the disabled or over 60 living across Nottinghamshire. The type of jobs will range from fitting hand rails and half steps to changing light bulbs and putting up shelves.

#### **Adaptation jobs**

Are jobs such as fitting grab rails, stair rails, half-steps and exterior hand rails which help you move around your home and stay steady on your feet, You can have up to £250 worth of adaptations supplied and fitted in a single job for the cost of £15

#### **Handy person jobs**

The other type of jobs are referred to as handy person jobs. There is a flat rate of £15 to the customer for the labour and you will be limited to up to four hours work. You will need to pay for the materials used, but the trader will be able to buy these on your behalf at the beginning of the job if you are unable to buy them yourself.

#### **There are a few restrictions as follows:**

- The adaptation jobs are free as we will meet the cost of adaptations up to £250 and the cost of labour involved. Complex cases will be referred onto the Occupational Therapy team for a full assessment.
- The service does not extend to gardening, decorating, or any job request that requires a specialist trader or is likely to exceed four hours of work.
- HPAS can only be used once in any three month period (unless a combination of adaptations and handyperson jobs are required in a single three month window)
- All jobs must be either preventative in nature (reduce the risk of a fall) or help you remain living independently in your home.

**To apply for the handy person and adaptation service call the scheme co-ordinators on 0300 500 80 80 or email [practicalservices@nottsc.gov.uk](mailto:practicalservices@nottsc.gov.uk)**

## WHERE CAN I GET SOME HELP AROUND THE HOME?

### BRANCHING OUT

Is a gardening and handyperson service from A1 Housing that can take care of any job around the home and garden.

We have very competitive prices and our services are available to everyone in Bassetlaw and beyond, regardless of whether you are an A1 Housing tenant. Since setting up in the spring of 2010, Branching Out has built a reputation for providing a high quality service and expert customer care and we are proud to be endorsed by Trading Standards as a 'Buy with Confidence' trader.

Website: [www.a1housing.co.uk/branching\\_out\\_services](http://www.a1housing.co.uk/branching_out_services)

Telephone: 0800 590 542

### BDC REFUSE COLLECTION

Telephone: 01909 534501

Bassetlaw District Council provides Assisted Refuse Collection for Elderly and Disabled Residents.

### POPPY CALLS

Services include:

- changing light bulbs and tap washers;
- putting up shelves, curtain rails and grab rails;
- fitting smoke alarms and carbon monoxide detectors;
- fitting and changing door locks and other security features;
- building access ramps and storage sheds to house a Legion provided EPV; and
- installing care phones
- 

To be eligible for this service you must have served in the Forces for at least 7 days, or be the dependant of someone who has served; this includes widows and widowers and be receiving a means tested benefit or be aged 75 or over.

Telephone: 0800 032 0306

This service is free to people of all ages who meet with the above criteria of The Royal British Legion.

### HOME SUPPORT SERVICE

Offers a range of services including

- Shopping
- Prescription collection
- Laundry
- Cleaning
- A sitting service
- Light meal preparation
- Escorted shopping and visits

This is a chargeable service. Please ring The Bassetlaw Action Centre for further details.

Telephone: 01777 709650

## **RVS ASISSTED SHOPPING SERVICE**

Registration charge £10.00 per annum, 45p per mile or minimum charge of £2.50 weekly.

- Weekly or fortnightly 2 hour shopping trip.
- Collection of list or accompany and transport to and from supermarket
- Wheelchair friendly volunteers
- Unpack & put away purchases if desired
- Fridge tidy (out of date food check and regular wipe over)

Aim of the service is to develop confidence, encourage independence, support tailored to requirements Only for people over 50 registered with a Bassetlaw GP. For people with a longer term requirement not just to cover shops when family/carers are on holiday.

Royal Voluntary Service

Telephone: 01909 484437

Email: [bassetlaw@royalvoluntaryservice.org.uk](mailto:bassetlaw@royalvoluntaryservice.org.uk)

## **HANDY PERSON ADAPTATION SERVICE (HPAS)**

The service is to help the disabled or over 60 living across Nottinghamshire. The type of jobs will range from fitting hand rails and half steps to changing light bulbs and putting up shelves.

### **Adaptation jobs**

Are jobs such as fitting grab rails, stair rails, half-steps and exterior hand rails which help you move around your home and stay steady on your feet, You can have up to £250 worth of adaptations supplied and fitted in a single job for the cost of £15

### **Handy person jobs**

The other type of jobs are referred to as handy person jobs. There is a flat rate of £15 to the customer for the labour and you will be limited to up to four hours work. You will need to pay for the materials used, but the trader will be able to buy these on your behalf at the beginning of the job if you are unable to buy them yourself.

### **There are a few restrictions as follows:**

- The adaptation jobs are free as we will meet the cost of adaptations up to £250 and the cost of labour involved. Complex cases will be referred onto the Occupational Therapy team for a full assessment.
- The service does not extend to gardening, decorating, or any job request that requires a specialist trader or is likely to exceed four hours of work.
- HPAS can only be used once in any three month period (unless a combination of adaptations and handyperson jobs are required in a single three month window).
- All jobs must be either preventative in nature (reduce the risk of a fall) or help you remain living independently in your home.

To apply for the handy person and adaptation service call the scheme co-ordinators on Telephone: 0300 500 80 80.

Website: [www.nottinghamshire.gov.uk/caring/adultsocialcare/supporttoliveathome/equipment-adaptations/hpas/](http://www.nottinghamshire.gov.uk/caring/adultsocialcare/supporttoliveathome/equipment-adaptations/hpas/)



## HOW CAN I GET OUT AND ABOUT?

### **BASSETLAW COMMUNITY CAR SCHEME**

The Community Car Scheme is only available to Bassetlaw residents who are unable to access any other forms of public transport. The Scheme can be used to visit friends or social clubs, attend doctors and hospital appointments or maybe just go shopping. It is a door to door service; volunteer drivers will allow you one hour maximum from dropping off before returning you home. If you know you are going to be more than one hour, please state at time of booking as there will be an additional charge in this circumstance. In order to use the scheme you must register and become a member and a fee may apply.

Telephone: 01777 709650

Email: [carscheme@bassetlawactioncentre.org.uk](mailto:carscheme@bassetlawactioncentre.org.uk)

Website: [www.bassetlawactioncentre.org.uk/](http://www.bassetlawactioncentre.org.uk/)

### **BASSETLAW COMMUNITY CAR SCHEME PLUS**

The Community Car Scheme Plus is a new Peugeot Expert vehicle has been fully adapted for wheelchair users and offers a door to door service for people of all ages. For an affordable fare you can travel in safety and comfort to make those important appointments, get to work or simply socialise with friends. The vehicle is also able to carry a mobility scooter and up to 3 passengers. It is also fitted with a Turney Seat that comes right out of the car enabling the passenger to sit on and be lifted into the vehicle; this will be particularly helpful for people with limited mobility.

Telephone: 01777 709650

Email: [carschemeplus@bassetlawactioncentre.org.uk](mailto:carschemeplus@bassetlawactioncentre.org.uk)

Website: [www.bassetlawactioncentre.org.uk/](http://www.bassetlawactioncentre.org.uk/)

### **BASSETLAW DISTRICT COUNCIL – ACCESSIBLE TAXIS**

Information regarding Taxi firms with wheelchair accessible vehicles is available.

Licensing Unit, Queens Buildings, Potter Street, Worksop, Notts S80 2AH

Telephone: 01909 533283

Email: [amanda.webster@bassetlaw.gov.uk](mailto:amanda.webster@bassetlaw.gov.uk)

Website: [www.Bassetlaw.gov.uk](http://www.Bassetlaw.gov.uk)

### **DIAL A TRIP**

Telephone: 01777 874919/870040

Is a Social Car Scheme offering access to transport to those people unable to access public or private transport to get to medical appointments, dentist, social events or short shopping trips. Once registered with the scheme we are only a phone call away, but we do ask for 24 to 48 office hours' notice for bookings.

Offices open Monday to Thursday 9:30am to 4:30pm and Friday 9:30am to 12:30pm

Telephone: 01777 874919/870040

[dialatrip@tuxfordonline.co.uk](mailto:dialatrip@tuxfordonline.co.uk)

[www.tuxfordonline.co.uk](http://www.tuxfordonline.co.uk) then click community transport

## **BASSETLAW COMMUNITY TRANSPORT**

Bassetlaw Community Transport is a recently established partnership between Bassetlaw Action Centre and Community Transport for Town & County (CT4TC). It has been established to support individuals and groups for who access to public transport is not available or is unsuitable. Its aim is to support people access health services, leisure activities, work, education and training. The aim is to ensure no one need be disadvantaged by the lack of, or limited access, to transport.

Bassetlaw Action Centre, Canal Street, Retford DN22 6EZ

Telephone: 01777 709650 or 01777 861345

## **BASSETLAW ACTION CENTRE COMMUNITY MINIBUS**

This service is managed by Bassetlaw Action Centre and is a wheelchair friendly minibus offering community groups throughout the district, who may otherwise encounter difficulties when travelling, access to a flexible and affordable mode of transport. Any group wanting to take advantage of this opportunity is required to have obtained membership through the Bassetlaw Action Centre. Both annual and day memberships are available. We also offer a wide range of Day Trips open to the general public.

**Here is a list of the future Minibus trips:**

### **April 2015**

**Boundry Mill Rotherham** - £12.00 Wednesday 8<sup>th</sup> April

**Meadowhall** - £14.50 Monday 13<sup>th</sup> April

**Melton Mowbray Market** - £16.50 Tuesday 21<sup>st</sup> April

**York Railway Museum** - £15.00 Monday 27<sup>th</sup> April (admission Free)

### **May 2015**

**Yorkshire Wildlife Park** - £11.00 Tuesday 5<sup>th</sup> May (Does not include admission)

**Rufford Park** - £9.50 Tuesday 12<sup>th</sup> May

**Bakewell Market** - £16.00 Monday 11<sup>th</sup> May

**Skegness** - £16.50 Tuesday 19<sup>th</sup> May

**Whitby** - £24.50 Tuesday 26<sup>th</sup> May

### **June 2015**

**Yorkshire Sculpture Park** - £18.00 Monday 1<sup>st</sup> June

**Grimsby & Cleethorpes** - £16.50 Tuesday 2<sup>nd</sup> June

**Bridlington** - £19.50 Tuesday 9<sup>th</sup> June

**Skegness** - £16.50 Tuesday 16<sup>th</sup> June

**Brigg Garden Centre** - £13.50 Tuesday 23<sup>rd</sup> June

**Downtown Grantham** - £15.00 Tuesday 30<sup>th</sup> June

### **July 2015**

# SERVICES IN BASSETLAW

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**Bakewell Market** - £16.00 Monday 6<sup>th</sup> July

**Skegness** - £16.50 Tuesday 14<sup>th</sup> July

**Melton Mowbray Market** - £16.50 Tuesday 21<sup>st</sup> July

**Pennels Garden Centre & Lincoln shopping** - £10.50 Tuesday 28<sup>th</sup> July

## August 2015

**Chatsworth House** - £14.00 Tuesday 4<sup>th</sup> August (does not include admission).

**Yorkshire Wildlife Park** - £11 Monday 10<sup>th</sup> August (does not include admission)

**Whitby** - £24.50 Tuesday 11<sup>th</sup> August

**Brigg Garden Centre** - £13.50 Monday 17<sup>th</sup> August

**Skegness** - £16.50 Tuesday 25<sup>th</sup> August

## September 2015

**Scarborough** - £22.00 Tuesday 1<sup>st</sup> September

**Holmfirth** - £15.50 Tuesday 8<sup>th</sup> September

**Doddington Hall** - £11.00 Monday 14<sup>th</sup> September (Does not include admission)

**Please note** – all prices are correct at time of printing but are subject to change.

Registration is required before you book onto any of the trips.

For bookings, registration or further details of any of our trips please contact: Bassetlaw Action Centre.

Tel: 01777 709650

We now have gift vouchers available to purchase so why not treat your family or friends; they would make a great Christmas or Birthday present.

## Booking and payment arrangements for day trips:

Payment is to be made at the time of booking for all day trips. Bookings that are not paid will only be held for 7 days. If a trip is shown to be fully booked you can put your name on a reserve list and we will contact you if a place becomes available. Payment can be made by cash, debit/credit card over the phone or in person or by cheque, payable to **Bassetlaw Action Centre**. Monies paid will be non-refundable, unless we can re-book your place.

## WHERE CAN I GET TRAVEL INFORMATION?

### TRAVELINE

Telephone: 0871 200 2233

[www.traveline.org.uk](http://www.traveline.org.uk)

### NATIONAL RAIL ENQUIRIES

Telephone: 08457 48 49 50

[www.nationalrail.co.uk](http://www.nationalrail.co.uk)

### FREE CONCESSIONARY TRAVEL SCHEME

## Who is eligible?

The scheme no longer provides a free pass automatically at the age of 60. Instead, the qualifying age is now linked to the state pension age. To see when you will qualify for a free pass on age grounds, have a look on [www.gov.uk/calculate-state-pension](http://www.gov.uk/calculate-state-pension)

You are an eligible disabled person if you:

- are blind or partially sighted
- are profoundly or severely deaf
- are without speech
- have a disability, or have suffered an injury, which has a substantial and long-term adverse effect on your ability to walk
- do not have arms or have long term loss of the use of both arms
- have a learning disability - a state of arrested or incomplete development of mind which includes significant impairment of intelligence and social functioning, or
- would have an application to drive a motor vehicle refused due to your disability.

## When can you use your pass?

The National Concessionary Pass allows you to enjoy free off-peak travel on local buses anywhere in England. The national free entitlement operates between 9.30am and 11.00pm Monday to Friday and all day at weekends and on public holidays.

The Nottinghamshire scheme offers the following additional benefits over and above the English national scheme:

- Free travel on the Nottingham tram (NET) between 9.30am and 11.00pm Monday to Friday, all day at weekends and on bank holidays.
- From March 2014 there will be ticket scanners to all tram stops. To receive free travel scan your bus pass before boarding the tram. Tram inspectors will be in operation and may ask to rescan your pass to check it was done before boarding.

## How do you apply for your travel pass and how much does it cost?

The concessionary travel passes are initially free of charge, however if you lose your pass a fee may be charged for the replacement.

Telephone: 0300 500 80 80

## TRANSPORT TO HEALTH

The service provides a hotline that helps people with problems accessing transport to health facilities in Bassetlaw to travel to health facilities such as hospitals, GP surgeries or pharmacies is growing in popularity. The service, known as Transport to Health provides personalised travel plans to access health services, information on public transport, community transport and accessible taxis as well as advise on criteria to access ambulance services. Lines are open from 8am to 8pm Monday to Friday, 8am to 12noon Saturday. Calls cost 3p per minute from landlines, mobile phone rates may vary.

Telephone: 08449 800014

## WHO CAN TELL ME ABOUT LOCAL GROUPS AND CLUBS?

For a list of groups and clubs in your area contact the following organisations:

### **BASSETLAW ACTION CENTRE**

Bassetlaw Action Centre is a Community Resource Agency linking individuals and organisations with help and support.

Canal Street, Retford, DN22 6EZ

Telephone: 01777 709650

Email: [enquiries@bassetlawactioncentre.org.uk](mailto:enquiries@bassetlawactioncentre.org.uk)

Website: [www.bassetlawactioncentre.org.uk](http://www.bassetlawactioncentre.org.uk)

### **BCVS – BASSETLAW COMMUNITY AND VOLUNTARY SERVICE**

BCVS@The Priory, The Old Abbey School, Priorswell Road

Worksop, Notts, S80 2BU

Telephone: 01909 476118

Email: [OFFICECOORDINATOR@BCVS.ORG.UK](mailto:OFFICECOORDINATOR@BCVS.ORG.UK)

Website: [www.bcvs.org.uk](http://www.bcvs.org.uk)

BCVS encourages community initiatives and involvement, community information and networking as well as offering practical help to local organisations working in partnership to maximise potential.

### **TUXFORD MINE OF INFORMATION**

The Mine of Information is a Community Resource Centre with access to information for individuals and organisations looking for help and support.

Offices open Monday to Thursday 9:30am - 4:30pm and Friday 9:30am - 12:30pm

Telephone: 01777 870040

Email: [moi@tuxfordonline.co.uk](mailto:moi@tuxfordonline.co.uk) Website: [www.tuxfordonline.co.uk](http://www.tuxfordonline.co.uk)

## DO YOU WANT TO TAKE RESPONSIBILITY FOR YOUR OWN HEALTH AND KEEPING ACTIVE?

### **OBESITY PREVENTION & WEIGHT MANAGEMENT SCHEME**

This scheme is run by Everyone Health.

Telephone: 08453 890066

Email: [businessdevelopment@everyonehealth.co.uk](mailto:businessdevelopment@everyonehealth.co.uk)

Website: [www.everyonehealth.co.uk](http://www.everyonehealth.co.uk)

### **STOP SMOKING SERVICE**

A free NHS stop smoking service that helps anyone who lives, works or is having treatment in Bassetlaw and is ready to stop smoking.

Telephone: 0800 328 8553

### **COMMUNITY HEALTH EDUCATORS**

# SERVICES IN BASSETLAW

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Provide advice and instruction on cooking skills, healthy eating and nutrition advice, weight management, basic shopping, budgeting and menu planning, to promote positive lifestyle choices to the residents of Bassetlaw.

Telephone: 01909 476563

## STAYING WELL PROGRAMME

A free six week course helping people to better self-manage their long term health condition. Courses are available in various locations throughout Bassetlaw.

Telephone: 01777 709650

## WHAT HEALTHY ACTIVITIES/LEISURE SERVICES ARE AVAILABLE?

### BASSETLAW DISTRICT COUNCIL – PARKS AND OPEN SPACES

To Rent a Council Owned Allotment

Telephone 01909 534525

Email: [parks@bassetlaw.gov.uk](mailto:parks@bassetlaw.gov.uk)

### BASSETLAW – STEP 2 IT

Evening Health Walks are April – September

Daytime Health Walks are All Year

#### Andy's Café, Langold Lake

Wednesdays 10am

#### Kilton Forest Golf Course

Thursdays 10am

#### Retford Leisure Centre

Tuesdays 10am

Wednesdays 6.30pm (April to September)

### BIRCOTES LEISURE CENTRE

Whitehouse Road, Bircotes, Doncaster, DN11 8EF

Telephone: 01302 743979

#### Facilities:

- 20m Swimming Pool
- 2 Squash Courts
- MUGA – Multi-Use Games Area/Outside Pitch
- Sports Hall (4 Badminton Courts/Aerobics )
- Fitness Suite
- Sauna
- Dance Studio/Conference Room

### DUKERIES – Step 2 it

All year round - Thursday at 10am from Kilton Forest Golf Course

Telephone: Malcolm 07599 340551

### RETFORD LEISURE CENTRE

Old Hall Drive, Retford, DN22 7EA

Telephone: 01777 706500



## Facilities:

- 25 metre Swimming Pool
- 12 metre Training Pool
- Fitness Suite
- Aerobic Studio
- Conference Room
- Steam Room
- Sauna
- Viewing balcony
- Vending Area

## RETFORD – STEP 2 IT

Health walks start from Retford Leisure Centre every Tuesday at 10am and from April to September on Wednesday evenings at 6.30pm.

Telephone: Tony Bell 01777 702204

## WORKSOP - SAVOY CINEMA - SILVER SCREENINGS

Exclusively for the over 50s every Wednesday at 11.30am. Admission is £3.75 including complimentary tea or coffee. Telephone: 01909 481900

Website: [Savoyworksop.co.uk](http://Savoyworksop.co.uk)

## WORKSOP – CLUMBER PARK CYCLEABOUT

Cycleabout Clumber from 10:30am – 11:30am on the third Saturday of the month.

## WORKSOP – CLUMBER PARK PUSHABOUT

Buggy walks aimed at parent or carers of babies and toddlers

Starts at 10am – 11am.

8<sup>th</sup> April 2015

29<sup>th</sup> April 2015

13<sup>th</sup> May 2015

27<sup>th</sup> May 2015

10<sup>th</sup> June 2015

24<sup>th</sup> June 2015

8<sup>th</sup> July 2015

29<sup>th</sup> July 2015

## WORKSOP – CLUMBER PARK LADIES EVENING CYCLEABOUT

Starts at 6:30pm – 7:30pm on the second Tuesday of the month up to the 11 September.

## WORKSOP LEISURE CENTRE

Valley Road, Worksop, S81 7EN

Telephone: 01909 473937

## Facilities:

- 25 metre Swimming Pool
- 12 metre Training Pool
- Fitness Suite
- Aerobic Studio
- Conference Room
- Steam Room
- Sauna
- Viewing balcony
- Vending Area

## BASSETLAW DISTRICT COUNCIL SPORTS DEVELOPMENT SERVICE

Telephone: 01909 534523

Email: [sports.development@bassetlaw.gov.uk](mailto:sports.development@bassetlaw.gov.uk)

Website: [www.bassetlaw.gov.uk/sport](http://www.bassetlaw.gov.uk/sport)

The service supports all local clubs that offer activities for the older person. Specific activities developed and promoted include Health Walks, Boccia Leagues & Recreational Cycle rides as well as the national ping pong table tennis campaign via care home workers.

## NORTH NOTTS COMMUNITY ARENA

Venue: Worksop - North Notts Community Arena Eastgate, Worksop, Notts. S80 1QS		
Activity	Day/Time	Contact
Venue		01909 480164
Active @ Arena, (Boccia, New Age Kurling, Snooker & Bowls) Blast Session, (Multi-Sports for the disabled)	Monday 10am - 2pm Wednesdays 10am - 3pm	Craig Snowdon
<b>Heartbeatz Group</b> Exercise sessions to aid cardiac rehabilitation with instructor	Tuesday 12:30pm – 1:30pm Thursday 2pm - 3 pm	Sarah Franks
50+-Activity Group Indoor bowls, badminton, snooker and table tennis	Monday 10:30am - 1pm Thursday 11am - 1pm	George Naylor
Heartbeatz Group Exercise sessions to aid cardiac rehabilitation with instructor	Thursday 12:30pm – 1:30pm	Sarah Franks

## WALKING IN NOTTINGHAMSHIRE

Walking in Nottinghamshire [www.walkinginnotts.co.uk](http://www.walkinginnotts.co.uk) is a website packed with useful information for walkers.

With hundreds of walks to download and print, free, it also has books of walks, contact details for all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place.

With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

For more information contact John Harris

[www.walkinginengland.co.uk](http://www.walkinginengland.co.uk)

Email: [john@walkinginengland.co.uk](mailto:john@walkinginengland.co.uk)

# SERVICES IN BASSETLAW

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Telephone: 01920 822887

## WHERE CAN I FIND GP REFERRAL OR CARDIAC REHABILITATION EXERCISE CLASSES?

### BIRCOTES LEISURE CENTRE

Telephone: 01302 743979

### RETFORD - LEISURE CENTRE

Telephone: 01777 706500

Monday	9am – 10pm Senior circuit class
Monday	8am - 8:45am and 8:15pm – 9pm Aquacise
Tuesday	12:45pm - 1:30pm Chair Based Exercise Class
Wednesday	2pm – 3pm Cardiac Rehabilitation Exercise Class
Wednesday	9am – 10am Senior circuit class
Thursday	11:45am – 12:30pm Aquacise
Friday	9am – 10am Senior circuit class
Sunday	5:30pm – 6:30pm Swimfit

### WORKSOP - LEISURE CENTRE

Telephone: 01909 473937

Thursday	11:15am – 12noon Aqua Fit
Thursday	11:30am – 12:30pm Pulmonary rehab
Friday	8pm – 9pm Swimfit
Monday	1pm – 2pm Pulmonary rehab
Tuesday	11:30am – 12:15pm Aqua fit

## WHERE CAN I FIND HELP TO STOP SMOKING?

### BASSETLAW STOP SMOKING SERVICE

Telephone: 0800 328 8553

[www.smokefree.nhs.uk](http://www.smokefree.nhs.uk)

## WHAT IS ABUSE OR MISTREATMENT?

Abuse or mistreatment can be many things.

**Physical** including hitting, slapping, punching, kicking or the misuse of medication on someone.

**Sexual** including rape or sexual assault acts which the person has not consented to. It may be non-contact such as teasing or being photographed.

**Psychological** including threats, humiliating someone, controlling or intimidating.

**Financial** including stealing or tricking the person out of money or material possessions like their house or jewellery.

**Discriminatory** including racist, sexist, that is based on a person's disability and other forms of harassment.

**Neglect** is also a form of abuse - leaving someone without food or heating, refusing to take care of personal needs and failing to provide access to appropriate health and social care may all be forms of neglect.

## NOTTINGHAMSHIRE WOMEN'S AID

The Farr Centre, Chapel Walk, Westgate, Worksop, S80 1LR. Telephone: 01909 533610.

Email: [enquiries@nottswa.org](mailto:enquiries@nottswa.org)

Website: [www.nottswa.org](http://www.nottswa.org)

### 24 hour Freephone Helpline

Telephone: 0808 800 0340

## VICTIM SUPPORT SCHEME

We are the national charity giving free and confidential help to victims of crime, witnesses, their family, friends and anyone else affected across England and Wales. We also speak out as a national voice for victims and witnesses and campaign for change.

We are not a government agency or part of the police and you don't have to report a crime to the police to get our help. You can call us any time after the crime has happened, whether it was yesterday, last week or several years ago.

We have offices throughout England and Wales and we run the Witness Service in every criminal court.

For help, support or advice call our East Midlands team now on 0300 303 1947.

Website: [www.victimsupport.org.uk/](http://www.victimsupport.org.uk/)

## WHO CAN I HAVE A CHAT WITH WHEN I FEEL LONELY?

### A CALL IN TIME

Telephone: 0844 225 0320

Call in Time is a FREE service where a trained volunteer could give you a friendly phone call once a week, on your preferred day, and at a time convenient to you, for a friendly chat to talk about just about anything you want to, from the weather to your favourite subject?

Contact: Caroline Reynolds

Telephone: 0207 2391866

### THE SILVER LINE

The Silver Line is the only free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.

Telephone: 0800 470 80 90

Website: [www.thesilverline.org.uk/](http://www.thesilverline.org.uk/)

## RURAL BASSETLAW – BEFRIENDING

Contact: Jane Jackman

Telephone: 01623 727600

Email: [jjackman@racn.org.uk](mailto:jjackman@racn.org.uk)

We support older people who are lonely or isolated due to lack of family or friends, rurality mobility etc. our befriending volunteers offer companionship and assistance to help maintain independence and quality of life, through one to one support and group activities.

## RVS TELEPHONE BEFRIENDING

Royal Voluntary Service

C/O Barringtons

83 Bridge Street

Worksop

Nottinghamshire

S80 1DL

Telephone: 01909 484437

Email: [bassetlaw@royalvoluntaryservice.org.uk](mailto:bassetlaw@royalvoluntaryservice.org.uk)

## WORKSOP LIVE AT HOME SCHEME

64 Dudley Road, Carlton-in-Lindrick, Worksop, S81 9LU

Telephone: 01909 732488

Email: [worksop.liveathome@btinternet.com](mailto:worksop.liveathome@btinternet.com)

Website: [www.mha.org.uk](http://www.mha.org.uk)

## WHERE CAN I GET SOME SUPPORT WHEN I LEAVE HOSPITAL?

### RVS HOME FROM HOSPITAL SCHEME

Royal Voluntary Service

C/O Barringtons

83 Bridge Street

Worksop

Nottinghamshire

S80 1DL.

Telephone: 01909 484437

Email: [bassetlaw@royalvoluntaryservice.org.uk](mailto:bassetlaw@royalvoluntaryservice.org.uk)

Support for the over 50's returning home from hospital. Service users can self-refer by Telephone or email

## HOME SUPPORT SERVICE

Offers a range of services including

- Shopping
- Prescription collection
- Laundry
- Cleaning
- A sitting service
- Light meal preparation
- Escorted shopping and visits

This is a chargeable service please ring The Bassetlaw Action Centre for further details.  
Telephone: 01777 709650

## WHO CAN TELEPHONE ME ABOUT VOLUNTEERING OPPORTUNITIES?

### MANSFIELD COMMUNITY AND VOLUNTARY SERVICE

Community House, 36 Wood Street, Mansfield, Notts, NG18 1QA

Telephone: 01623 651177

Email: [info@mansfieldcvs.org](mailto:info@mansfieldcvs.org)

We provide support and guidance for those who want to become volunteers and those who want to recruit volunteers.

### BCVS INVOLVE

BCVS@ThePriory, The Old Abbey School, Priorswell Road

Worksop, Notts, S80 2BU

Contact: Allison Palmer

Telephone: 01909 476118 ext 23, Fax: 01909 484141

Website: [www.bcv.org.uk](http://www.bcv.org.uk)

## THE BASSETLAW ACTION CENTRE VOLUNTEER OPPORTUNITIES

### Bassetlaw Resource Centre

We have opportunities for volunteers to help at the Resource Centre on Thursdays to help within the kitchen, washing pots, making refreshments, serving to the customers, selling raffle tickets and helping people to go about their activities.

### Office Administration

We have opportunities for volunteers to help within the Bassetlaw Action Centre office. Duties will include answering the telephone and making calls, using Microsoft Word, Excel, Access and Publisher, supporting staff and helping around the office.

## **Bassetlaw Community Car Scheme**

If you enjoy driving and meeting people and are looking to help the local community, you are the ideal person to be a volunteer driver. Any amount of time that you are able to give to the scheme is welcomed, even an hour or two each week. We are all part of a friendly team and drivers help and support each other in addition to receiving support and training from the staff at The Bassetlaw Action Centre. We do not put any pressure on our drivers and are grateful for any amount of time that they are able to give to the Car Scheme. Many clients have managed to remain independent because of the valuable help they have received from our volunteer drivers. We pay 45p per mile for every mile that you drive on behalf of the scheme.

## **Bassetlaw Community Car Scheme Plus**

We are also looking for drivers for our Community Car Scheme Plus vehicle. This vehicle has been fully adapted for wheelchair users and offers a door to door service for people of all ages. The vehicle is also able to carry a mobility scooter and up to 3 passengers. It is also fitted with a Turney Seat that comes right out of the car enabling the passenger to sit on and be lifted into the vehicle; this will be particularly helpful for people with limited mobility. We provide all training for this vehicle which will help individuals to travel in safety and comfort to make those important appointments, get to work or simply socialise with friends for an affordable fare.

## **Bassetlaw Community Minibus**

We are always looking to add to our bank of volunteer drivers for the minibus at the Bassetlaw Action Centre. The minibus has the facilities to enable wheelchair users to board and alight using a passenger lift and specialist equipment to secure both the user and their wheelchair. All our drivers undergo an enhanced CRB check and MiDAS training.

If you are interested in becoming a volunteer for the Retford Resource for Older People, Office Administration, Community Car Scheme, Community Car Scheme Plus or Community Minibus or have any questions about any of the Schemes.

Contact: Bassetlaw Action Centre  
Canal Street, Retford, Notts, DN22 6EZ  
Telephone: 01777 709650  
Email: [enquiries@bassetlawactioncentre.org.uk](mailto:enquiries@bassetlawactioncentre.org.uk)



## HOW CAN I LEARN NEW SKILLS?

### **NORTH NOTTS COLLEGE:**

Contact address below for details of available adult courses.

Website: [www.nnc.ac.uk](http://www.nnc.ac.uk)

#### **Contact Us**

You can choose to contact the College by email, phone, fax or post. Whichever way you choose, our staff will be pleased to help and will get back to you as soon as possible.

#### **Student Services**

Student Services can help with course enquiries, financial support and general advice and guidance.

By Email: [contact@nnc.ac.uk](mailto:contact@nnc.ac.uk) Telephone: 01909 504500

#### **Main College**

Telephone: 01909 504504

Fax: 01909 504505

#### **By Post:**

North Notts College

Carlton Road

Worksop

Nottinghamshire

S81 7HP

### **TUXFORD MINE OF INFORMATION**

Tuxford Mine of Information is able to host various courses throughout the year either with our own tutors or with outreach tutors from local colleges, depending on the needs of the public. For example, we offer courses in Family Tree Research, IT Training, Employability Skills and much more, some free of charge.

Please call 01777 870040 or Email: [moi@tuxfordonline.co.uk](mailto:moi@tuxfordonline.co.uk) <http://www.tuxfordonline.co.uk>

### **WORKERS EDUCATION ASSOCIATION (WEA)**

Training courses available from the WEA are:

#### **Lip reading**

Lip reading on Tuesdays 1pm – 3pm for 7 weeks starting 05 May 2015 at Retford Library

#### **Crafts**

Craft and Card making on Mondays 9:30am – 11:30am newcomers welcome at any time at Grove Street Methodist Church Hall Retford.

Mixed crafts workshop on Thursdays 1:30pm – 3:30pm ongoing until 23/04/15, newcomers welcome at any time at Church Room, Church Hall (belonging to All Saints Church), Misterton

# SERVICES IN BASSETLAW

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## English and Maths

Improve your Maths Monday 10am – 12noon for 11 weeks starting 20 April 2015 at Bassetlaw Action Centre. Improve your English and Maths on Tuesday 6pm – 8:45pm ongoing until July 2015, newcomers welcome at any time at Misterton Primary School.

**For further information on English, Maths and Crafts courses please contact Julie on 01246 278623**

## Computer Classes at Bassetlaw Action Centre

Course title	Start date	End date	Day	Time	Wks	Tutor
Improve your Computer Skills	21/04/15	07/07/15	Tues	1pm to 3pm	11	Jayne Bullock
Introduction to Computer Skills	22/04/15	08/07/15	Wed	10am – 12noon	11	Lesley Parks
Computer Skills Workshop	22/04/15	08/07/15	Wed	1pm to 3pm	11	Lesley Parks
Improve your Computer Skills	23/04/15	09/07/15	Thurs	10am – 12noon	11	Lesley Parks
Improve your Computer Skills	23/04/15	09/07/15	Thurs	1pm to 3pm	11	Lesley Parks

**For further information on Computer Skills courses contact WEA Mansfield office on 01623 427352. To book a place on IT courses at Bassetlaw Action Centre call the Centre direct on 01777 709650**

## WHAT SUPPORT SERVICES ARE AVAILABLE IN RURAL AREAS?

### BASSETLAW DISTRICT COUNCIL RURAL CONTACT

Councillor Hazel Brand is the Rural Champion and Ward Councillor and can be contacted on 01427 891376. Hazel is happy to see people about wider rural matters. She has surgeries on the last of the month in West Stockwith (Gertrude Morris Hall) from 9am - 9.45am, then in Misterton (The Misterton Centre) from 10am - 11am.

Email: [hazel.brand@bassetlaw.gov.uk](mailto:hazel.brand@bassetlaw.gov.uk)

Website: [www.bassetlaw.gov.uk/everything-else/about-us/local-councillors/your-local-councillor/misterton/hazel-brand.aspx](http://www.bassetlaw.gov.uk/everything-else/about-us/local-councillors/your-local-councillor/misterton/hazel-brand.aspx)

Stephen Brown, Head of Corporate Services, is the contact for information on rural issues including Parish Councils. He is available on 01909 533767 or email [Stephen.brown@bassetlaw.gov.uk](mailto:Stephen.brown@bassetlaw.gov.uk)

# SERVICES IN BASSETLAW

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## LANGOLD CENTRE

The Village Hall,  
Markham Rd,  
Langold, Worksop, S81 9SW  
Telephone: 01909 732904

## THE MISTERTON CENTRE

31 High Street,  
Misterton, Doncaster, DN10 4BU  
Telephone: 01427 891659/ reception 01427 891872  
Email: [themistertoncentre@btconnect.com](mailto:themistertoncentre@btconnect.com)  
Website: [www.mistertonvillage.org.uk](http://www.mistertonvillage.org.uk)

## NATIONAL ASSOCIATION OF LOCAL COUNCIL NOTTINGHAMSHIRE BRANCH

Nottinghamshire Association of Local Councils, Minister Chambers,  
Southwell, Notts, NG25 0HP  
Website: [www.nottsalc.org.uk](http://www.nottsalc.org.uk)

## TUXFORD MINE OF INFORMATION

The Mine of Information is a Resource Centre offering a range of services and signposting to the general public including: Offices open Monday to Thursday 9:30am - 4:30pm and Friday 9:30am - 12:30pm

- Blue Badge application and renewal – online or video conference
- Traffic and Travel information including bus time tables
- Food Bank collection and voucher distribution
- Employment opportunities including Universal Job Match
- General enquiries, Council enquiries and customer services
- Bus Passes - forms
- Advice Bassetlaw
- A1 Housing officer
- Training opportunities
- Police Surgeries once a month

2 Market Place, Tuxford, Newark, Nottinghamshire, NG22 0LA  
Telephone: 01777 870040  
Email: [moi@tuxfordonline.co.uk](mailto:moi@tuxfordonline.co.uk) Website: [www.tuxfordonline.co.uk](http://www.tuxfordonline.co.uk)

## WHERE CAN I FIND GENERAL INFORMATION ABOUT SERVICES FOR OLDER PEOPLE?

### BASSETLAW ACTION CENTRE

Bassetlaw Action Centre is a Community Resource Agency linking individuals and organisations with help and support  
Canal Street, Retford, DN22 6EZ  
Telephone: 01777 709650  
Email: [enquiries@bassetlawactioncentre.org.uk](mailto:enquiries@bassetlawactioncentre.org.uk)  
Website: [www.bassetlawactioncentre.org.uk](http://www.bassetlawactioncentre.org.uk)

## **ROYAL VOLUNTARY SERVICE - BEFRIENDING**

Royal Voluntary Service

C/O Barringtons

83 Bridge Street, Worksop, Nottinghamshire, S80 1DL

Telephone: 01909 484437

Email: [bassetlaw@royalvoluntaryservice.org.uk](mailto:bassetlaw@royalvoluntaryservice.org.uk)

## **NOTTS 50PLUS**

Notts 50plus is a partnership working to improve the quality of life for people over 50 in Nottinghamshire. Notts 50plus aims to increase choice and control for people over 50 by:

- Promoting independence, health and well-being
- Improving access to information, opportunities and services.

They are developing new services to help people aged 50 plus and living in Nottinghamshire stay independent, active and healthy. Notts50plus.co.uk provides information on services, activities, and organisations in Nottinghamshire aimed at the over 50's.

[www.notts50plus.co.uk/](http://www.notts50plus.co.uk/)

## **WHERE CAN I FIND OUT ABOUT HELP FOR CARERS?**

### **CARERS FEDERATION**

Carers Federation Head Office

Christopher Cargill House,

21-23 Pelham Road, Nottingham, NG5 1AP

Website: [www.carersfederation.co.uk/](http://www.carersfederation.co.uk/)

Telephone: 01159 629 310

Fax: 01159 629 338

### **REACH OUT NOTTINGHAMSHIRE**

Provides information for disabled and their carers

Unit 15, Botany Park, Botany Avenue,

Mansfield, NG18 5NF

Advice line: 01623 625 891

Website: [www.disabilitynottinghamshire.org.uk/](http://www.disabilitynottinghamshire.org.uk/)

Email: [advice@disabilitynottinghamshire.org.uk](mailto:advice@disabilitynottinghamshire.org.uk)

## DOES THE COUNCIL PROVIDE FINANCIAL SUPPORT FOR COMMUNITY GROUPS?

Each District Councillor is allocated a small budget and has the discretion to award grants to community activities that will benefit the community within their respective electoral ward areas. Councillors will consider grant applications for sports; culture and heritage; environment and sustainability; social welfare; and community activities.

Unsuccessful applicants will be unable to reapply to the Councillor Community Grants scheme in the same year. Applications will only be accepted once the activity has been discussed with the ward member of Bassetlaw District Council.

Funding for the following, are unlikely to be considered:

- Activities which cover an area that is the primary responsibility of another funding agency
- Additional funding from Bassetlaw District Council
- Activities that do not support Bassetlaw residents
- Activities that promote religious belief or political activities
- Civic events
- Expenses that have already been incurred or retrospective funding

For more information contact:

Your Ward Councillor, or Members Support, Bassetlaw District Council, Queen's Buildings, Potter Street, Worksop, Notts, S80 2AH. Telephone: 01909 533116.

## WHERE CAN I FIND CONTACT DETAILS FOR MY LOCAL MP/COUNCILLOR?

For Members' Support, please contact 01909 533116 or email: [rebecca.smith@bassetlaw.gov.uk](mailto:rebecca.smith@bassetlaw.gov.uk) or [sue.symcox@bassetlaw.gov.uk](mailto:sue.symcox@bassetlaw.gov.uk)

Further information is available on the Council website:

[www.bassetlaw.gov.uk/everything-else/about-us/local-councillors/your-local-councillor.aspx](http://www.bassetlaw.gov.uk/everything-else/about-us/local-councillors/your-local-councillor.aspx)

## USEFUL NUMBERS

**Age UK Tel: 0115 844 0011**

**Alzheimer's Society: 01909 730886**

**Bassetlaw Hospice: 01777 863270**

**Bassetlaw Mind: 01909 476075**

**Bassetlaw Community and Voluntary Service: 01909 476118**

**Bereavement Care: 01909 502779**

**Citizens' Advice Bureau: 0844 856 3411**

**Carers' Federation: 0115 9629 310**

**Macmillan Cancer Information Service: 01777 863282**

**Bassetlaw Resource Centre: 01777 862745 (Thursdays only)**

**Rural Bassetlaw Befriending: 01623 727600**

**RVS Home from Hospital Scheme: 01909 484437**

**2Shires Credit Union: 01909 500575**

**Stroke Information Service: 01777 709650**

**Tuxford Mine of Information: 01777 870040**