

Top tips for saving energy around the home



Washing

Wash your clothes at 30°C instead of 40°C and save around £9.

Dry your clothes naturally instead of using a dryer and save about £23.



Lighting

Turning your lights off when you're not using them will save you around £15.

By replacing all the bulbs in your home with LED lights, you could save £40.



Cooking

Only fill the kettle with the amount of water that you need to save around £6.

Use a bowl to wash up rather than a running tap and save £25.



Appliances

You can save around £35 by remembering to turn your appliances off standby mode.

Do not charge electrical items once they reach 100% or leave them charging overnight, this wastes unneeded energy.



Insulation

Draught-proofing around windows and doors could save you around £20.

Curtains lined with a layer of heavy material can reduce heat loss from a room through the window at night and cut draughts.



Bathing

Spending just one minute less in the shower will save up to £8.

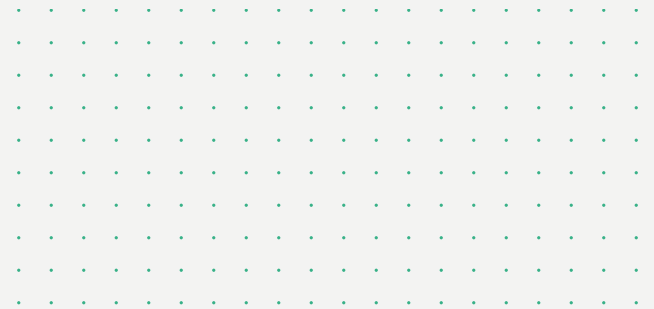
Replacing your shower head with a water efficient one could save a four-person household as much as £38 on gas for water heating.



Heating

Installing radiator reflection panels could save around £19.

Turning down your room thermostat by just one degree can save around £60.



Put a stop to energy waste around the home with a smart meter

A smart meter can help you to adopt energy efficient measures in your household. The in-home display (IHD) offered with your smart meter, shows you in near-real time the amount of energy you use in pounds and pence. This allows you to keep a closer eye on the amount of energy you are using. This information can then help you to find ways to reduce energy waste around your home and save money.

Sound good?

Get in touch with your energy supplier to learn more. You'll find their details on your gas and electricity bill.

Looking for more energy saving tips?

Visit: smartenergyGB.org/energysavingtips

Please note:

All cost savings are based on a year or annual savings
Data is courtesy of Energy Saving Trust and Which? 2021
Consumer action is required to obtain cost savings
Eligibility of smart meters may vary

