

**DUKERIES MEMORY GROUP
FRIDAY CLUB AT THE KILTON GOLF CLUB**

DMG



A friendly informal and welcoming place for anyone living with dementia, including memory loss and their carers to meet other people in a friendly and welcoming non-judgmental environment, where having fun and gaining emotional support is paramount.

Who are we?

The Club is managed by a team of committed and passionate volunteers who have first hand experience of loved ones living with dementia. We understand the challenges that all those living with dementia face and the groups are solely to benefit our members.

What we are doing?

- ✓ **Happy Hour – “Singing For Your Soul”**
- ✓ **Group/individual activities – quizzes, games, craft etc – including external trips.**
- ✓ **Carers Support Group**
- ✓ **Refreshments & Lite Lunch**

Dates for your diary -

Friday 12 November at 10.30am to 1.30pm

Friday 17th December at 10.30am to 2pm (Christmas Party)

2022 – Dates to be confirmed

**For more information please ask one of our volunteers or ring
Gail on 07847 384398**