

Bassetlaw



Centre



SENIORS DIRECTORY



*'Making a difference
throughout Bassetlaw'*

Bassetlaw Action Centre
Canal Street
Retford
DN22 6EZ
Tel: 01777 709650
Fax: 01777 819040



Bassetlaw Action Centre



@ActionCentre

www.bassetlawactioncentre.org.uk
enquiries@actioncentre.org.uk

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INTRODUCTION

WHY WE HAVE PRODUCED A DIRECTORY OF OLDER PEOPLES SERVICES

Bassetlaw is fortunate that it has many active groups to support and improve lifestyle. Access to information about how and where services are provided is very important.

As a result Bassetlaw Action Centre produced this Directory to inform Older People about the services available.

UPDATING THE DIRECTORY

We want to keep the information in the Directory as up to date as possible. It will be amended every six months. An on-line version is available at www.bassetlawactioncentre.org.uk

We have tried to include as much information as possible but there may be gaps. You may know about a service/group that should be included in the Directory or a service/group that no longer exists. If you want to make amendments to the information please contact

Bassetlaw Action Centre
Canal Street
Retford
Nottinghamshire
DN22 6EZ
Telephone: 01777 709650
Website: www.bassetlawactioncentre.org.uk
Email: enquiries@actioncentre.org.uk
Facebook: Bassetlaw Action Centre
Twitter: @ActionCentre



GROUPS & CLUBS IN BASSETLAW

District-Wide

AGE UK – NOTTINGHAMSHIRE

Bradbury House, 12 Shakespeare Street,
Nottingham, NG1 4FQ

Telephone: 0115 8440011

Website: www.ageuk.org.uk/notts

Main contact for local Age Concern Groups.

Advice and information, welfare rights support for local groups, day centres for the elderly and mentally ill, luncheon clubs and age well groups. Support and training volunteers working within the groups.

AGE CONCERN – HARWORTH AND BIRCOTES

Contact: Hilary Jones (Organiser)

Telephone: 07790 230673

Luncheon club, coffee shop, information and signposting.

ALZHEIMER'S SOCIETY - BASSETLAW

The Centre, Northumberland Avenue, Costhorpe, Worksop, Nottinghamshire, S81 9JP

General Office Telephone: 01909 730886. Dementia Support Worker 01909 540354

Website: www.alzheimers.org.uk

Email: bassetlaw@alzheimers.org.uk

The Alzheimer's Society offers a range of support to people with dementia, their carers, family and friends and aims to increase awareness of dementia in all communities. Our [specialist](#) Dementia Support Workers can provide support, information and guidance to help you understand dementia, cope with the day-to-day challenges it brings and prepare for the future. This includes assisting you to access other support services within your community. [We offer a one-to-one support service by telephone, face to face visits and written information as required.](#) For further information on our Memory Café's, Carers Information and Support Programmes, Singing for The Brain sessions and our Side by Side Service in the area please call our local office 01909 730886.

AURORA WELLBEING CENTRE – WORKSOP

The Aurora Wellbeing Centre is open Monday - Friday, 9:30am - 4.30pm. We encourage you to come along and see what we do, visit our tearooms and enjoy a selection of refreshments, or browse our charity shop and pick up a bargain. We offer a great range of services and programmes, along with a Macmillan Survivorship Hub. Please visit our website to find out more or pop into the centre to pick up an information leaflet about the Charity in Worksop.

We welcome members of the public as well as cancer patients or those with long term conditions; all our services are available to the public for a small donation to the charity.

Support groups available on Fridays for Bereavement and Cancer Survivors / Carers of Cancer patients. Bereavement group is in the morning and Survivors/carers group in the afternoon.

For further information, contact:

Aurora Wellbeing Centre

The Old Library Building, Memorial Avenue, Worksop, S80 2BJ

Telephone: 01909 470985

Website: www.aurorawellbeing.org.uk

Email: admin@aurorawellbeing.org.uk

BASSETLAW – ASTRONOMICAL SOCIETY

Gateford Park Primary School, Amherst Rise, Worksop, S81 7RG

Telephone: Secretary Andrew Patton: 01909 480939

Or Contact the Chairman James Ince: 01777 702800

Website: <http://bassetlawastro.btck.co.uk/>

Email: james.ince1@tiscali.co.uk

Fortnightly Wednesday 8.00pm – 10.00pm

Membership: £12.00 pa, £6.00 pa for the usual concessions

BASSETLAW – MIND – ASSOCIATION FOR MENTAL HEALTH LIMITED

The MIND Building, 6 Hardy Street, Worksop, S80 1EH

Telephone: 01909 476075

Email: hello@bassetlawmind.org.uk

Website: www.bassetlawmind.org.uk

Support and friendship to people experiencing mental health problems, free confidential services include befriending: support group, one to one counselling, and information/advice on mental health issues.

BASSETLAW (WORKSOP, RETFORD AND DISTRICTS) PARKINSONS UK

We meet on the first Tuesday of every month from 2.00pm at Worksop Cricket Club Central Avenue, Worksop S80 1EN and our aim is to offer a hand of friendship and support for all the people with Parkinson's. We firmly believe no-one should be alone with the condition and find meeting together and socialising we can overcome some of the difficulties it can create. New members are always welcome. Meetings include a speaker, raffle and refreshments and are well attended and great fun. Lunch outings, coach trips and theatre visits are a special part of the yearly programme. [Pilates, swimming and a walking group also feature in the Branch activities.](#)

Worksop Cricket Club, Central Avenue, Worksop, S80 1EN

Telephone: 01909 730629

Email: chriscoldwell@talktalk.net

CARER SUPPORT GROUP

Mental Health Department, Bassetlaw Hospital, Worksop, S81 0BD

Contact: Andrea Emmenn

Telephone: 01909 502348

Aims to bring together carers and families for discussion and to support each other over matters concerning mainly short-term care.

The group runs the first Tuesday of every month at 1:30pm, it is held at Bassetlaw Hospital, Mental Health Department and it is free of charge.

INDEPENDENT AGE UK

We provide an information and advice service for older people, their families and carers, focusing on social care, welfare benefits and befriending services. This is integrated with local support, including one to one and group befriending schemes.

Telephone: 0800 319 6789 Advice Line

Website: www.independentage.org/

Email: charity@independentage.org

LOST CHORD

Lost Chord was founded by our Chief Executive Helena Muller in 1999. From its earliest beginnings with 11 residential homes in Rotherham, Lost Chord has expanded into many parts of South Yorkshire, North Nottinghamshire and Derbyshire, with satellite schemes in London, Cardiff, Coventry, Bury St Edmunds and Ipswich.

Lost Chord produces more than 1750 interactive musical sessions of a therapeutic nature every year in more than 155 settings, designed to stimulate responses from People with Dementia through the media of music, song and dance, raising self-esteem and improving quality of life.

Lost Chord uses volunteers to assist the musicians in their efforts to stimulate responses from those who are often unable to communicate in any other way. If you are interested in helping to transform the lives of people with dementia, please contact the Lost Chord office.

Dementia is the biggest challenge in the 21st century therefore until a cure is found, intervention is crucial!

Contact: Helena Muller is the Founder and Chief Executive of Lost Chord

Telephone: 0779 0649 305

Email her on: helena@lost-chord.org.uk

Lost Chord office on 01709 811160.

INSPIRE CULTURE, LEARNING, LIBRARIES

Contact your local library or the Nottinghamshire Library Service

Telephone: 0115 804 4363

Library Local Studies Section Retford/Worksop

Telephone: 01777 708724 / 01909 535353

Email: info@inspireculture.org.uk

Website: www.inspireculture.org.uk/

Retirement can mean more time to do the things that you've always wanted to do, like learning to use a computer or tracing your family history. The Library Service offers you the opportunity to 'Try IT' with a friendly 1 to 1 session covering everything from the very basics to using the Ancestry website. They can help you to get started and can point you in the direction of useful resources available for free through libraries. Most libraries offer free training sessions, including how to use the internet to track down your ancestors and useful websites. Some family history training sessions are run by knowledgeable volunteers from the local community so, if you have an interest in genealogy and would like to share your knowledge with other people, please contact your local library.

ROYAL VOLUNTARY SERVICE HOME LIBRARY SERVICE (VARIOUS LIBRARIES ACROSS NOTTINGHAMSHIRE)

Our Home Library Service is for anyone with health or mobility issues that prevents them from attending their library regularly (regardless of their age). Our volunteers work with the library staff to select books that you will enjoy (you can request specific books too) and providing a welcome welfare check as they visit.

Please note that this service currently operates out of 32 libraries in the Nottinghamshire area.

Costs: FREE

Referrals can be made by calling 01909 48 44 37

or by emailing nottinghamshirehub@royalvoluntaryservice.org.uk

PENSIONERS ASSOCIATION WORKSOP & DISTRICT

Second Wednesday in the month

2pm - 4pm at The Crossing, Worksop, S80 2AT

Contact: Jean Highfield (The Chairman)

28 Ashley Road, Worksop, S81 7JT

Telephone: 01909 481620

The group have speakers come in, they arrange days out, festive parties and fundraising events.

It costs £1.50 each week, for raffle and a drink and £5 for a yearly subscription

ROYAL AIR FORCE ASSOCIATION CLUB

London Road Car Park, off London Road,

Newark, NG24 1TN

Telephone: 01636 707505

The club provides facilities and support to serving and former RAF personnel and their families, plus bunking rooms.

RETFORD - UNIVERSITY OF THE THIRD AGE (U3A)

General meetings are held on the 4th Thursday of every month at The Well, Hospital Road, Retford from 1.30pm - 3.30pm. U3A is a learning co-operative which enables members to learn from each other by sharing their knowledge, skills and experience. There is no specific age limitation, but membership is restricted to those who are no longer in full-time employment. Annual membership is £15 which covers monthly general meetings and a wide variety of interest groups, such as Architecture, Gardening, Walking, Bridge, Luncheon Club and French. Social events and theatre visits are also arranged.

Membership Secretary - Paul Bacon 07542 526497

Email: membership@retford-u3a.org.uk

STROKE CLUB – WORKSOP & DISTRICT

The Crossing, Newcastle Street, Worksop, S80 2AT

Contact: The Secretary

Telephone: 01909 487669

Email: paulinehanson@talktalk.net

Website: <http://www.stroke.org.uk/>

First and third Thursday of the month from 6.45pm - 9.00pm

Counselling information and support to sufferers and carers. Help promote self-esteem and a sense of purpose and pleasure in life and encouraging motivation and independence. Have fellowship and fun together.

UNIVERSITY OF THE THIRD AGE - WORKSOP & DISTRICT U3A

The General meetings are held on the third Thursday of the month in St. Anne's Church Hall, Water Meadows, (off Newcastle Avenue), Worksop from 2pm - 4pm. (Car parking is available on site and there is a convenient bus service from and to the bus station, stopping on Newcastle Avenue, adjacent to the hall.)

Web Site: u3asites.org.uk/worksop/home

AREA SPECIFIC

ASKHAM PARISH ROOM

Top St, Askham, Newark, Nottinghamshire, NG22 ORP

Contact: Joanne Bloom

Telephone: 01777 839062

BARNBY MOOR - VILLAGE HALL

Kennel Drive, Barnby Moor, Retford,
DN22 8QU

Contact: Mrs Ann Fraser

Telephone: 01777 705906

Barnby Moor – Line Dancers

Wednesdays at 1:30pm – 3pm £3.00 per session including refreshments.

Qualified trainer who will cater for beginners. Very friendly, happy group of 10-18 most times who are keen to welcome new participants.

Barnby Moor – Sequence Dancing

Monday evening 7pm – 9pm

Contact: Mrs Ann Fraser

Telephone: 01777 705906 Email: Charles.fraser1@btinternet.com

RECREATION ROOM

The Green, Beckingham

For the Venue Contact: 01427891118

Coffee Morning

Monday 10am – 11:30am Mrs Clifton 01427 848294

Beckingham & Saundby Gardeners' Association

3rd Monday of month 7pm

Whist Drive

1st & 2nd Saturday of month 7.15pm

Friendship Group

Alternate Fridays 2pm - 4pm

Chair: Mrs Long 01427 848062

BECKINGHAM & SAUNDBY VILLAGE HALL

Southfield Lane, Beckingham

Telephone: 01427 848756

BECKINGHAM & SAUNDBY –HISTORY GROUP

The Willow Works

Beckingham

Contact: Mrs Freda Proudly

Telephone: 01427 848226

Meet last Thursday of the month at 7pm

BECKINGHAM BOWLS CLUB - Isle of Axholme Pensioners' Leagues

Bowling Green, Village Hall, Beckingham, North Nottinghamshire.

The season runs from April - September

Contact: Roger Platts

Telephone: 01427 848628

E-mail: suero@tiscali.co.uk

BIRCOTES – SMILEY MILERS

Contact: Malcolm Funnell

Telephone: 07848 819830

Meet 10am every Wednesday from the Sports and Social Club, Scrooby Road, Bircotes.

BIRCOTES – WALKING NETBALL

Walking Netball is a slowed down version of the game of netball, designed for anyone looking to exercise in a relaxed, supportive and friendly environment. A game of walking Netball is for all ages and abilities and every session contains a gentle warm-up.

Monday: 12:45pm-1:45pm

COST: FREE

At Bircotes Leisure Centre, White House Road, Bircotes, DN11 8EF

Telephone: Judith 01302 746425

BARNBY MEMORIAL HALL

High Street, Blyth, S81 8EW

For the Venue Contact; Samantha Brammer 07733 046266

Blyth Pre-School

Monday – Friday term time 9am -12pm

12:50pm – 3:50pm Sally Lewis 07563 627873

Blyth Handbell Ringers

Tuesday 7:30pm Upper Room Mr Greenwood 01909 591322

Blyth Players

Thursday 7:30pm – 9:30pm Deb Spencer 07708 191207

Toddler and Baby Group

Thursdays 9:30am – 11:15am (term time only) Sam Brammer 07801 482246

Women's Institute

First Thursday in each month Contact: 01909 591322 or 01909 591677

BLYTH – HODSOCK SNOWDROPS

Hodsock Priory, Blyth, S80 0TY

Telephone: 01909 591204

Fax: 01909 591578

Email: gb@hodsockpriory.com

Website: www.hodsockpriory.com

Or www.snowdrops.co.uk

Five acre winter garden and woodland walk open throughout February,

Open daily 10.00am - 4.00pm – check www.snowdrops.co.uk for details. £5.00 for adults.

Accessibility Information: level access to all areas and disabled toilets. Some ground can become soft after heavy rain or snow.

BOTHAMSALL VILLAGE HALL

6 Main Street, Bothamsall, DN22 8DT

Telephone: 01623 861579

CLEVELAND CLOSE COMMUNITY CENTRE

Cleveland Close, Rotherham Baulk, Carlton In Lindrick, Worksop, Notts, S81 9BG

To book Hall telephone: 0800 590 542 A1 housing team

Website: www.a1housing.co.uk/our-services/book-a-community-centre/cleveland-close-community-centre-carlton-in-lindrick.aspx

CARLTON-IN-LINDRICK CIVIC CENTRE

Carlton in Lindrick Civic Centre,

Long Lane, Carlton in Lindrick,

Worksop, S81 9AP

Telephone: 01909 541127

Email: enquiries@civiccentre.org.uk

Website: www.civiccentre.org.uk

Jo Jingles

Monday 9:30am – 12:45pm – Katy 07970 933858 – Term Time Only

Keep Fit

Monday 6:30pm – 7:30pm Lorraine 01909 730751

Seated Exercise

Monday 1pm – 2pm

Carlton Bowls

Monday 2pm – 4pm

Pilates

Monday 7:30pm – 8:30pm

The Little Drama Group

Monday 5:45pm – 7:15pm – Jenna 07975 580862

Lindrick Players

Monday 7:30pm – 10:00pm

Tumble Tots

Tuesday 9:30am – 1:30pm – Julie 07718 058255 – Term Time Only

Weightwatchers

Tuesday 10:00am, 12:00noon & 6pm

Bingo

Tuesday 6pm – 9pm

Parents & Toddlers Play Group - Term Time Only

Wednesday 9:30am – 11:30am

Action Sports

Wednesday 1:45pm – 3:15pm

Keep Fit

Wednesday 6:30pm – 7:30pm Lorraine 01909 730751

Circuit Training

Wednesday 8pm – 9pm

Line dancing

Wednesday 7:30pm – 10:00pm

Luncheon Group

Thursday 10:30am – 2pm

Taekwondo

Thursday 6:30pm – 6:30pm

CARLTON-IN-LINDRICK CIVIC CENTRE

Carlton in Lindrick Civic Centre,
Long Lane, Carlton in Lindrick,
Worksop, S81 9AP

Telephone: 01909 541127

Email: enquiries@civiccentre.org.uk

Website: www.civiccentre.org.uk

Zumba

Thursday 7:00pm – 7:45pm

Alzheimer's Society

Every 3rd Thursday of the month 10:30am – 12:30pm

Parents & Toddlers Play Group -Term Time Only

Friday 9.30am – 11.30am

Social Dance

Sunday 7:30pm – 10:30pm

Rebecca's Dance Studio

Contact Miss Rebecca for details on 07759 777103

LIVE AT HOME SCHEME

Ann Daniels Centre, 64 Dadley Road,

Carlton-in-Lindrick,

Worksop S81 9LU

Please contact the Manager for information about membership.

Telephone: 01909 732488

Luncheon Club & Games

Monday 12pm - 3pm

Lunch Club

Tuesday 12:00pm – 1:30pm

Coffee Morning/Bingo

Thursday 10:30pm -1:30pm

Lunch Club & Bingo

Wednesday at Rayton Spur Community 12:00pm – 3:00pm

Lunch Club

The last Friday of every month at Thievsdale Lane Community centre 11:30am – 2:30pm

CLARBOROUGH VILLAGE HALL

Main Street, Clarbrough, DN22 9LN

Bookings 07530 532 185 or cdcabookings@gmail.com

Table Tennis

Monday 10am - 12noon Pat Ward 01777 708969

Indoor Bowls

Monday 2pm - 4pm Geoff 01777 703140

Women's Institute

2nd Monday in the month 7pm – 9:30pm Lesley Baines 07967 191007

I.T. Group

Tuesday 1:30pm - 3pm

Wednesday 10am – 11:30am (term time only) Greg Herdman 01777 700918

email: clarboroughwelham@gmail.com

website: www.cwitgroup.btck.co.uk

we are keen to add further tutors to our team of 5, so if you like helping others, have some I.T. skills (but are not an 'expert') and want to join a vibrant team, get in touch!

CLARBOROUGH VILLAGE HALL

Main Street, Clarbrough, DN22 9LN

Bookings 07530 532 185 or cdcabookings@gmail.com

U3A Table Tennis

Wednesday 2pm - 4pm Heather Short 01777 704250

New Age Kurling

Monday 7pm – 9pm (alternate weeks) Lesley Baines 07967 191007

Table Tennis

Friday 10am - 12 noon Dorothy King 01777 707811

Chair-based exercise for Seniors

Tuesday 10am – 11:30am Steve Bell 07938 850706

Pilates Club

Tuesday 5:30pm – 6:30pm / Wednesday 12:30pm – 1:30pm / Friday 5:30pm – 6:30pm

Harriet Rodgers 07807 760754

Table Tennis

Tuesday 7pm – 9pm

HIIT Keep Fit

Wednesday 5:30pm – 6:30pm

CLAYWORTH AND WISETON MEMORIAL HALL

Town Street, Clayworth, Retford, DN229AD

COSTHORPE CENTRE,

Northumberland Avenue, Costhorpe, Worksop, S81 9JP

Costhorpe Memory Group

Civic Centre, Carlton-In-Lindrick Memories Social Club 3rd Thursday of the month 12:30pm – 3:30pm Bassetlaw Alzheimer's Society 01909 730886

Carers Information & Support Programmes

Information Sessions for Family Carers run over 5 weeks – details upon request Bassetlaw Alzheimer's Society 01909 730886

Singing for the Brain

Oasis Centre Worksop Fortnightly further details, dates times etc. upon request Angela Warren 0115 934 3800

DUNHAM MILLENNIUM VILLAGE HALL

Low Street, Dunham on Trent, Newark,

NG22 0QQ For the Venue Neville Leach 01777 228483

The Dunham Crafters

Third Tuesday of the month 10am - 3pm £5 including refreshments

Contact: Debbie 07703 005206

Website: www.dunhamcraftclub.co.uk/

EAST DRAYTON VILLAGE HALL

Top Street, East Drayton, DN22 0LG

Contact: Mrs Godard

Telephone: 01777 248613

EAST MARKHAM VILLAGE HALL

Lincoln Road, East Markham, Newark,
NG22 0SS

Contact: Jean Maskrey

Telephone: 01777 870269

ELKESLEY MEMORIAL HALL

High Street, Elkesley, Retford, DN22 8AJ

For the Venue the Secretary 07593 871577

EVERTON VILLAGE HALL

Church Street, Everton, Doncaster,
DN10 5AN

Email: theclerk@evertonvillage.org.uk

Website: www.evertonvillage.org.uk/

For the Venue Mr. Douglas Haynes 01777 816673

Gardening Club

2nd Monday monthly 7pm

Everton WI

3rd Monday monthly 7pm

Everton Players

Tuesday & Saturday 7pm

Patchwork & Quilting Club

Tuesday 9:30am – 12pm

Tai Kwando

Wednesday 4pm

Saturday 10am

Zumba

Wednesday 7:30pm – 8:30pm

Sharon Gartland 07810 833526

Everton Playgroup Cheeky Monkeys

Fridays 9:30am – 11:30am term time only cost £2 per child £1 for under ones and additional siblings

GRINGLEY- ON- THE HILL COMMUNITY CENTRE

West Wells Lane, Gringley on the Hill,
Notts, DN10 4QY

Ballroom Dancing

(Please contact for available places) Monday 7pm -8pm (beginners) 8pm – 9pm (intermediate)

Jackie Brunyee 07900 853591

Pilates

Tuesday 9:30am – 10:30am contact 07828 805328

Antiques Class

Wednesday 2pm – 4pm contact 01777 816609

W.I.

Wednesday 7:30pm 1st Wednesday of the month

Ann-Marie Morley 01777 818823

HARWORTH & BIRCOTES METHODIST CHURCH

Parish Hall, Waterslack Road,
Bircotes, Doncaster

Flower Club

Monday 1pm – 3pm

Mrs J Thackray 01302 742016

Age UK – Luncheon Club

Tuesday 11:30am – 2pm Mrs Hillary Jones 07790230673

Tuesday Club – Youth Club

Tuesday 6pm – 7:30pm term time only

Mrs J Thackray 01302 742016

DEVONSHIRE ROAD COMMUNITY CENTRE

2 Devonshire Road, Harworth, Doncaster, DN11 8JF

Bookings Contact A1 Housing 0800 590 542

Website: www.a1housing.co.uk/our-services/book-a-community-centre/devonshire-road-community-centre-harworth.aspx

Age Concern- Coffee Mornings

Monday, Thursday and Friday 8:45pm – 12:30pm

Mr Jones 07527 013613

Tenants & Residents Association

1st Tuesday in the month 10am – 12:30pm

Mrs Ridgeway 01302 746279

Bingo

Wednesday 1pm - 4pm

Mrs Turner 01302 745368

Women's Welfare

Thursday 6:30pm – 9:30pm

Mrs Whittaker 01302 745368

HAYTON VILLAGE HALL

Church Lane, Hayton, Retford,
DN22 9LD

Contact: Mrs Page

Telephone: 01777 704575

HEADON CUM UPTON VILLAGE HALL

Church Street, Headon, Retford,
DN22 0RD

Contact: Janet Landon

Telephone: 01777 248282

LANEHAM MEMORIAL HALL

Main Street, Laneham, DN22 0NF

LANGOLD CENTRE THE VILLAGE HALL

Markham Road, Langold, Worksop, Nottinghamshire S81 9SW

Telephone: 01909 732904

Agewell

Monday 10am – 2pm

Telephone: 01909 732147 – Mrs Betty Mace

Bowls, bingo, dancing, keep fit, card making and outings. Over 50's club. Self-supporting.

LOUND VILLAGE HALL

Town Street, Lound, DN22 8PT

Telephone: 07092 985831

Website: www.suttonvillagehall.net/

Email: chair@suttonvillagehall.net or secretary@suttonvillagehall.net

WI

3rd Wednesday in the month 7pm -9pm

Jackie Payne 01777 707562

Art Club

Friday 10am – 12 noon

Joan Reiter 01777 702137

April Club fortnightly (Senior Citizen's Club)

Fridays Contact Mrs Carole Head 01777 705077

MATTERSEY VILLAGES TOGETHER GROUP

The Meeting Room, Mattersey Church

Alternate Tuesdays 1:45pm – 3:45pm

This is a large and lively group that has a wide variety of activities, talks and visits.

Contact: Sue

Telephone: 01777 818880

Mobile: 07921 132889

COMMUNITY HOUSE

3 Cunningham Close, Mattersey Thorpe,

Doncaster, DN10 5EN

For the Venue 01777 816397

MISSON COMMUNITY CENTRE

Vicar Lane, Misson, Doncaster,

DN10 6EG

Contact: Mrs E Clifton

Telephone: 01302 710508

MISTERTON METHODIST HALL & SCHOOL ROOM

High Street, Misterton, Doncaster

Contact: Jackie Bell

Telephone: 01427 890050

MISTERTON BOOK CLUB

The Library, Misterton

Meets 1st Tuesday of the month 7pm to 8:30pm. Members wanted, informal group to discuss all books as well as have an optional book of the month.

Contact: Anne

Telephone: 01427 810645

MISTERTON ADULT SWIMMING CLUB

We are a group of people from Misterton and surrounding villages, of all ages over 18, who enjoy being in the water. We have varying health needs and swimming abilities.

We meet 11am to 12noon on Wednesdays and 11.15am to 12.15pm on Thursday during term time at Misterton Pool for a period of instructor led exercise in the pool followed by skills practice and/or free swimming with individual tuition as required.

Come and visit us. You will be made more than welcome!

For further details contact:

Judy Stennett: 01427 891550

Audrey Harlow: 01427 890494

MISTERTON CRAFT GROUP

Misterton Craft Group picks up where it left off in December for another year of monthly get-togethers. Members can bring any crafts they are working on and share tips and ideas for anyone wanting to try something new. The group meets on the first Saturday of the month, in the Church Room from 1.00-4.00pm (£3 fee to cover drinks and room hire). For further information, call Tina on 891642 or 07712 537 155.

NEW BREAKFAST CLUB FOR MEN

A chance for men to get together and talk about the things that really matter starts up at the Haxey Gate Inn on Saturday 24 March at 9.30am. Breakfast is free for the first get-together when those attending will be able to discuss how often they want to meet, etc. For more information, call Rev David Henson on 890270.

SWALLOW COURT LUNCHEON CLUB

Swallow Court, Hillside Road, Misterton

Telephone: 01427 890484

Wednesday 12noon – 1.30pm

NETHER LANGWITH – VILLAGE HALL

Queens Walk, Nether Langwith, Nr Mansfield, NG20 9EW

Nether Langwith Friendship Club

Meets every Monday 2pm – 4pm

Contact Secretary: Mrs Naylor

4 Queens Walk, Nether Langwith,

Nr Mansfield NG20 9EW

Telephone: 01623 742615

NORMANTON ON TRENT VILLAGE HALL

South Street, Normanton on Trent, Newark, NG23 6RQ

**NORTH LEVERTON WITH HABBLESTHORPE
SENIOR CITIZENS WEDNESDAY CLUB**

North Leverton Chapel
Alternate Wednesdays 1:30pm – 3:30pm
Contact: Rev Peter Dadd
Telephone: 01427 884191

NORTON & CUCKNEY VILLAGE HALL

Norton Lane, Cuckney, Mansfield,
NG20 9NR

OLDCOTES VILLAGE HALL

Maltby Road, Oldcotes, Worksop,
Contact: Mr John Woofinden
Telephone: 01909 732147

WESTHILL COMMUNITY CENTRE

Cheyne Walk, Ordsall, Retford, Notts
Telephone: 0800 590542 A1 Housing
Website: <http://ccbookings.a1housing.co.uk/westhill>

Whist

Monday 2:00pm – 4:00pm
Wednesday 6:15pm – 9:15pm
Mrs Spooner 01777 701430

OAP Art Class

Tuesday 1pm – 3pm
Mrs Spurdens 01777 707726

Bingo

Thursday 1pm – 4pm

Ladies Probus

2nd Wednesday in the month 10:00am – 12:00pm
Mrs Bradford 01777 708439

U3A Tai Chi

Wednesdays & Thursdays 10:15am – 12:15pm
Mrs Barbara Coney 01427 880369

Keep Fit

Friday 2pm – 3pm
Mrs Anderson 07971 027520

Oasis Christian Fellowship

Sunday 10am - 1pm
Mr Williams 07882 797104

RAMPTON VILLAGE HALL

Manor Drive, Rampton, Retford, Nottinghamshire, DN22 OJU

Contact: Martin Cree

Telephone: 07471 887504

Email: ramptonvillagehall@outlook.com

Coffee & Chat

Mondays and Tuesdays 10:00am – 12:00noon October to April

Contact: Jean Young 01777 248431

Email: young-jean1@sky.com

Chair Yoga

Mondays 2:00pm – 3:00pm

Contact: Kay Hudson 01777 249086

Email: yogalife@hotmail.co.uk

Hatha Yoga

Mondays 4:00pm – 5:00pm

Contact: Kay Hudson 01777 249086

Email: yogalife@hotmail.co.uk

Evergreen Club (over 60's)

2nd & Last Wednesday in the month 2:00pm – 4:00pm

Contact: Madge Bradley 01777 248623

Monthly Whistdrive

2nd Wednesday in the month

Contact: Stuart Dixon 01777 249002

Indoor Bowls

Thursdays 7:30pm – 9:30pm October to April

Contact: Ted Morris 01777 248317

RANSKILL INVESTMENT CLUB

Ye Olde Bell, Barnby Moor

3rd Wednesday in the Month at 8.00pm

Contact: Dave Smith

Telephone: 01777 818400

RANSKILL SNOOKER CLUB

Reading Room, North Road

Ranskill

Monday 7pm – 10pm

September to May

Contact: Peter Parkin

Telephone: 01777 818852

There is a yearly subscription and a charge to play snooker. Open to all ages.

RANSKILL & TORWORTH WOMEN'S INSTITUTE

Barnby Moor, Village Hall, Kennel Drive

4th Tuesday of the month at 7.30pm

Contact: Pat Blatchford

Telephone: 01777 818519

ROTARY CLUB OF RETFORD

Monday 6pm for 6:30pm start
Ye Olde Bell, Barnby Moor, Retford,
DN22 8QS
Contact: Club Secretary
Telephone: 01777 705121
Email: secretary@retfordrotary.org
Website: www.retfordrotary.org/

BLENDS

The Well, Retford Baptist Church,
Hospital Road, Retford, DN22 7BD
Mondays at 10:15am - 12:15pm
Telephone: 01777 702344
A Community Café for all

RETFORD – ANTIQUES CLASSES

Grove Street Methodist Church
Grove Street
Retford
Contact: Mr Peter Young
Telephone: 01777 816609
Wednesday 10am – 12noon

RETFORD BOWLS CLUB

Retford Park.
For further details please contact
Mr Brian Cordall (Saturday captain) on 01777 707624
Play bowls in local leagues and on a friendly basis.

RETFORD CIVIC SOCIETY

Contact: Mr Turner
Telephone: 01777 702929
Email: retfordcivicsociety@hotmail.co.uk
Website: www.retfordcivicsociety.org.uk

The Retford Civic Society is a non-political, conservation and amenity group that cares about Retford. The Society's aims are to protect the architectural and natural environment of Retford and to improve Retford's public amenities for present and future generations, whilst offering its members a varied and interesting social programme of events.

RETFORD DANCE CLASS

Tuesdays & Fridays 5pm – 6:30pm
Contact: Julia Raza
Telephone: 07891 601218

RETFORD & DISTRICT HISTORICAL & ARCHAEOLOGICAL SOCIETY

Grove Street Methodist Church, Retford
2nd Wednesday in the month 7.30pm September to May
Lectures outings publications of local interest.
Open lecture annually.

RETFORD & DISTRICT PHOTOGRAPHIC SOCIETY

Every Monday 7.30pm from September to May at St Joseph's Church Hall, Retford

Contact: The Secretary

Email: secretary@retford-photographic.co.uk

Website: www.retford-photographic.co.uk

The Retford and District Photographic Society has presentations by expert photographers, competitions, practical and learning sessions to improve technique.

RETFORD ENCOUNTER

Venue: 26-32 Bridgeway, Retford, DN22 6AA

Wednesdays at 2pm – 4pm

Telephone: 01777 711377

Email: info@bridgechurchretford.com

A fellowship group with excursions, visiting speakers, afternoon teas and more.

RETFORD GOLF CLUB

Brecks Road, Ordsall, Retford, DN22 7UA

Playing and promoting the game of golf

Telephone: 01777 703733 or 01777 711188

RETFORD GOODWIN HALL

Chancery Lane, Retford

HALLCROFT COMMUNITY CENTRE

Randall Way, Hallcroft, Retford, Notts

For bookings telephone: 0800 590542

Website: www.a1housing.co.uk/our-services/book-a-community-centre/westhill-community-centre-retford.aspx

Hallcroft Memory Club

2nd Wednesday of each month 10:30am – 12:30pm

Bassetlaw Alzheimer's Society 01909 730886

50+ Bingo

Tuesday & Friday 2pm- 3:30pm

Mrs Horsfield 01777 860215

Bridge Club

Tuesday & Thursday 6:40pm – 10:40pm

Mr A Jilliott 01909 591706

Coffee morning

1st & 3rd Wednesday in the month 9:30am – 11:30am

Don Crilton 01777 701790

Women's Institute

3rd Thursday in the month 2pm - 5pm

Mrs Davis 01777 703527

RETFORD INNER WHEEL CLUB

Contact: Leah Wilcox
Manvern Cottage
Top Street
North Wheatley
Retford
DN22 9DB
Local community work / fund raising

RETFORD COMMUNITY SINGERS

St Joseph's Church Hall, Babworth Road, Retford, DN22 7BP
Meet on Tuesdays 7:30pm – 9:15pm
If you want to sing for enjoyment not for performances, give singing a try with us. About 60 come along most weeks. No need to be a great singer or to read music. No auditions. Everything is taught by ear by an inspiring professional choir leader.
Contact: Pat or Bruce
Telephone: 01777 704154
Contact: Judith
Telephone: 01777 704038
Email: singing@retfordcommunitysingers.co.uk
Website: www.retfordcommunitysingers.co.uk/

RETFORD LITTLE THEATRE

Wharf Road, Retford, DN22 6EN
Telephone: 01777 702002
Email: boxoffice@rlt.org.uk
Website: www.rlt.org.uk
Amateur dramatic society producing 5 plays a year plus special events and home to The Screen@RLT. We also have a thriving Youth Theatre.

RETFORD 41 CLUB

1st Tuesday of the month
Contact: Mr G Muir
Telephone: 01427 880212
Social and charitable organisation.

RETFORD DISTRICT SUPPORT GROUP OF THE MULTIPLE SCLEROSIS SOCIETY

is a friendly welcoming group of like-minded people of a wide age range who are brought together by a diagnosis of Multiple Sclerosis.
Being part of the group is fun and newcomers are always welcome.
We arrange a wide range of weekly and monthly events for members and include MS Drop in Clinic, Monthly Newsletter, Self Help Information, Signposting for professional help, fundraising for local MS Community, Art Class, Neuro physio based Pilates exercise, Swim/float sessions, Meals out and a Monthly Coffee Cake and Chat morning.
Group Coordinator Barbara Ramsden
Email: retford@mssociety.org.uk
Group Helpline Mike Spencer telephone: 01777 704687.
Bassetlaw MS Support Helpline call or text 0794 7307314
Bassetlaw Young Mums with MS Support Helpline 0794 7307309

THE WELL

Retford Baptisy church and Community Centre
Hospital Road, Retford, DN22 7BD
Telephone: 01777 702344
Website: <http://thewellrbc.org/>

PROMENADE DANCE CLUB

St Joseph's, Babworth, Retford
8pm – 10:30pm on alternate Saturdays

RHODESIA VILLAGE HALL

Tylden Road, Rhodesia, S80 3HL

SCROOBY VILLAGE HALL

Low Road, Scrooby, DN10 6AG
Contact: Izzi Marshall
Telephone 01302 719811
Website: www.scrooby.net/page/villageHall

SHIREOAKS VILLAGE HALL

Shireoaks Road, Shireoaks, Worksop, Nottinghamshire, S81 8LX
Contact: Mr Peter V Stanley
Telephone: 01909 477391

SHIREOAKS LUNCHEON CLUB

Every Thursday 11:30am – 1:30pm
Contact: Jean Hodgkins
Telephone: 01909 483586

SHIREOAKS - WELFARE SPORTS AND SOCIAL CLUB

Shireoaks Road, Shireoaks, Nr Worksop, Nottinghamshire S81 8NA
Contact: Mrs A Mee
Telephone: 01909 483348

SOUTH LEVERTON MEMORIAL INSTITUTE

Town Street, South Leverton, Retford, Nottinghamshire
Contact: Yvonne Ennis
Telephone: 01427 880980

NORTH & SOUTH WHEATLEY VILLAGE HALL

Sturton Road, South Wheatley,
DN22 9DL
Contact: Kerry Driver
Telephone: 01427 884599
Mobile: 07748 556002

STURTON LE STEEPLE VILLAGE HALL

Brickings Way, Sturton Le Steeple, Retford, Nottinghamshire, DN22 9HY
Contact: Susan Evans
Telephone: 07887 703348

STYRRUP VILLAGE HALL

Serlby Road, Styrrup, Nr. Doncaster,
DN11 8NA
Contact: Joanne Walker
Telephone: 01302 742499 / 07975615573

SUTTON CUM LOUND VILLAGE HALL

Town Street, Lound, Retford, Nottinghamshire
Contact: General Enquiries
Telephone: 07092 985831
Website: www.suttonvillagehall.net

TRESWELL VILLAGE HALL

Town Street, Treswell, Retford, Nottinghamshire, DN22 0EG
Contact: Marylin Papworth
Telephone: 01777 248805

THE BEECHES COMMUNITY CENTRE

Birch Court, Tuxford, Newark, Notts
Bookings contact A1 Housing telephone: 0800 590542
Website: www.a1housing.co.uk/our-services/book-a-community-centre/the-beeches-community-centre-tuxford.aspx

Monday Friendship Club

Mondays 10am – 12noon
Mrs Wilson 01777 871078

Forget Me Not Club

Tuesday & Friday 12noon – 3:30pm
Mrs Pottinger 01777 870341

WALKERINGHAM VILLAGE HALL

Stockwith Road, Walkeringham, Doncaster, DN10 4JD
Contact: Bookings Secretary
Telephone: 01427 890848

BALMORAL COMMUNITY CENTRE

Sandringham Crescent, off Valley Road, Worksop
Contact: A1 Housing
Telephone: 0800 590542
Website: www.a1housing.co.uk/our-services/book-a-community-centre/balmoral-community-centre-worksop.aspx

WORKSOP - COMMUNITY RESOURCE CENTRE

Worksop Library
Memorial Avenue
Worksop
S80 2BP
Telephone: 01909 533800

We provide day service care for people with enduring mental health problems. We offer group and individual support.

WORKSOP CIVIC SOCIETY

Worksop Civic Society is a new group with a desire to work collaboratively to promote the town and surrounding villages, influence future development and contribute to improving places in and around Worksop. We specifically chose to adopt the Civic Society model, a non-political, community interest group, as it will provide a focus for voluntary and community action. For more information telephone 0795116035

BASSETLAW SENIORS WALKING FOOTBALL

Worksop Leisure Centre, Valley Road, Worksop, S81 7EN
Every Monday 6:00pm – 7:00pm
First session Free then £2.50 per session thereafter
Contact: Colin
Telephone: 07443 581486

THE CROSSING CENTRE & CAFE

Newcastle Street, Worksop, S80 2AT
Social Enterprise Development Manager:
Anne Taylor
Telephone: 01909 496110 (office)
01909 473375 (mainline)
07816 064050 (mobile)
Email: admin@thecrossing.co.uk

NORTHERN COCHLEAR IMPLANT SOCIAL GROUP

We are a new informal and friendly social group, where you can come along and meet other cochlear implant users and prospective candidates in a relaxed atmosphere. Enjoy a cup of tea/coffee, biscuits and chat to other CI users about your experiences.
Venue: The Crossing Church and Centre
Saturday 25th March (then monthly on the last Saturday) 11:00 till 14:00
Contact: Mick Telephone 07941 089982 Email: mjc5222@yahoo.com

WORKSOP DUKERIES ROTARY CLUB

Monday 7.00pm
Worksop Golf Club Windmill Lane, Worksop, S80 2SQ / Venture Centre, S80 2BE
Ring Secretary to check venue Telephone: 01909 477731

CROWN PLACE COMMUNITY CENTRE

Sandy Lane, Worksop, Notts
Bookings contact A1 Housing telephone: 0800 590542
Website: www.a1housing.co.uk/our-services/book-a-community-centre/crown-place-community-centre-worksop.aspx

U3A Swing Band

Monday 9:30am – 12:30pm
Mr Breed 01909 730489

Dancing

Monday 7:30pm – 9:30pm
Mrs Glover 01909 478514

U3A Ukulele Group

Wednesday 2:30pm – 4:30pm
Katherine Williams 01909 484742

CROWN PLACE COMMUNITY CENTRE

Sandy Lane, Worksop, Notts

Bookings contact A1 Housing telephone: 0800 590542

Website: www.a1housing.co.uk/our-services/book-a-community-centre/crown-place-community-centre-worksop.aspx

Dance Night

Saturday 7pm – 10pm

Mrs Cole 01909 476546

MULTIPLE SCLEROSIS SOCIETY – WORKSOP & DISTRICT

Contact: The Secretary/Treasurer, 23 Red Kite Close, Gateford, Worksop, S81 8WA

Telephone: 01909 474941

Provides information from National MS Society and social meetings for sufferers and families.

Aims to improve quality of life and be a support to newly diagnosed sufferers.

KILTON FOREST COMMUNITY CENTRE

15 Longhurst, Kilton, Worksop, Notts,

S81 0DA

Bookings contact A1 Housing telephone: 0800 590542

Website: www.a1housing.co.uk/our-services/book-a-community-centre/kilton-forest-community-centre-worksop.aspx

Sewing Class

Tuesday 1:45pm – 3:45pm

01909 477269

Folk Dancing

Tuesday 7:30pm -9:45pm £2 per week

Mrs Muscroft 01909 481772

RAYTON SPUR COMMUNITY CENTRE

Rayton Spur, Worksop, Notts, S81 0HF

Bookings contact A1 Housing telephone: 0800 590542

Website: www.a1housing.co.uk/our-services/book-a-community-centre/rayton-spur-community-centre-worksop.aspx

Busy Bees

Monday 10am - 1pm £2.50 per week

Mrs Birch 01909 487590

Bingo

Thursday 1:30pm – 3:30pm

Mrs Neal 01909 477914

Art Class

Friday 2pm - 4pm £1 per week plus 50p for refreshments

Mrs Talbot 01909 481057

THIEVESDALE COMMUNITY CENTRE

Thievesdale Lane, Worksop, Notts

Bookings contact A1 Housing Telephone:0800 590542

Website: www.a1housing.co.uk/our-services/book-a-community-centre/thievesdale-community-centre-worksop.aspx

Scrabble Club U3A Group

1st Monday in the month 2pm – 4pm

Mrs Bachner 01909 486683

Women's Institute

3rd Monday in the Month 1pm - 4pm

Mrs Willand 01909 481806

Dancing

Monday 7pm - 9pm

Mrs Stanniforth 01909 532742

Meditation Group

1st & 3rd Wednesday £1 per week

Margaret Makeman 01909 481247

ST PAULS HALL MANTON

Cavendish Road, Worksop, Notts,
S80 2ST

Girls Friendly Society

Thursday 4:30pm – 6pm

Margaret Winks 01909 568857

WORKSOP PROBUS CLUB

Worksop Cricket Club

Alternate Fridays 10am - 12noon

Between September and May

Contact: Malcolm Watson

Telephone: 01909 501751

WORKSOP - THE FARR CENTRE (WOMEN ONLY)

Chapel Walk Off Westgate

Worksop

S80 1LR

Tel: 01909 533610

Email: enquiries@nottswa.org

Website: www.nottswa.org/farrcentre/index.html

Services at The Farr Centre

Welfare Rights Sessions every Wednesday morning

Legal Surgery every Tuesday morning

Fabric Crafts every Friday 10:00am – 12:00noon

Lunch Club 1st Monday of every month 12:00noon – 1:00pm

Confidence Building starting every Thursday in March 1:00pm – 3:00pm

WORKSOP ROTARY CLUB

Meets Tuesday 6.45pm

The Lion Hotel, Bridge Street, Worksop

Telephone: 01909 591379

WORKSOP RYTON CHORALE

The Holy Family School, Netherton Road, Worksop

Rehearsals Mondays 7:30pm in term time

Visit website www.rytonchorale.org.uk

Email: sing@rytonchorale.org.uk

Bassetlaw Tenants and Residents Associations

BASSETLAW FEDERATION OF TENANTS & RESIDENTS ASSOCIATION

Contact: Mrs Joan Linacre
20 Prince Charles Road,
Worksop, S81 7ER
Telephone: 07944 495693

CENTRAL RETFORD TENANTS & RESIDENTS ASSOCIATION

Contact: Tanice Ellis
14 Hirst Road, Retford, DN22 7EQ

HALLCROFT TENANTS & RESIDENTS ASSOCIATION

Contact: Jim Napier
Telephone: 01777 719624

HARWORTH AND BIRCOTES TENANTS & RESIDENTS ASSOCIATION

Contact: Mrs Judy Turner
15 The Green, Harworth,
Doncaster, DN11 8LJ
Telephone: 01302 746393

MATTERSEY THORPE TENANTS & RESIDENTS ASSOCIATION

Secretary: Ann Young
14 Bader Rise, Mattersey Thorpe,
Doncaster, DN10 5JA
Telephone: 01777 816870

NORTH CARLTON-IN-LINDRICK (WIMPEY ESTATE) TENANTS & RESIDENTS ASSOCIATION

Contact: Chair Tina Rafferty
22 Willow Avenue, Carlton-in-Lindrick,
Worksop, S81 9HT
Telephone: 01909 730955 / 07707 703912

PROSPECT TENANTS & RESIDENTS ASSOCIATION

Contact: Chair Mrs Barbara Hopkinson
59 Westway, Worksop, S81 0ST
Telephone: 01909 532192
Secretary: Sue Pritchard
5 Curzon Drive, Worksop, S81 0LN
Telephone: 01909 474580

RAMPTON TENANT VOICE

Contact: Mr Roy Hewitt
2 Greenside Avenue, Rampton,
Notts, DN22 0JN
Telephone: 01777 248754

TUXFORD TENANTS & RESIDENTS ASSOCIATION

Contact: Chair Mrs Jackie Smith,
7 The Beeches, Tuxford, Newark, NG22 0NF
Telephone: 01777 871792
Contact: Secretary: Marina Moxon
24 The Beeches, Tuxford, Newark, NG22 0NF
Telephone: 01777 871158

Churches & Faith groups in Bassetlaw

ALL HALLOWS CHURCH OF ENGLAND

Contact: The Priest in Charge
The Rectory, All Hallows Street,
Ordsall, Retford, DN22 7TP
Telephone: 01777 702515
Website: www.ordsallparish.plus.com

ALL SAINTS CHURCH OF ENGLAND

The Incumbent, Babworth Rectory,
Babworth, Retford. DN22 8ET

ALL SAINTS CHURCH OF ENGLAND

Contact: Reverend Jackie Johnson
The Vicarage, Tickhill Road, Harworth,
DN11 8PD

ALL SAINTS CHURCH OF ENGLAND

Retford Road, Mattersey, Doncaster
The Incumbent, Abbey Lane, Mattersey, Doncaster, DN22 5DX
Telephone: 01777 817364

ALL SAINTS CHURCH OF ENGLAND

Markham Clinton (West Markham)
Contact: The Church Warden
April Cottage, West Markham, Newark,
NG22 0PN
Telephone: 01777 870520

ALL SAINTS, CHURCH OF ENGLAND

The Incumbent, The Vicarage, Torksey Street, Rampton, Retford, DN22 0HT

BIBLE4HEALTH MISSIONS

86 Kingsway, Worksop, S81 0AG
Office Address; Old Drill Hall, Colbeck Street, Worksop, S80 1SJ
Office Telephone / Fax: 01909 473806
Mobile: 07454983076
Email: customer-service@bible4healthmissions.com
Website: www.bible4healthmissions.com

CHRIST CHURCH CENTRE – CHURCH OF ENGLAND

Thievesdale Lane, Worksop, S81 0XS

Contact: The Priest in Charge

Telephone: 01909 530127

CHRISTIAN COMMUNITY CHURCH

Doncaster Road, Langold, Worksop, S81 7NP

Contact: The Leader

CHURCH OF THE LATTER DAY SAINTS

17 Underwood Gardens, Worksop, S80 1YL

Contact: The President

Telephone: 01909 484427

CHURCHES TOGETHER

C/o 41 Dunstan Crescent, Worksop, S80 1AE

Telephone: 01909 473847

An international association pledged to help people less fortunate than ourselves.

DIOCESE OF SOUTHWELL

Contact: The Archdeacon of Newark,

Dunham House, Westgate, Southwell,

NG25 0JL

Telephone: 01636 814331

HOLY TRINITY, CHURCH OF ENGLAND,

Church Street, Everton, Nr Retford, DN10 5BB

Contact: The Incumbent

Abbey Lane, Mattersey, Doncaster

Telephone: 01777 817364

JEHOVAH'S WITNESSES

Kingdom Hall, Central Avenue,

Worksop, S80 1EW

METHODIST CHURCH - CARLTON-IN-LINDRICK

Methodist Schoolrooms, High Road,

Carlton-in-Lindrick, Worksop

METHODIST CHURCH - HALLCROFT, RETFORD

Hallcroft Road, Retford, Notts

METHODIST CHURCH - HARWORTH & BIRCOTES

Contact: The Secretary

3 Grange View, Harworth, Doncaster,

DN11 8QP

Telephone: 01302 742016

METHODIST CHURCH - MISTERTON

Contact: The Minister
4 Ashdown Way, Misterton, Doncaster,
DN10 4PB
Telephone: 01427 890050

METHODIST CHURCH - RETFORD

Contact: The Minister
Grove Street, Retford
Telephone: 01777 702786

METHODIST CHURCH - RETFORD CIRCUIT

Contact: Reverend N. Vickers
Telephone: 01777 702573 / 702468

METHODIST CHURCH - RHODESIA

Contact: The Minister
5 Shepherds Avenue, Worksop, S81 0JD
Telephone: 01909 472609

NEW LIFE CHURCH

26-32 Bridgegate, Retford, DN22 6AA
Telephone: 01777 711377
Email: info@newliferetford.org.uk
Website: www.nlretford.org/

NEW TESTAMENT CHURCH

Cheapside, Worksop, S80 2HX
Contact: Rev Keith Clark
Telephone: 01909 487940

OASIS CHRISTIAN FELLOWSHIP

Westhill Community Centre Ordsall Retford.
Contact: Mr Williams
Telephone: 07882 797104

PAROCHIAL CHURCH COUNCIL – SHIREOAKS

Contact: The Secretary – Peter Stanley
15 St Annes Close, Worksop, S80 3QS

POPLARS CHURCH

Contact: Marion Prest, Poplars Office
46 Watson Road, Worksop, S80 2BQ
Telephone: 01909 530171
Email: admin@poplarschurch.co.uk
Website: www.poplarschurch.co.uk
Sunday Meeting is at The Golden Ball, Victoria Square, Worksop 10:30am

PRIORY CHURCH OF ENGLAND

Contact: The Incumbent
Priory Vicarage, Worksop, S80 2HX
Telephone: 01909 472180
Website: www.worksoppriory.co.uk

RELEASE INTERNATIONAL

7 Long Meadows, Everton, Nr Doncaster, DN10 5BL
Telephone: 01777 818297

A holistic ministry that identifies with and supports Christians who are persecuted for their faith.

RHODESIA CHRISTIAN FELLOWSHIP

Methodist Church, Rhodesia
Contact: Tim Edmunds
Telephone: 01909 473988

SALVATION ARMY - RETFORD

Contact: The Commanding Officer
Telephone: 07980 199616
The Sunflowers, for grandparents and tots
Thursday 1pm – 2:30pm
Little Acorns
Friday 10am – 11:30am for all carers and tots

SALVATION ARMY - WORKSOP

Contact: The Commanding Officer
4 Langdale Road, Worksop, S81 0NL
Telephone: 01909 473979

SOCIETY OF FRIENDS - QUAKERS

The Crossing Church and Centre,
Newcastle Street, Worksop, S80 2AT.
10:15am on the 2nd and 4th Sundays of each month
7:15pm on the 2nd Thursday of the month in member's houses.
Contact: Gordon Moodie
Bardwell, Sparken Hill, Worksop
Telephone: 01909 475299

ST ANNES, CHURCH OF ENGLAND

Contact: The Incumbent
The Vicarage, 11 Poplar Close, Worksop,
S80 3BZ
Telephone: 01909 472069

ST. BARNABAS, CHURCH OF ENGLAND

North Road, Ranskill, Nr Retford
Contact: David Stacey
20 Southfall Close, Ranskill
Telephone: 01777 818303
Email: david.stacey@talktalk.net

ST GILES, CHURCH OF ENGLAND

Contact: The Incumbent
Elkesley Vicarage, 3 Maple Drive, Elkesley, Retford, DN22 8AX

ST HELENS ROMAN CATHOLIC CHURCH

Main Street, Oldcotes,
Nr Worksop, S81 8JF
Contact: Rev Peter Hunt
Telephone: 01909487368

ST JOHNS CHURCH OF ENGLAND

Contact: The Incumbent
Overend Road, Worksop, S81 1QG

ST JOHNS CLARBOROUGH AND ST PETERS HAYTON CHURCH OF ENGLAND

Contact: The Incumbent
The Vicarage, Clarbrough, Retford

ST JOHN THE BAPTIST, CHURCH OF ENGLAND

Contact: The Incumbent
The Vicarage, Church Street, East Markham, Newark, Notts

ST JOHN THE BAPTIST, TRESWELL & HOLY TRINITY COTTAM

Contact: The Church Warden
Cottam Road, Treswell, Retford, DN22 0EP

ST JOHN THE EVANGELIST, CHURCH OF ENGLAND

Contact: The Rector
The Rectory, High Road, Carlton-in-Lindrick, Worksop, S81 9EF

THE PARISH CENTRE

Contact: Jeff Lewis
18 Craithie Road, Carlton in Lindrick
Telephone: 01909 731342

ST JOSEPHS ROMAN CATHOLIC CHURCH

Babworth Road, Retford, DN22 6BP
Contact: The Parish Priest
Telephone: 01777 703373

ST JOSEPHS THE WORKER ROMAN CATHOLIC CHURCH

Contact: The Parish Priest
The Rectory, Wingfield Avenue, Worksop,
S81 0SF
Telephone: 01909 473373

ST LUKE'S CHURCH OF ENGLAND

Contact: The Priest in Charge
1 Potters Nook, Shireoaks, Worksop, S81 8NF
Telephone: 01909 479350

ST LUKE'S CHURCH OF ENGLAND

Church Street, Langold, Nr Worksop
Contact: The Priest in Charge,
The Rectory, High Road, Carlton-in-Lindrick, S81 9EF
Telephone: 01909 730222

ST MARTINS CHURCH OF ENGLAND

Contact: The Incumbent
The Vicarage, North Vicarage, North Leverton, Retford, DN22 0AA
Telephone: 01427 880882

ST MARY'S ROMAN CATHOLIC CHURCH

Contact: The Parish Priest,
The Rectory, Park Street, Worksop, S80 0SF
Telephone: 01909 476045

ST MARY AND ST MARTINS CHURCH OF ENGLAND

Contact: The Incumbent,
The New Vicarage, St Martins Close, Blyth, Worksop, S81 8DW
Telephone: 01909 591229

ST MARY'S AND ST WINIFREDS HOLBECK CHURCH OF ENGLAND

Contact: The Incumbent
Cuckney Vicarage, Cuckney, Mansfield

ST MICHAEL THE ARCHANGEL CHURCH OF ENGLAND

Rectory Road, Retford, DN22 7AY
Contact: The Incumbent
11 Poplar Close, Worksop, S80 3BZ
Telephone: 01777 719816

ST OSWALD, CHURCH OF ENGLAND,

Contact: The Incumbent,
The Vicarage, The Green, Dunham on Trent, Newark

ST PATRICK ROMAN CATHOLIC CHURCH

Harworth, Nr Doncaster
Contact: Rev Peter Hunt
Telephone: 01909 487368

ST PETER, CHURCH OF ENGLAND

Wiseton Road, Clayworth
Contact: The Incumbent,
Abbey Lane, Mattersey, Doncaster
Telephone: 01777 817364

ST SAVIOURS CHURCH OF ENGLAND

Rectory Road, Retford, DN22 7AY
Contact: Canon Tony Walker
Telephone: 01777 704222

ST SWITHUNS CHURCH OF ENGLAND

Canon Square, Retford, DN22 6PJ

Contact: Canon Tony Walker

Telephone: 01777 704222

ST WILFRID, CHURCH OF ENGLAND

Low Road, Scrooby, Nr Retford

Contact: The Incumbent,

The New Vicarage, St Martins Close, Blyth, Worksop, S81 8DW

Telephone: 01909 591229

WORKSOP CHRISTIAN CENTRE

Vicars Walk, Worksop, Notts, S80 2HJ

Telephone 01909 489521

Email: pastor@wcc-church.com

Website: www.wcc-church.com

WORKSOP CHRISTIAN CENTRE

Vicars Walk, Worksop, S80 2HJ

Contact: Pastor Florin Mocanu.

Telephone: 01909 489521

WORKSOP SPIRITUALIST CHURCH

37 George Street, Worksop, S80 1QJ

Telephone: 01909 531962

Email: enquiries@worksop.snu-emdc.org.uk

SERVICES IN BASSETLAW

WHO CAN HELP ME ACCESS INFORMATION ON SERVICES TO KEEP ME SAFE AT HOME?

BASSETLAW, NEWARK AND SHERWOOD COMMUNITY SAFETY PARTNERSHIP

Telephone: 01636 655698

CRIME STOPPERS

Telephone: 0800 555111

LIFELINE SERVICE

This service is available to all Bassetlaw residents regardless of age.

We provide 24-hour access to our emergency control room and the equipment is tested regularly by our team of wardens.

There is a choice of 3 packages for the lifeline

Bronze – lifeline with pendant only - £3.20 per week

Silver – lifeline, pendant and small key safe - £4 per week

Gold – lifeline, pendant and large key safe - £4.50 per week

There is a one-off installation charge of £16 for all packages.

For more information, please contact A1 Housing Bassetlaw Limited

Telephone: 0800 590542

Email: customer.services@a1housing.co.uk

NOTTINGHAMSHIRE FIRE AND RESCUE

Contact: 0800 022 3235 quoting Health for a free home safety visit

- Free home safety check
- Smoke alarms with 10 year batteries
- Free smoke alarms for the deaf

NOTTINGHAMSHIRE POLICE

Crime Reduction manager

Telephone: 101

Advice and information on crime reduction including:

- Alarms
- Security devices
- Property marking
- Advice on heating oil theft

SUPPORTED HOUSING SERVICE (A1 HOUSING)

Telephone: 0800 590542

Email: customer.services@a1housing.co.uk

Website: www.a1housing.co.uk/

MEALS AT HOME

The Meals at Home service delivers a wide range of frozen or hot meals to people who may have difficulty preparing a hot meal themselves. The meals can be supplied for the long-term or to cover short-term situations or whilst you are re-learning cooking skills.

Telephone: 01623 490015

Website: www.nottinghamshire.gov.uk/caring/adultsocialcare/supporttoliveathome/meals/#meals-on-wheels

HOW CAN I KEEP WARM AT HOME?

ENERGY SAVING TRUST

Telephone: 0300 1231234

www.energysavingtrust.org.uk/

WARM HOME DISCOUNT SCHEME HELPLINE

Telephone: 0345 603 9439

Monday to Friday, 9am – 5pm

Website: www.gov.uk/the-warm-home-discount-scheme/what-youll-get

ENERGY ADVISOR

Can provide energy tariff advice and energy cost saving efficiencies for people within Bassetlaw, to help them remain warm in their own homes.

Telephone: 01777 709650

THE PRIORITY SERVICE REGISTER

If a power cut happens and you are a member of the Priority Service Register Western power will:

- Give you a direct number to call in the event of a power cut so you can get straight through to them
- Agree a password with you before a visit (to protect you from rogue callers)
- Provide special help, if needed, through the Royal Voluntary Service or British Red Cross
- Ring and tell you of planned interruptions to your electricity supply
- Keep you as informed as possible in the event of an unplanned power cut.

To register for this service telephone Western Power Distribution, East Midlands:

Telephone 0800 096 3080

WHERE CAN I GET HELP WITH MONEY?

A1 HOUSING MONEY ADVISORS

(Working in partnership with Bassetlaw District Council)

For help and advice about how to make the most of your money, including debt, benefit and savings, or if you have money worries and would like free and confidential advice, contact our Money Advisors to make an appointment on 0800 590542.

BASSETLAW CITIZENS ADVICE BUREAU

The Annexe, Queens Buildings, Potter St, Worksop, Notts, S80 2AE

(Telephone opening times: Monday – Friday 10am – 2pm)

Telephone: 03444 111 444

BASSETLAW DISTRICT COUNCIL – HOUSING BENEFITS

Telephone: 01909 533710

BASSETLAW DISTRICT COUNCIL – COUNCIL TAX

Telephone: 01909 533710

BENEFITS ADVICE AND INFORMATION

Disability Living Allowance Helpline: 0345 7123456

Attendance Allowance Helpline: 0345 6056055

Pension Credit Claims: 0800 991234

Carers Allowance Unit: 0345 6084321

The Pension Service Enquires: 0345 6060265

Personal Independence Payment Claims: 0800 9172222

CHRISTIANS AGAINST POVERTY

The Well, Hospital Road, Retford, DN22 7BD

Telephone: 0800 3280006

Free, impartial debt counselling service by appointment only.

COAL INDUSTRY SOCIAL WELFARE ORGANISATION (CISWO)

The Old Rectory, Rectory Drive, Whiston,

Rotherham, South Yorkshire, S60 4JG

Telephone: 01709 728115

Fax: 01709 839164

Website: www.ciswo.org.uk/

CISWO is a national charity which has a focus on the key role of delivering community and personal welfare services within mining and former mining communities.

COUNTY CONTACT

The County Council offers a number of ways for you to get in touch about our services including:

- the online contact us form www.nottinghamshire.gov.uk/contact-and-complaints/contact-us/contact-us
- by emailing enquiries@nottscc.gov.uk
- by calling our Customer Service Centre on: 0300 500 80 80 open 8am - 8pm Monday to Friday and Saturday 8am - 12noon.
- Face to Face services available at our Service contact points

Harworth/Bircotes Town Council, Scrooby Road Bircotes – Monday 9am - 4pm and Friday 9am – 1pm

Bassetlaw District Council, 17b The Square, Retford - Monday to Friday 9am – 5pm

Tuxford Mine of Information, 2 Market Place, Tuxford –Monday to Thursday 9:30am - 12:30pm

Bassetlaw District Council, Queens Building, Potter Street, Worksop - Monday to Friday 9am – 5pm

Trading Standards Consumer Direct – Telephone: 0845 4040506

DISABILITY INFORMATION LINK - BASSETLAW

Eastgate Resource Centre, Albion Close, Worksop, S80 1RA

Telephone: 01909 474144

For disabled people and carers. Information on local services, benefits, support groups, equipment, employment, education and leisure. Aims to link people with organisations both locally and nationally.

NOTTINGHAM AND DISTRICT PRE-RETIREMENT COUNCIL

144a High Road, Beeston, Nottingham NG9 2LN

Telephone: 0115 922 3824/07790 851584

Website: www.ndprc.org.uk/

We provide courses covering topics such as health, finance, legal advice, consumer rights, benefits and income tax. We also offer Peace of Mind courses aimed at those over 65 and those with aged parents.

RETFORD CITIZENS ADVICE BUREAU

c/o County Contact, Market Square, Retford, DN22 6EU

Telephone: 03444 111 444

Tuesdays 10:00am – 2:00pm Drop in

Thursdays 10:00am – 2:00pm Drop in

SENIORCONCESSIONS.CO.UK

Email: info@seniorsdiscounts.co.uk

Website: www.seniorsdiscounts.co.uk

Senior concessions.co.uk helps senior citizens find and benefit from many discounts and other concessions available to them, and encourages businesses to introduce new concessions to this important market.

VETERANS WELFARE

Telephone: 0808 1914218

Email: veterans-uk@mod.uk

Website: www.veterans-uk.info

The Service Personnel and Veterans Agency (SPVA) provides support to anyone who has served in HM Armed Forces, even just for a day. Providing advice on benefits, compensation payments, pensions, employment and much more.

2 SHIRES CREDIT UNION

Queen's Buildings, Potter Street, Worksop, S80 2AE

Telephone: 01909 500575 (answerphone)

Email: info@2shires.org.uk

Website: www.2shires.org.uk

Serves the Bassetlaw and Bolsover area

For information and a membership pack please call the above number.

WHERE CAN I GET PENSIONS ADVICE?

YOUR PENSION CENTRE:

The Pension Service 15, Post Handling Site B, Wolverhampton, WV99 1AS

Telephone: 0800 731 7898

Fax: 01925 793101

Text phone (for those with speech or hearing difficulties) 0800 731 7339

Opening Hours: Monday to Friday 8am to 6pm

NEW STATE PENSION CLAIMS

(8am to 6pm Monday to Friday)

Telephone: 0800 731 7898

Text phone: 0800 731 7339

NEW PENSION CREDIT CLAIMS

(8am to 6pm Monday to Friday)

Telephone: 0800 991 234

Text phone: 0800 169 0133

PENSION TRACING SERVICE

With our assisted pension tracing service we can help you to trace your lost pension and then contact your pension providers to update your details. We will help you to establish what exactly is in your lost pension, what your pension can do for you and with the help of a pension expert inform you of the options available to you. Our entire service is designed to offer more assistance than that which is available direct from the DWP government website and is available to you completely free of charge.

For more information contact us at

Telephone: 0800 122 3170

Website: www.pensiontracing.service.com/

WHERE CAN I GET HELP WITH HEALTHCARE/FALLS?

BREAST CARE SUPPORT

Bassetlaw Hospital, Blyth Road, Worksop, S80 0BD

Telephone: 01909 500990

Support group for women having treatment for breast cancer or recovering after treatment as well as on going friendship and fun.

CARDIAC SUPPORT GROUP

Post Graduate Centre, Bassetlaw Hospital, Blyth Road, Worksop, S80 0BD

Telephone: 01909 500990 ext. 2944

Website: www.dbh.nhs.uk

A support group, which also has a social element, occasional visits and speakers are arranged on medical and non-medical topics. Affiliated to the British Heart Foundation.

FOR NURSE ADVICE AND HEALTH INFORMATION

NHS non-emergency number for when you need medical help that is not a 999 emergency.

Telephone: 111

FOR FALLS PREVENTION

Contact: NHS Bassetlaw through the Single Point of Access:

Telephone: 01777 274422

LIFELINE SERVICE

This service is available to all Bassetlaw residents regardless of age.

We provide 24-hour access to our emergency control room and the equipment is tested regularly by our team of wardens.

There is a choice of 3 packages for the lifeline

Bronze – lifeline with pendant only - £3.20 per week

Silver – lifeline, pendant and small key safe - £4 per week

Gold – lifeline, pendant and large key safe - £4.50 per week

There is a one-off installation charge of £16 for all packages.

For more information, please contact A1 Housing Bassetlaw Limited

Telephone: 0800 590542

Email: customer.services@a1housing.co.uk

RETFORD DISTRICT MULTIPLE SCLEROSIS SOCIETY SUPPORT GROUP

is a friendly welcoming group of like-minded people of a wide age range who are brought together by a diagnosis of Multiple Sclerosis.

Being part of the group is fun and newcomers are always welcome.

We arrange a wide range of weekly and monthly events for members and include MS Drop in Clinic, Monthly Newsletter, Self Help Information, Signposting for professional help, fundraising for local MS Community, Art Class, Neuro physio based Pilates exercise, Swim/float sessions, Meals out and a Monthly Coffee Cake and Chat morning.

Group Coordinator Barbara Ramsden

Email: retford@mssociety.org.uk

Group Helpline Mike Spencer telephone: 01777 704687.

MULTIPLE SCLEROSIS SOCIETY – WORKSOP & DISTRICT

Contact: The Secretary/Treasurer, 23 Red Kite Close, Gateford, Worksop, S81 8WA

Telephone: 01909 474941

Provides information from National MS Society and social meetings for sufferers and families.

Aims to improve quality of life and be a support to newly diagnosed sufferers.

APAS (ALCOHOL PROBLEMS ADVISORY SERVICE) NOTTINGHAM

Offers information, advice, assessment and counselling for people with alcohol, drug or gambling problems, service for families and friends, drop-in service, Alcoline telephone service. Access to treatment services. Contact: APAS, Unit 16 Clarendon Chambers, Clarendon Street, Nottingham, NG1 5LN

Telephone: 0115 824 0550

EMERGENCY DENTAL SERVICES

If you have a regular NHS dentist and need urgent treatment, contact your dentist for advice. If you do not have a regular NHS dentist, you can contact NHS non-emergency number on 111.

They can give you details of out-of-hours dental services in your area.

RAPID RESPONSE

The team supports adults who have become unwell but are medically stable and are in crisis at home. The service operates 7 days per week until 9pm.

Telephone: 01777 274422

HOW CAN I FIND OUT ABOUT HOUSING OPTIONS AND CHOICES?

A1 HOUSING

A1 Housing has five Independent Living schemes which are ideally suited for elderly or vulnerable tenants who wish to live independently, yet be part of a community setting.

Our Independent Living schemes are spread throughout Bassetlaw and offer the choice of one or two bed flats and a small number of bedsits. All have access to communal rooms and gardens as well as an onsite warden.

We also provide successful Extra Care schemes in Worksop and Bircotes, which provide additional care and support through Notts County Council, Adult Social Care & Health and the Mears Group.

Telephone: 0800 590 542

Website: www.a1housing.co.uk/independent_living

HOUSING OPTIONS

Have you ever considered the changes that you might need to make to your home to ensure it remains suitable and meets your changing needs throughout your later life?

The Bassetlaw Housing Choice Case Worker can help you put into place anything you need to remain in your existing property or help you to find other suitable accommodation.

If you would like some help, support, advocacy and information on what housing options are available; you can book an appointment with the caseworker or you can book an appointment at one of our housing surgeries in Retford, Worksop, Carlton in Lindrick or Misterton.

Contact: Jayne Bullock or Olivia Wright

Telephone: 01777 709650

Email: jbullock@bassetlawactioncentre.org.uk

SLOSWICKES ALMSHOUSE CHARITY

19 Churchgate, Retford, DN22 6PB

Telephone: 01777 703827

A charity providing accommodation for people over 60 years of age.

Website: <http://sloswickes.co.uk/>

TUXFORD MINE OF INFORMATION

A drop in service once a month with the local housing officer on the first Tuesday of the Month from 9:30am - 11:30am. The latest properties available are updated every week and available on the A1 stand inside reception.

01777 870040

Email: moi@tuxfordonline.co.uk

ANCHOR TRUST

Anchor has more than 40 years' experience of working with older people and providing residential care homes – so we know how to help you get the best out of life.

For more information Call 0808 301 8899

www.anchor.org.uk

HOUSING NEEDS

If you are being threatened with homelessness or are homeless please contact one of the Bassetlaw District Council team on Telephone: 01909 533455

EXTRA CARE HOUSING SCHEMES IN NOTTINGHAMSHIRE

Each scheme is different and what is available varies from site to site.

However, each scheme will have:

- Housing - a range of modern and affordable one or two bedroom homes available to buy, rent or part own which are purpose-built or adapted for your care and support needs
- Personal care support - staff are available 24 hours a day to offer you support
- Communal areas - these might include a cafe, hairdressers, library, guest accommodation for your visitors, a day centre with organised activities and outings
- Neighbourhood facilities - extra care schemes are based within local communities so the usual range of neighbourhood facilities are close by such as leisure centres, shops, GP surgeries and public transport.

Some extra care sites have dementia units which provide specialist care in a community setting.

Website: www.nottinghamshire.gov.uk/caring/adultsocialcare/somewheretolive/extracare/#more-info

Telephone: 0300 500 80 80

WHERE ARE THE CARE HOMES IN BASSETLAW?

Residential and Nursing Homes are now called Care Homes. They provide personal care, meals and accommodation to people who are no longer able to look after themselves. For each facility the number of people catered for is indicated, including specialist provision (in brackets). For further information contact:

www.carechoices.co.uk

County Council Customer Service Centre: 0300 500 80 80

Bassetlaw Local Office: 01623 520520

Minicom: 01623 434993

OLDER PEOPLE NURSING

Ashley Care Home

Sunnyside, Worksop,
Nottinghamshire,
S81 7LN

Telephone: 01909 500541

Places: 48 (Dementia, Mental Health)

Blyth Country House Care Home

Spital Road,
Blyth,
Worksop,
Nottinghamshire,
S81 8DU

Telephone: 01909 591219

Places: 30 (Old age)

Cherry Holt Care Home,

28 Welham Road,
Retford,
Nottinghamshire,
DN22 6TN

Telephone: 01777 710347

Places: 52 (Old age, Physical disability)

Clumber Court Care Centre (Care Home), Bolham Lane,

Retford,
Nottinghamshire,
DN22 6SU

Telephone: 01777 553396

Places: 62 (Mental Health, Dementia)

OLDER PEOPLE RESIDENTIAL

Forest Hill Care Home,

Forest Hill Park,
Worksop,
Nottinghamshire,
S81 0NZ
Telephone: 01909 530531
Places: 64 (Old age, Dementia)

Gateford Hill Care Home

Worksop,
Nottinghamshire,
S81 8AF
Telephone: 01909 475402
Places: 65 (Old age, Physical disability)

Lound Hall Nursing Home

Town Street,
Lound,
Retford,
Nottinghamshire,
DN22 8RS
Telephone: 01777 818082
Places: 30 (Dementia, old age, physical disability)

Rufford Care Centre

Clumber Unit,
Gateford Road,
Gateford,
Worksop,
Nottinghamshire,
S81 7BH
Telephone: 01909 530233
Places: 25 (Physical disability) 35 (Dementia Over 65) 50 (Old age)

Westvilla (MPs) Ltd.

Westfield Road,
Retford,
Nottinghamshire,
DN22 7BT
Telephone: 01777 701636
Places: 35 (Old age, Physical disability, Dementia, Past or present alcohol dependency)

Ashley Care Home

Sunnyside,
Worksop,
Nottinghamshire,
S81 7LN
Telephone: 01909 500541
Places: 48 (Dementia, Mental Health)

Avondale Residential Home

Whitehouse Road,
Bircotes,
Doncaster,
South Yorkshire,
DN11 8EQ
Telephone: 01302 743673
Places: 31 (Old age, Dementia)

Barnby Court Care Home

Barnby Moor,
Retford,
Nottinghamshire,
DN22 8QS
Telephone: 01777 705902
Places: 25 (Old age, Dementia)

Beech House Care Home

294 Carlton Road,
Worksop,
Nottinghamshire,
S81 7LL
Telephone: 01909 472149
Places: 32 (Old age, Mental health, Dementia)

Brailsford House

1 Main Street,
Harworth, Doncaster,
South Yorkshire, DN11 8LE
Telephone: 01302 742156
Places: 20 (Old age, Dementia)

Branthwaite Care Home

34 Welham Road,
Retford,
Nottinghamshire,
DN22 6TN
Telephone: 01777 706720
Places: 21 (Mental Health, Dementia)

Farthings Residential Care Home

The Old London Road,
West Drayton,
Retford,
Nottinghamshire,
DN22 8ED
Telephone: 01777 838219
Places: 13 (Old age)

Glenesk Care Home

The Crescent,
Queen Street,
Retford,
Nottinghamshire
DN22 7BX
Telephone: 01777 702339
Places: 22 (Old age)

The Hollies

19-23 London Road,
Retford,
Nottinghamshire,
DN22 6AT
Telephone: 01777 707750
Places: 22 (Old age, Dementia)

James Hince Court

Windsor Road,
Carlton-in-Lindrick,
Worksop,
Nottinghamshire,
S81 9BN
Telephone: 01909 733821
Places: 45 (Old age, Dementia, Physical disability)

Langwith Lodge Care Home

The Park,
Nether Langwith,
Mansfield,
Nottinghamshire,
NG20 9ES
Telephone: 01623 742204
Places: 54 (Old age, Dementia)

Newton House Care Home

Shireoaks Road,
Shireoaks,
Worksop,
Nottinghamshire,
S81 8LX
Telephone: 01909 482960
Places: 12 (Old age, Dementia)

The Old Vicarage Care Home

Newcastle Avenue,
Worksop,
Nottinghamshire,
S80 1NJ
Telephone: 01909 475521
Places: 38 (Old age, Dementia)

Old Vicarage

The White House Road,
Bircotes,
Near Doncaster,
South Yorkshire,
DN11 8EQ
Telephone: 01302 745707
Places: 28 (Old age, Dementia)

Rose Farm Care Home

Main Street,
Styrrup,
Doncaster,
South Yorkshire,
DN11 8NB
Telephone: 01302 744664
Places: 54 (Old age, Dementia)

South Moor Lodge Care Home

South Moor Road,
Walkeringham,
Doncaster,
South Yorkshire,
DN10 4LB

Telephone: 01427 891204

Places: 40 (Old age, Dementia)

St. Michaels View Care Home

Hallcroft Road,
Retford,
Nottinghamshire,
DN22 7NE

Telephone: 01777 702218

Places: 34 (Old age, Dementia, Physical disability)

St. Saviours Care Home

5 Lidget Lane,
Retford,
Nottinghamshire,
DN22 6QW

Telephone: 01777 703040

Places: 40 (Old age)

Tuxford Manor Care Home,

143 Lincoln Road,
Tuxford,
Newark,
Nottinghamshire,
NG22 0JQ

Telephone: 01777 872555

Places: 42 (Old age, Dementia)

Victoria Care Home

Memorial Avenue,
Worksop,
Nottinghamshire,
S80 2BJ

Telephone: 01909 476416

Places: 93 (Old age, Dementia)

Westwood

Talbot Road,
Worksop,
Nottinghamshire,
S80 2PG

Telephone: 01909 533690

Places: 78 (Old age, Dementia, Physical disability)

NURSING CARE FOR UNDER 65 YEAR OLDS**Gateford Hill Care Home**

Worksop,
Nottinghamshire,
S81 8AF

Telephone: 01909 475402

Rufford Care Centre

Clumber Unit,
Gateford Road,
Gateford,
Worksop,
Nottinghamshire,
S81 7BH

Telephone: 01909 530233

Places: 25 (Physical disability) 35 (Dementia Over 65) 50 (Old age)

RESIDENTIAL CARE FOR UNDER 65 YEAR OLDS**Bracken Villa Care Home**

6 Bracken Lane,
Retford,
Nottinghamshire,
DN22 7EU

Telephone: 01777 719720

Places: 8 (Learning disability)

Branthwaite Care Home

34 Welham Road,
Retford,
Nottinghamshire,
DN22 6TN

Telephone: 01777 706720

Places: 21 (Mental health, Dementia)

Carlton Road Care Home

181-183 Carlton Road,
Worksop,
Nottinghamshire,
S81 7AD
Telephone: 01909 473831
Places: 9 (Learning disability)

Dyscarr Grange Care Home

Doncaster Road,
Langold,
Nottinghamshire,
S81 9RJ
Telephone: 01909 540607
Places: 7 (Learning disability)

Hall Farm House Care Home

Gainsborough Road,
Everton,
Nottinghamshire,
DN10 5BW
Telephone: 01777 817441
Places: 6 (Learning disability)

Holles Street Short Breaks Service

Holles Street,
Worksop,
Nottinghamshire,
S80 2LJ
Telephone: 01909 535220
Places: 10 (Learning disability)

Limetree Avenue Care Home

23 Limetree Avenue,
Retford,
DN22 7BB
Telephone: 01777 708725
Places: 6 (Learning disability)

Redbank House Care Home

Town Street,
South Leverton,
Nottinghamshire,
DN22 0BT
Telephone: 01427 880716
Places: 7 (Learning disability)

Rivers

Blyth Road,
Oldcotes,
Worksop,
Nottinghamshire,
S81 8HU
Telephone: 01909 731429
Places: 6

Rose Meadow Residential Home

119 Station Road,
Misterton,
Doncaster,
South Yorkshire,
DN10 4DG
Telephone: 01427 891190
Places: 10 (Learning disability)

Rutland Crescent (25-27) Care Home

25-27 Rutland Crescent,
Harworth,
South Yorkshire,
DN11 8HZ
Telephone: 01302 759636
Places: 7 (Learning disability)

Shirebrook Priory,

Retford Road,
South Leverton,
Near Retford,
Nottinghamshire,
DN22 0BY
Telephone: 01427 884482
Places: 16 (Learning disability)

WHERE CAN I GET ADVICE AND SUPPORT IF SUFFERING BEREAVEMENT?

BASSETLAW BEREAVEMENT CARE

Offers support and practical assistance to the bereaved, both at Bassetlaw District General Hospital and one to one support in the community.

Bassetlaw Hospital, Blyth Road, Worksop, Notts, S81 0BD

Telephone: 01909 502779

DYING MATTERS

We're here for people in the last years of life, their families, carers and friends. We offer links to local services, information and a supportive online community.

Website: www.dyingmatters.org

NOTTINGHAMSHIRE BEREAVEMENT TRUST

118 Skegby Lane, Mansfield, Nottinghamshire, NG19 6PG

The trust provides help, comfort and sympathy to bereaved people via a Freephone helpline (0800 435 455) every evening between 6pm and 10pm. An Asian Language Helpline is available (0800 9177 416)

WHERE CAN I GET A WHEELCHAIR?

SHOPMOBILITY

Provides scooters, power chairs and manual chairs

Retford - Chancery Lane Car Park Telephone: 01777 705432

Tuesday - Saturday 9am – 4pm

Worksop - Priory Centre Car Park Telephone: 01909 479070

Monday - Saturday 9am – 4pm

DIAL A TRIP FOR TUXFORD AND SURROUNDING VILLAGES

Social Car Scheme

Telephone: 01777 874919

Is a Social Car Scheme offering access to transport for those people unable to access public or private transport to get to medical appointments, dentist, social events or short shopping trips. Once registered with the scheme we are only a phone call away, but we do ask for 24 to 48 office hours' notice for bookings.

Dial a Trip is administered and run by volunteers. The telephones are manned by volunteers who are also drivers. This means that if we are out on Trips the phone will go to answerphone. We operate from Monday to Friday 9:30 am - 12:30 pm. on 01777 874919

our email is dialatrip@tuxfordonline.co.uk

PARKGATE MOBILITY WORKSOP

38-40 Eastgate

Worksop

S80 1RF

Telephone: 01909 478200

FOR A PERMANENT WHEELCHAIR

(An assessment is required)

Single Point of Access (S.P.A)

Telephone: 01777 274422

WHO CAN HELP ME TO MANAGE MY LONG TERM CONDITION?

BASSETLAW SELF HELP LINK

Contact: Adele Lawson on 01777 709650

Email: hward@actioncentre.org.uk

The Self Help Link is part of the Retford Community Link. Our aim is to offer support to the following:

- existing Self-Help groups and contacts
- people who are hoping to start a new Self Help group
- individuals acting as a Self Help contact
- people wishing to share their experiences
- people who would like some help and support

BOUNDARY RESOURCE CENTRE

Watson Road, Worksop S80, 2BL

Telephone: 01909 533800

We provide day care services for people with enduring mental health problems. We offer group and individual support.

STAYING WELL EXPERT PATIENTS PROGRAMME

The Staying Well Expert Patients Programme is a six-week course for anyone living with a long-term health condition. Its aims are to help you take control of your health by learning new skills to manage your condition better on a daily basis. Each session lasts for two and a half hours and is facilitated by trained tutors who are themselves living with a long-term condition. The Staying Well programme complements existing health care programmes and treatments, empowering participants to be more informed and better able to develop partnerships with their medical practitioners.

Topics covered by the programme:

- Dealing with pain and extreme tiredness
- Coping with feelings of depression
- Relaxation techniques and exercise
- Healthy eating
- Communicating with family, friends and professionals
- Planning for the future

Contact Jayne or Lynn on 01777 709650

Email: ltupling@bassetlawactioncentre.org.uk

Website: www.bassetlawactioncentre.org.uk

HOW CAN I GET SOME HELP WITH ADAPTATIONS AND SOCIAL CARE?

BASSETLAW ADULT AND SOCIAL CARE SERVICES CAN ARRANGE FOR ESSENTIAL HOME ADAPTATIONS

Other services include:

- Personal care within your own home
- Day care
- Help with discharge from hospital
- Meals At Home
- Disability Equipment

You can visit the Nottingham County Council Customer Service Points at:

- Queens building, Potter Street, Worksop Monday – Friday 8:40am – 5pm • 17b The Square, Retford Monday – Friday 9am – 5pm

Or telephone Customer Service Centre 0300 500 80 80

HANDY PERSON ADAPTATION SERVICE (HPAS)

Adaptation jobs

Are jobs such as fitting grab rails, stair rails, half-steps and exterior hand rails which help you move around your home and stay steady on your feet, You can have up to £1000 worth of adaptations supplied and fitted in a single job for the cost of £15

Handy person jobs

The other type of jobs are referred to as handy person jobs. There is a flat rate of £15 to the customer for the labour and you will be limited to up to four hours work. You will need to pay for the materials used, but the trader will be able to buy these on your behalf at the beginning of the job if you are unable to buy them yourself.

- The Service User MUST live within Nottinghamshire (excluding Nottingham city).
- The Service User MUST be over the age of 60 OR have a disability. The scheme can only be accessed once within a 3 month period, please see below for exceptions:
- Adaptation to Adaptation – No restriction
- Adaptation to Handypersons – 3 months from last adaptation
- Handypersons to Handypersons – 3 months from last handypersons
- Handypersons to Adaptations – No restriction
- Adaptations - there is no longer a charge for adaptations.
- Handypersons – there is a charge of £15 which must be paid to the trader when the work is carried out AND the service user must also pay for the cost of materials.
- Adaptations and handypersons - If the request is for both the cost would be 1 x £15 AND the cost of materials.

The following can be provided under the adaptation scheme.

- External Hand Rails
- External Grab Rails
- Internal Grab Rails
- Second Stair Rail (wooden mop stick rail- will be supplied ready for use but will not be painted or varnished- first stair rails are the responsibility of the home owner but can be requested as handy persons works if required)
- Half Steps

Grab rails/rails will no longer be fitted to hollow walls under the HPAS scheme.
Grab rails provided are basic white and brown only

To apply for the handy person and adaptation service call the scheme co-ordinators on 0300 500 80 80 or email enquiries@nottscc.gov.uk

WHERE CAN I GET SOME HELP AROUND THE HOME?

BRANCHING OUT

Is a gardening and handyperson service from A1 Housing that can take care of any job around the home and garden.

We have very competitive prices and our services are available to everyone in Bassetlaw and beyond, regardless of whether you are an A1 Housing tenant. Since setting up in the spring of 2010, Branching Out has built a reputation for providing a high quality service and expert customer care and we are proud to be endorsed by Trading Standards as a 'Checkatrade' trader.

Website: www.a1housing.co.uk/our-services/branching-out.aspx

Telephone: 0800 590 542

BDC REFUSE COLLECTION

Telephone: 01909 534501

Bassetlaw District Council provides Assisted Refuse Collection for Elderly and Disabled Residents.

POPPY CALLS

Services include:

- changing light bulbs and tap washers;
- putting up shelves, curtain rails and grab rails;
- fitting smoke alarms and carbon monoxide detectors;
- fitting and changing door locks and other security features;
- building access ramps and storage sheds to house a Legion provided EPV; and
- installing care phones

To be eligible for this service you must have served in the Forces for at least 7 days, or be the dependant of someone who has served; this includes widows and widowers and be receiving a means tested benefit or be aged 75 or over.

Telephone: 0800 032 0306

Website: www.britishlegion.org.uk/get-support/living-independently/handy-van/

This service is free to people of all ages who meet with the above criteria of The Royal British Legion.

HOME SUPPORT SERVICE

Offers a range of services including

- Shopping
- Prescription collection
- Laundry
- Cleaning
- A sitting service
- Light meal preparation
- Escorted shopping and visits

This is a chargeable service. Please ring The Bassetlaw Action Centre for further details.

Telephone: 01777 709650

ROYAL VOLUNTARY SERVICE GOOD NEIGHBOURS SCHEME (BASSETLAW DISTRICT AND SURROUNDING AREAS)

Our Good Neighbours Service is for anyone aged over 50 who would benefit from some support.

We can assist you in many ways and with numerous daily tasks including

- Assisted Shopping Service (unassisted also available)
- Companionship
- Help with traveling to and from appointments
- Prescription collection
- Getting out and about
- Regular friendly telephone chats

And much more depending on your requirements. We tailor our services where possible to meet individual needs. Please note that we do not provide personal care.

Costs: £5 donation to cover our administration costs (per 12 weeks of service). We ask that clients contribute 55 pence per mile for miles travelled performing these tasks and pay for any parking charges incurred.

Referrals can be made by calling 01909 48 44 37

or by emailing nottinghamshirehub@royalvoluntaryservice.org.uk

HOW CAN I GET OUT AND ABOUT?

BASSETLAW COMMUNITY CAR SCHEME

The Community Car Scheme is available to Bassetlaw residents who are unable to access any other forms of public transport or where none is available. The scheme can be used to visit friends or social clubs, attend appointments or maybe just go shopping. It is a door-to-door service; volunteer drivers will allow you one-hour maximum from dropping off before returning you home. If you know you are going to be more than one hour, please state at time of booking as there will be an additional charge in this circumstance. In order to use the scheme you must register.

Registration and journey charges apply.

Telephone: 01777 709650

Email: carscheme@bassetlawactioncentre.org.uk

Website: www.bassetlawactioncentre.org.uk/index.php/bassetlaw-community-car-scheme/

BASSETLAW COMMUNITY CAR SCHEME PLUS

The Community Car Scheme Plus vehicle has been fully adapted for wheelchair users and offers a door-to-door service for people of all ages. For an affordable fare, you can travel in safety and comfort to make those important appointments, get to work or simply socialise with friends. This vehicle is also able to carry a mobility scooter and up to 3 passengers. It is also fitted with a Turney Seat that comes right out of the car enabling the passenger to sit on and be lifted into the vehicle; this will be particularly helpful for people with limited mobility. Registration and journey charges apply.

Telephone: 01777 709650

Email: carschemeplus@bassetlawactioncentre.org.uk

Website: www.bassetlawactioncentre.org.uk/index.php/car-scheme-plus/

BASSETLAW DISTRICT COUNCIL – ACCESSIBLE TAXIS

Information regarding Taxi firms with wheelchair accessible vehicles is available.

Licensing Unit, Queens Buildings, Potter Street, Worksop, Notts S80 2AH

Telephone: 01909 533533

Email: amanda.webster@bassetlaw.gov.uk or licensing@bassetlaw.gov.uk.

Website: www.Bassetlaw.gov.uk

DIAL A TRIP FOR TUXFORD AND SURROUNDING VILLAGES

Social Car Scheme

Telephone: 01777 874919

Is a Social Car Scheme offering access to transport for those people unable to access public or private transport to get to medical appointments, dentist, social events or short shopping trips. Once registered with the scheme we are only a phone call away, but we do ask for 24 to 48 office hours' notice for bookings.

Dial a Trip is administered and run by volunteers. The telephones are manned by volunteers who are also drivers. This means that if we are out on Trips the phone will go to answerphone. We operate from Monday to Friday 9:30 am - 12:30 pm. on 01777 874919

our email is dialatrip@tuxfordonline.co.uk

BASSETLAW ACTION CENTRE COMMUNITY MINIBUS

This service is managed by Bassetlaw Action Centre and is a wheelchair friendly minibus offering community groups throughout the district access to a flexible and affordable mode of transport. Any group wanting to take advantage of this opportunity is required to have obtained membership through the Bassetlaw Action Centre. Both annual and day memberships are available. We also offer a wide range of Day Trips open to the general public.

For an up to date list of trips contact Bassetlaw Action Centre or visit our

Website: www.bassetlawactioncentre.org.uk/index.php/community-mini-bus/#trips

We now have gift vouchers available to purchase so why not treat your family or friends; they would make a great Christmas or Birthday present.

Booking and payment arrangements for day trips:

Registration is required before you book onto any of the trips.

You will be at your destination for a minimum of 3 and half hours unless otherwise stated. Times may vary due to unforeseen circumstances or circumstances beyond our control. Payment is to be made at the time of booking for all daytrips. Bookings that are not paid will only be held for 7 days. If a trip is shown to be fully booked you can put your name on a reserve list and we will contact you if a place becomes available.

Payment can be made by cash, debit/credit card over the phone or in person or by cheque, payable to Bassetlaw Action Centre.

For more information or to book a trip contact Bassetlaw Action Centre, Canal Street, Retford DN22 6EZ Monday to Friday 9:00am to 3:00pm Telephone: 01777 709650

WHERE CAN I GET TRAVEL INFORMATION?

TRAVELINE

Telephone: 0871 200 2233

www.traveline.org.uk

NATIONAL RAIL ENQUIRIES

Telephone: 08457 484 950

www.nationalrail.co.uk

FREE CONCESSIONARY TRAVEL SCHEME

Who is eligible?

The scheme no longer provides a free pass automatically at the age of 60. Instead, the qualifying age is now linked to the state pension age. To see when you will qualify for a free pass on age grounds, have a look on www.gov.uk/calculate-state-pension

You are an eligible disabled person if you:

- are blind or partially sighted
- are profoundly or severely deaf
- are without speech
- have a disability, or have suffered an injury, which has a substantial and long-term adverse effect on your ability to walk
- do not have arms or have long term loss of the use of both arms
- have a learning disability - a state of arrested or incomplete development of mind which includes significant impairment of intelligence and social functioning, or
- would have an application to drive a motor vehicle refused due to your disability.

When can you use your pass?

The National Concessionary Pass allows you to enjoy free off-peak travel on local buses anywhere in England. The national free entitlement operates between 9:30am and 11:00pm Monday to Friday and all day at weekends and on public holidays.

How do you apply for your travel pass and how much does it cost?

The concessionary travel passes are initially free of charge, however if you lose your pass a fee may be charged for the replacement.

Telephone: 0300 500 80 80

Website: www.nottinghamshire.gov.uk/transport/public-transport/apply-for-a-concessionary-travel-pass

WHO CAN TELL ME ABOUT LOCAL GROUPS AND CLUBS?

For a list of groups and clubs in your area contact the following organisations:

BASSETLAW ACTION CENTRE

Bassetlaw Action Centre is a Community Resource Agency linking individuals and organisations with help and support.

Canal Street, Retford, DN22 6EZ

Telephone: 01777 709650

Email: enquiries@bassetlawactioncentre.org.uk

Website: www.bassetlawactioncentre.org.uk

BCVS - BASSETLAW COMMUNITY AND VOLUNTARY SERVICE

The Priory, The Old Abbey School, Priorswell Road

Worksop, Nottinghamshire S80 2BU

Telephone: 01909 476118

Email: officecoordinator@bcvs.org.uk

Website: www.bcvs.org.uk

BCVS encourages community initiatives and involvement, community information and networking as well as offering practical help to local organisations working in partnership to maximise potential.

TUXFORD MINE OF INFORMATION

2 Market Place

Tuxford

Newark

Nottinghamshire

NG22 0LA

Tel: 01777 870040

Email: moi@tuxfordonline.co.uk

Web: www.tuxfordonline.co.uk

OPEN : 9 - 12.30 Monday to Friday or by appointment.

Contact: Emma Clough As above

Directions: We are next to the Post Office TUXFORD MINE OF INFORMATION

See website www.tuxfordonline.co.uk for detailed directions.

DO YOU WANT TO TAKE RESPONSIBILITY FOR YOUR OWN HEALTH AND KEEPING ACTIVE?

OBESITY PREVENTION & WEIGHT MANAGEMENT SCHEME

This scheme is run by Everyone Health.

Telephone: 0333 005 0092

Email: Changepointnotts@everyonehealth.co.uk

Website: www.everyonehealth.co.uk

STOP SMOKING SERVICE

A free NHS stop smoking service that helps anyone who lives, works or is having treatment in Bassetlaw and is ready to stop smoking.

Telephone: 0800 328 8553

COMMUNITY HEALTH EDUCATORS

Provide advice and instruction on cooking skills, healthy eating and nutrition advice, weight management, basic shopping, budgeting and menu planning, to promote positive lifestyle choices to the residents of Bassetlaw.

Telephone: 01909 476563

STAYING WELL PROGRAMME

A free six week course helping people to better self-manage their long term health condition.

Courses are available in various locations throughout Bassetlaw.

Telephone: 01777 709650

WHAT HEALTHY ACTIVITIES/LEISURE SERVICES ARE AVAILABLE?

BASSETLAW DISTRICT COUNCIL – PARKS AND OPEN SPACES

To Rent a Council Owned Allotment

Telephone 01909 534525

Email: parks@bassetlaw.gov.uk

BASSETLAW – STEP 2 IT

Evening Health Walks are April – September

Daytime Health Walks are All Year

Andy's Café, Langold Lake Wednesdays 10am

Kilton Forest Golf Course Thursdays 10am

Retford Cricket Club Tuesdays 10am

Wednesdays 6.30pm (April to September)

BIRCOTES LEISURE CENTRE

Whitehouse Road, Bircotes, Doncaster, DN11 8EF

Telephone: 01302 743979

Facilities:

- 20m Swimming Pool
- 2 Squash Courts
- MUGA – Multi-Use Games Area/Outside Pitch
- Sports Hall (4 Badminton Courts/Aerobics)
- Fitness Suite
- Sauna
- Dance Studio/Conference Room

DUKERIES – Health Walks

All year round - Thursday at 10am from Kilton Forest Golf Course

Telephone: Malcolm 07599 340551

RETFORD LEISURE CENTRE

Old Hall Drive, Retford, DN22 7EA

Telephone: 01777 706500

Facilities:

- 25 metre Swimming Pool
- 12 metre Training Pool
- Fitness Suite
- Aerobic Studio

- Conference Room
- Steam Room
- Sauna
- Viewing balcony
- Vending Area

RETFORD – STEP 2 IT

Health walks start from Retford Leisure Centre every Tuesday at 10am and from April to September on Wednesday evenings at 6:30pm.

Telephone: Tony Bell 01777 702204

WORKSOP - SAVOY CINEMA - SILVER SCREENINGS

Exclusively for the over 50s every Wednesday at 11:30am. Admission is £3.75 including complimentary tea or coffee.

Telephone: 01909 481900

Website: savoyworksop.co.uk/SavoyWorksop.dll/Home

WORKSOP - CLUMBER PARK CYCLEABOUT

Meet at cycle hire which is located close to the main visitor car park from 10:30am – 11:30am on third Saturdays in the month.

Telephone: 01909 544928

WORKSOP - CLUMBER WALKABOUT

Meet at the clock tower located within the main facilities from 10:30am – 12:30pm

Telephone: 01909 544928 - rangers for dates

WORKSOP - CLUMBER PARK PUSHABOUT

Buggy walks aimed at parent or carers of babies and toddlers which starts at clock tower which is located within the main facilities area from 10am – 11am on Wednesdays

Telephone: 01909 544928 - rangers for dates

Website: www.nationaltrust.org.uk/events

WORKSOP LEISURE CENTRE

Valley Road, Worksop, S81 7EN

Telephone: 01909 473937

Facilities:

- 25 metre Swimming Pool
- 12 metre Training Pool
- Fitness Suite
- Aerobic Studio
- Conference Room
- Steam Room
- Sauna
- Viewing balcony
- Vending Area

BASSETLAW DISTRICT COUNCIL SPORTS DEVELOPMENT SERVICE

Telephone: 01909 534523

Email: active.communities@bassetlaw.gov.uk

Website: www.bassetlaw.gov.uk/sport

The Active Communities Team at Bassetlaw District Council supports all local clubs that offer activities for the older person. Specific activities developed and promoted include; health walks, recreational cycle rides in clumber park as well as seated exercise classes, staying steady exercise classes for falls patients as well supporting weekly Walking Football, Walking Netball and Walking Cricket sessions across the district.

NORTH NOTTS COMMUNITY ARENA

Worksop - North Notts Community Arena Eastgate, Worksop, Notts. S80 1QS

Venue 01909 480164

Active @ Arena,

(Boccia, New Age Kurling, Snooker & Bowls)

Monday 10am - 2pm

Blast Session,

(Multi-Sports for the disabled)

Wednesdays 10am - 3pm

Contact: Craig Snowdon

Heartbeatz Group

Exercise sessions to aid cardiac rehabilitation with instructor

Tuesday 12:30pm – 1:30pm

Thursday 12:30pm – 1:30pm

Thursday 2pm - 3 pm

Contact: 01909 480164

50+-Activity Group

Indoor bowls, badminton, snooker and table tennis

Monday 10:30am - 1pm

Thursday 11am - 1pm

Contact: 01909 480164

WALKING IN NOTTINGHAMSHIRE

Walking in Nottinghamshire www.walkinginnotts.co.uk is a website packed with useful information for walkers.

With hundreds of walks to download and print free, it also has books of walks, contact details for all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place.

With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

For more information contact John Harris

Website: www.walkinginengland.co.uk

Email: john@walkinginengland.co.uk

Telephone: 01920 822887

WHERE CAN I FIND GP REFERRAL OR CARDIAC REHABILITATION EXERCISE CLASSES?

BIRCOTES LEISURE CENTRE

Telephone: 01302 743979

RETFORD - LEISURE CENTRE

Telephone: 01777 706500

Sunday 5:30pm – 6:30pm Swim fit

WORKSOP - LEISURE CENTRE

Telephone: 01909 473937

Friday 8pm – 9pm Swim fit

WHERE CAN I FIND HELP TO STOP SMOKING?

BASSETLAW STOP SMOKING SERVICE

Telephone: 0800 328 8553

www.smokefree.nhs.uk

WHAT IS ABUSE OR MISTREATMENT?

Abuse or mistreatment can be many things.

Physical including hitting, slapping, punching, kicking or the misuse of medication on someone.

Sexual including rape or sexual assault acts which the person has not consented to. It may be non-contact such as teasing or being photographed.

Psychological including threats, humiliating someone, controlling or intimidating.

Financial including stealing or tricking the person out of money or material possessions like their house or jewellery.

Discriminatory including racist, sexist, that is based on a person's disability and other forms of harassment.

Neglect is also a form of abuse - leaving someone without food or heating, refusing to take care of personal needs and failing to provide access to appropriate health and social care may all be forms of neglect.

NOTTINGHAMSHIRE WOMEN'S AID

The Farr Centre, Chapel Walk, Westgate, Worksop, S80 1LR. Telephone: 01909 533610.

Email: enquiries@nottswa.org

Website: www.nottswa.org

24 hour Freephone Helpline 0808 800 0340

VICTIM SUPPORT SCHEME

We are the national charity giving free and confidential help to victims of crime, witnesses, their family, friends and anyone else affected across England and Wales. We also speak out as a national voice for victims and witnesses and campaign for change.

We are not a government agency or part of the police and you don't have to report a crime to the police to get our help. You can call us any time after the crime has happened, whether it was yesterday, last week or several years ago.

We have offices throughout England and Wales and we run the Witness Service in every criminal court.

For help, support or advice call our Nottinghamshire team now on 0300 303 1967.

Website: www.victimsupport.org.uk/

WHO CAN I HAVE A CHAT WITH WHEN I FEEL LONELY?

A CALL IN TIME

Telephone: 0844 225 0320

Call in Time is a FREE service where a trained volunteer could give you a friendly phone call once a week, on your preferred day, and at a time convenient to you, for a friendly chat to talk about just about anything you want to, from the weather to your favourite subject?

Contact: Caroline Reynolds

Telephone: 02072 391866

THE SILVER LINE

The Silver Line is the only free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.

Telephone: 0800 470 80 90

Website: www.thesilverline.org.uk/

RURAL BASSETLAW – BEFRIENDING

Telephone: 01623 727600

Website: www.rcan.org.uk/?q=content/rural-bassetlaw-befriending-scheme

We support older people who are lonely or isolated due to lack of family or friends, rurality mobility etc. Our befriending volunteers offer companionship and assistance to help maintain independence and quality of life, through one to one support and group activities.

SOCIAL PRESCRIBING SERVICE

The aim of this service is about linking people to activities in the community that promotes independence and wellbeing. It is about connecting people to non-medical sources of support.

How to Access the Service/What the Service Provides

Patients can be referred into the service via their GP or Community Nursing Service. The patient will then receive a visit from a Voluntary and Community Services (VCS) Advisor to discuss voluntary or community services that could improve the patient's health and wellbeing. The service is available for a maximum of 12 weeks. The Advisor can help patients to:-

- Access specific support groups
- Attend local community social groups
- Access benefits, debt and welfare rights advice
- Address isolation issues
- Access services for carer/s
- Create a plan of action
- Improve health and wellbeing and independence
- Access information and advice on a wide range of services
- Access other services eg. community transport

At the end of the 12 week intervention, the Advisor will arrange to meet the patient and discuss next steps to enable the patient to continue accessing the support they have received from the voluntary and community sector.

Contact: Julie Barnes, Social Prescribing Manager at BCVS.

Telephone: 01909 476118 extension 30

Email: socialprescribingmanager@bcvs.org.uk

WORKSOP LIVE AT HOME SCHEME

64 Dadley Road, Carlton-in-Lindrick, Worksop, S81 9LU

Telephone: 01909 732488

Email: worksop.liveathome@mha.org.uk

Website: www.mha.org.uk

WHERE CAN I GET SOME SUPPORT WHEN I LEAVE HOSPITAL?

ROYAL VOLUNTARY SERVICE HOME FROM HOSPITAL SCHEME (REGISTERED WITH A BASSETLAW GP)

Our Home From Hospital Service is for anyone aged over 50 who would benefit from some support after a spell in hospital. We can assist you in many ways and with numerous daily tasks including

- Assisted Shopping Service (unassisted also available)
- Companionship
- Help with traveling to and from appointments
- Prescription collection
- Getting out and about
- Regular friendly telephone chats

And much more depending on your requirements. We tailor our services where possible to meet individual needs. Please note that we do not provide personal care.

This is a six-week service aimed at getting you back on your feet after a stay in hospital.

Costs: There is no joining fee but we ask that clients contribute 55 pence per mile for miles travelled performing these tasks and pay for any parking charges incurred.

Referrals can be made by calling 01909 48 44 37

or by emailing nottinghamshirehub@royalvoluntaryservice.org.uk

HOME SUPPORT SERVICE

Offers a range of services including

- Shopping
- Prescription collection
- Laundry
- Cleaning
- A sitting service
- Light meal preparation
- Escorted shopping and visits

This is a chargeable service please ring The Bassetlaw Action Centre for further details.

Telephone: 01777 709650

WHO CAN TELEPHONE ME ABOUT VOLUNTEERING OPPORTUNITIES?

BCVS INVOLVE

BCVS@ThePriory, The Old Abbey School, Priorswell Road

Worksop, Notts, S80 2BU

Contact: Natasha Mellors

Email: involve@bcvs.org.uk

Telephone: 01909 476118 ext 23, Fax: 01909 484141

Website: www.bcvs.org.uk.

THE BASSETLAW ACTION CENTRE VOLUNTEER OPPORTUNITIES

Befrienders

We are looking to recruit volunteers for our befriending service, it can be for as little as one hour per week initially for a 12 week period, in which you would visit a vulnerable person in your area who has been identified by their GP as suffering from extreme loneliness. You will need to be able to travel to the clients home and any out of pocket expenses will be reimbursed.

Bassetlaw Community Car Scheme

If you enjoy driving and meeting people and are looking to help the local community, you are the ideal person to be a volunteer driver. Any amount of time that you are able to give to the scheme is welcomed, even an hour or two each week. We are all part of a friendly team and drivers help and support each other in addition to receiving support and training from the staff at The Bassetlaw Action Centre. We do not put any pressure on our drivers and are grateful for any amount of time that they are able to give to the Car Scheme. Many clients have managed to remain independent because of the valuable help they have received from our volunteer drivers. We pay 45p per mile for every mile that you drive on behalf of the scheme.

Bassetlaw Community Car Scheme Plus

We are also looking for drivers for our Community Car Scheme Plus vehicle. This vehicle has been fully adapted for wheelchair users and offers a door to door service for people of all ages. The vehicle is also able to carry a mobility scooter and up to 3 passengers. It is also fitted with a Turney Seat that comes right out of the car enabling the passenger to sit on and be lifted into the vehicle; this will be particularly helpful for people with limited mobility. We provide all training for this vehicle which will help individuals to travel in safety and comfort to make those important appointments, get to work or simply socialise with friends for an affordable fare.

Bassetlaw Community Minibus

We are always looking to add to our bank of volunteer drivers for the minibus at The Bassetlaw Action Centre. The minibus has the facilities to enable wheelchair users to board and alight using a passenger lift and specialist equipment to secure both the user and their wheelchair. All our drivers undergo an enhanced DBS check and MiDAS training.

Office Administration

We have limited opportunities for volunteers to help within our Bassetlaw Action Centre offices, duties including, making and receiving telephone calls, using up to date computer packages and supporting our existing staff.

If you are interested in becoming a volunteer for the Office Administration, Community Car Scheme, Community Car Scheme Plus or Community Minibus or have any questions about any of the Schemes.

Contact: Bassetlaw Action Centre
Canal Street, Retford, Notts, DN22 6EZ
Telephone: 01777 709650
Email: enquiries@bassetlawactioncentre.org.uk

HOW CAN I LEARN NEW SKILLS?

NORTH NOTTS COLLEGE:

Contact address below for details of available adult courses.
Website: www.nnc.ac.uk

Contact Us

You can choose to contact the College by email, telephone, fax or post. Whichever way you choose, our staff will be pleased to help and will get back to you as soon as possible.

Student Services

Student Services can help with course enquiries, financial support and general advice and guidance.

By Email: contact@nnc.ac.uk Telephone: 01909 504500

Main College

Telephone: 01909 504504
Fax: 01909 504505

By Post:

North Notts College
Carlton Road
Worksop
Nottinghamshire
S81 7HP

TUXFORD MINE OF INFORMATION

Tuxford Mine of Information is able to host various courses throughout the year either with our own tutors or with outreach tutors from local colleges, depending on the needs of the public. For example, we offer courses in Family Tree Research, IT Training, Employability Skills and much more, some free of charge.

Please call 01777 870040

Email: moi@tuxfordonline.co.uk

Website: www.tuxfordonline.co.uk

WORKERS EDUCATION ASSOCIATION (WEA)

Training courses available from the WEA include:

Computer Classes at Bassetlaw Action Centre

Improve your Computer Skills on Tuesday 1pm to 3pm

Introduction to Computer Skills on Wednesday 10am – 12noon

Improve your Computer Skills Thursday 10am – 12noon

For further information on Computer Skills courses contact Nottingham regional office, 0115 962 8400. To book a place on IT courses at Bassetlaw Action Centre call the Centre direct on 01777 709650

WHAT SUPPORT SERVICES ARE AVAILABLE IN RURAL AREAS?

BASSETLAW DISTRICT COUNCIL RURAL CONTACT

Councillor Hazel Brand is the Rural Champion and Ward Councillor and can be contacted on 01427 891376. Hazel is happy to see people about wider rural matters. She usually has surgeries on the last Friday of the month in West Stockwith (Gertrude Morris Hall) from 9am – 9:45am, then in Misterton (The Misterton Centre & Library) from 10am - 11am.

Email: hazel.brand@bassetlaw.gov.uk

Website: www.bassetlaw.gov.uk/everything-else/about-us/local-councillors/your-local-councillor/misterton/hazel-brand.aspx

Stephen Brown, Head of Corporate Services, is the contact for information on rural issues including Parish Councils. He is available on 01909 533767 or email

Stephen.brown@bassetlaw.gov.uk

LANGOLD CENTRE

The Village Hall,

Markham Rd,

Langold, Worksop, S81 9SW

Telephone: 01909 732904

THE MISTERTON CENTRE

The Misterton Centre & Library

High Street

Misterton

Doncaster

DN10 4BU

Telephone Reception/ library 01427 890646

The Clerk 01427890780

Email: misterotncentre@outlook.com

Website: www.mistertonvillage.org.uk

NATIONAL ASSOCIATION OF LOCAL COUNCIL NOTTINGHAMSHIRE BRANCH

Nottinghamshire Association of Local Councils, Minister Chambers,

Southwell, Notts, NG25 0HP

Website: www.nottsalc.org.uk

TUXFORD MINE OF INFORMATION

2 Market Place
Tuxford
Newark
Nottinghamshire
NG22 0LA
Tel: 01777 870040
Email: moi@tuxfordonline.co.uk
Web: www.tuxfordonline.co.uk

OPEN : 9 - 12.30 Monday to Friday or by appointment.

CONTACT

Emma Clough
As above

Directions : We are next to the Post Office TUXFORD MINE OF INFORMATION
See website www.tuxfordonline.co.uk for detailed directions.

Tuxford Mine of Information is a well-supported grass roots resource and community centre set up some 20 years ago at the heart of the community to serve the community by offering:

Better local access to information, advice and counselling resources including better take-up of benefits and welfare services.

Enhanced employment opportunities for unemployed people and those on low income through the development of basic key skills and access to employment advice and information.

Promotion of local activities with support for local voluntary and community sector groups.

Promotion of economic regeneration through improvements in skills within the community and support for local businesses.

Promotion of Tuxford and surrounding communities through the use of information and communication technology (ICT) facilities and the village web site.

Activities, as well as the above include:

We work with a range of partners **like Advice Bassetlaw and the local FOODBANK** to help combat causes and effects of poverty and impact on quality of life. We are a voucher issuer, local collection point and emergency distribution centre for the FOODBANK. We support a CAB referral service through Advice Bassetlaw.

We facilitate **The Tuxford Friends Network** a new project for Tuxford. TFN aims to provide informal support solutions for vulnerable and older members of our rural community to help combat depression and loneliness. We facilitate clubs and courses that will not only assist learning but provide a network of community support through collaborative working. We are also working towards developing a Phone a Friend network as part of the project..

We are home to **Dial a Trip Community Car scheme**. Run by volunteers and one part-time paid member of staff.

We edit and print **The Tuxfordian a Community Newsletter**: delivered free by volunteers. It advertises - discusses community activities, events / issues including Tuxford Town Council minutes and services provided at The Mine and BDC. www.tuxfordonline.co.uk

WHERE CAN I FIND GENERAL INFORMATION ABOUT SERVICES FOR OLDER PEOPLE?

BASSETLAW ACTION CENTRE

Bassetlaw Action Centre is a Community Resource Agency linking individuals and organisations with help and support

Canal Street, Retford, DN22 6EZ

Telephone: 01777 709650

Email: enquiries@bassetlawactioncentre.org.uk

Website: www.bassetlawactioncentre.org.uk

CONNECT – HELPING TO KEEP PEOPLE INDEPENDENT

The Connect service provides information, advice and short term support for people who are at risk of deteriorating health and independence as a result of age, mobility, disability, long term health condition or bereavement. It is aimed at people who might be struggling with keeping active or managing personal affairs, or who might be feeling lonely. All these things can happen so easily as a result of getting older, poor health, family moving away or losing loved ones.

The Connect service can find information about local services, activities and opportunities. If needed, Connect can work with people around money issues, housing problems, health management and other things. This support will be tailored to each person and will focus on achieving what they want in a way that suits them.

If you, or someone you know, might benefit from the advice and support of Connect, visit www.personalisedsupport.co.uk/Bassetlaw-Connect# or phone NCHA on 0115 844 3541.

Email: NCHABassetlawConnect@ncha.org.uk

ROYAL VOLUNTARY SERVICE

Royal Voluntary Service

C/O 3 Bridge Street, Worksop, Nottinghamshire, S80 1DL

Telephone: 01909 484437

Email: nottinghamshirehub@royalvoluntaryservice.org.uk

NOTTS HELP YOUR SELF

Where older people (and other local people) can find information about services, activities and support in their area.

www.nottshelpyourself.org.uk

WHERE CAN I FIND OUT ABOUT HELP FOR CARERS?

CARERS FEDERATION

Carers Federation Head Office

Christopher Cargill House,

21-23 Pelham Road, Nottingham, NG5 1AP

Website: www.carersfederation.co.uk/

Email: info@carersfederation.co.uk

Telephone: 01159 629 310

Fax: 01159 629 338

REACH OUT NOTTINGHAMSHIRE PLUS

Provides information & advice for disabled people & their carers

Unit 15, Botany Park, Botany Avenue,

Mansfield, NG18 5NF

Advice line: 01623 625891

Website: www.disabilitynottinghamshire.org.uk/

Email: advice@disabilitynottinghamshire.org.uk

DOES THE COUNCIL PROVIDE FINANCIAL SUPPORT FOR COMMUNITY GROUPS?

Councillor Community Grants Scheme

Each District Councillor is allocated a small budget and has the discretion to award grants to community activities that will benefit the community within their respective electoral ward areas. Councillors will consider grant applications for sports; culture and heritage; environment and sustainability; social welfare; and community activities.

Unsuccessful applicants will be unable to reapply to the Councillor Community Grants scheme in the same year. Applications will only be accepted once the activity has been discussed with the ward member of Bassetlaw District Council.

Funding for the following, are unlikely to be considered:

- Activities which cover an area that is the primary responsibility of another funding agency
- Additional funding from Bassetlaw District Council
- Activities that do not support Bassetlaw residents
- Activities that promote religious belief or political activities
- Civic events
- Expenses that have already been incurred or retrospective funding

For more information contact:

Your Ward Councillor, or Members Support, Bassetlaw District Council, Queen's Buildings, Potter Street, Worksop, Notts, S80 2AH. Telephone: 01909 533116.

WHERE CAN I FIND CONTACT DETAILS FOR MY LOCAL MP/COUNCILLOR?

For Members' Support, please contact 01909 533120 or email: rebecca.smith@bassetlaw.gov.uk or sue.symcox@bassetlaw.gov.uk further information is available on the Council website: www.bassetlaw.gov.uk/everything-else/about-us/local-councillors/your-local-councillor.aspx

USEFUL NUMBERS

Age UK: 0115 844 0011

Alzheimer's Society: 01909 730886

Aurora Wellbeing Centre: 01909 470985

Bassetlaw Action Centre: 01777 709650

Bassetlaw Hospice: 01777 863270

Bassetlaw Mind: 01909 476075

Bassetlaw Community and Voluntary Service: 01909 476118

Bereavement Care: 01909 502779

Citizens' Advice Bureau: 0844 856 3411

Carers' Federation: 0115 9629 310

Macmillan Cancer Information Service: 01777 863282

Rural Bassetlaw Befriending: 01623 727600

RVS Home from Hospital Scheme: 01909 484437

2Shires Credit Union: 01909 500575

Stroke Information Service: 01777 709650

Tuxford Mine of Information: 01777 870040