

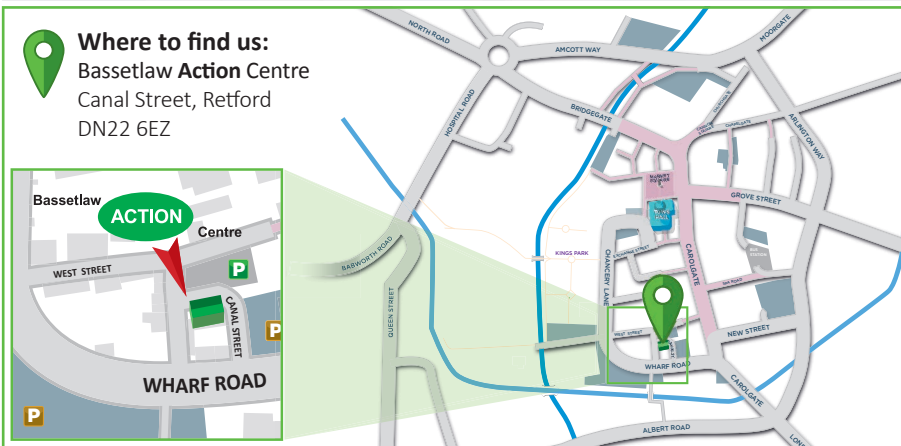
## Have You Ever Thought About Volunteering?

If you enjoy meeting people and helping the local community you are the ideal person to volunteer on any one of our schemes. Any amount of time that you are able to give to a scheme is welcome.

We pay 45p per mile, for every mile that you drive on behalf of a scheme. If you are interested in volunteering for us, please contact Bassetlaw Action Centre for more information.



**Where to find us:**  
Bassetlaw Action Centre  
Canal Street, Retford  
DN22 6EZ



Bassetlaw Action Centre is affiliated with the following organisations:



### Registered Office

Bassetlaw Action Centre  
Canal Street, Retford  
Nottinghamshire DN22 6EZ

01777 709650  
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Bassetlaw

**ACTION**



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# Making A Difference Throughout Bassetlaw



Bassetlaw Action Centre offers a range of services to help people remain healthy and independent



# Making A Difference Throughout Bassetlaw

## Bassetlaw Community Car Scheme

If you are unable to make your journey by public transport or none is available within the Bassetlaw area, perhaps the Bassetlaw Community Car Scheme Volunteer Drivers could help. A membership fee, administration and mileage charges apply to this service.

## Community Minibus

The Community Minibus is a wheelchair friendly minibus which is available to local community groups and individuals within the district who need flexible, affordable and accessible solutions to their transport needs. Individuals can book onto our day trips and lunch club trips; contact us for further details.

## Community Car Scheme Plus

If you have limited mobility or are a wheelchair user and have difficulty using public transport, then the Car Scheme Plus could be the answer. Charges do apply.

## Housing Choices

The service is aimed at older and vulnerable people who recognise that they are starting to find things difficult in their own home and want to consider their options to meet their changing needs. These might include moving to more suitable accommodation, making changes or adaptations to their existing property or looking at their financial situation.

## Energy Advice

Our energy advisor is able to give advice on keeping warm and well. This can include energy tariff switches; identifying funding for energy saving measures; referring for winter warm checks to make sure your home can stay warm and help and advice with fuel debt including a benefit check.

## GOGA – Get Out Get Active

Get Out Get Active (GOGA) Bassetlaw is a project that is working across the district to support those who are inactive or have a long term health condition to get active by taking part in fun, safe and inclusive activities.

The Bassetlaw **Action Centre** offers a range of services to help people remain healthy and independent

## Staying Well

The Staying Well Expert Patients Programme (EPP) is a 'chronic disease self-management course' to help people living with long term conditions maintain their health and improve their quality of life.

The courses are led by 2 people who also have long term health conditions. The six week courses are available throughout Bassetlaw.

## Home Support

Offers a range of services including shopping, correspondence support, laundry, cleaning, a sitting service, light meal preparation and escorted shopping and visits.

This is a chargeable service, please contact us for further details.

## Befriending

Our befriending scheme can receive referrals from anyone who is suffering from extreme loneliness. We offer home visits, telephone support, group befriending and peer to peer telephone befriending.

## Volunteering

If you enjoy driving and meeting people you are the ideal person to be a volunteer driver for the Bassetlaw community car scheme.

Other volunteering opportunities also exist including; volunteer drivers for our minibus and car scheme plus vehicle, befrienders, activity supporters and staying well tutors.

Any amount of time that you are able to give to the scheme is welcome. We pay 45p per mile for every mile that you drive on behalf of the schemes. If you are interested in volunteering for us please contact the **Bassetlaw Action Centre** for more information.

## Room Hire

Whether you're a business, charity, training organisation or voluntary group our meeting room or training room can fulfil all your requirements. Contact us for price and availability.

If you or your family would like more information about the projects please contact us.  
Telephone: 01777 709650 Email: [enquiries@actioncentre.org.uk](mailto:enquiries@actioncentre.org.uk)  
Opening times: Monday to Friday - 9am to 1pm