 **With the Staying Well Programme** 

 The Staying Well course is a FREE six-week programme for people living with long term health conditions.

 Name :

 Address:

 Contact No:

 Mobile:

 Email:

 Long term health conditions:

 Special needs if any:

 Health Professional details:

 Name:

 Job Title:

 Contact Number:

 Preferred course location: Retford [ ]  Worksop [ ]  Other [ ]  Please specify

  

**Completed forms to be sent via email to:** stayingwell@bassetlawactioncentre.org.uk

 **or posted to the above address.**